arnard Newsletter GROUP

BARNARD HEALTH CENTRE 43 Granville Road Sidcup DA14 4TA SURGERY TELEPHONE NUMBER 020 8302 7721

WEBSITE:

www.barnardmedicalpractice.co.uk

SURGERY OPENING TIMES: Monday-Friday 8.00am to 6.30pm Advance booked appointments available on Wednesday evenings 6.30pm to 8pm and Saturday mornings 8am to 12 noon

DOCTORS & THEIR SPECIAL INTERESTS:

Dr Sara Elizabeth Scott Partner MB BS MRCGP DRCOG DFFP Westminster Hospital (London) 1985 Musculoskeletal problems; Women's Health Dr Holly Hutson Partner MB BS MA (Oxon) MRCGP DRCOG DFFP (Oxford) 1994 Mental Health problems; Diabetes

Dr Jessica Martin Partner BMedSci BMBS DRCOG DCH MRCGP (Nottingham) 1998 Skin problems, Asthma & COPD; Minor Surgery

Dr Richard Scott Partner MB BS MRCGP FRCS DRCOG MSciT Musculoskeletal problems; Minor Surgery

Dr Tara Kharib MBChB DFFP (Irag) 1988 Family Planning and Women's Health

Dr Asad Rahman BSc MBBS MRCPCH MRCGP Kings (London) 2001 Paediatrics

Dr Mike Jobling MBBS MRCPCH DCH DRCOG DFSRH (Newcastle) 2004 NURSE PRACTITIONERS:

Bridget McGuire Family Planning; Cryotherapy Julia McKeon Family Planning; End of Life Care

CLINICS: **Antenatal Clinic**

Tuesday and Thursday 14.00 - 17.40 Patients are seen by the midwife at the clinics by appointment and also by the doctors during surgery hours.

Child Health Clinics Monday 9.30 - 10.30 Wednesday & Friday 9.30 - 11.30 At this open clinic a health visitor is available to give advice and support re: your baby/child's health, growth and development.

Asthma Clinic This is run by the practice nurse in conjunction with the doctors, by appointment only.

Diabetic Clinic This is run by the practice nurse in conjunction with the doctors, by appointment only.

Family Planning Contraceptive care is provided by all the doctors during surgery hours.

Well Women Clinic This clinic is run by the nurses and health visitors for smears, postnatal checks and discussion for

women's health issues. Minor Surgery The doctors carry out minor surgical procedures

at the surgery by appointment and they will be happy to advise you on this.

Repeat Prescriptions

These are obtainable from the doctors by either Written application allowing 48 hours notice. ◆ Fax: 020 8309 6579.

Requests for repeat prescriptions cannot be taken by telephone.

FLU CLINIC DATES RELEASED

Here are the dates for the walk-in flu clinics (no appointment needed) Thursday 29th September 8.30-1pm **Tuesday 4th October 8.30-1pm** Thursday 6th October 2-5pm Monday 10th October 8.30-1pm **Tuesday 11th October 2-6pm** Thursday 13th October 8.30-1pm

It is hoped to arrange coffee mornings and afternoon teas on many of these days when there will be an opportunity to meet members of the PPG committee and discuss any comments you have about the practice.

NEWS IN BRIEF

PPG GIFT PROVES A SUCCESS

Following the last PPG fundraising, a new fetal Sonicaid was purchased for the practice clinician to use. This enables a Mum to hear her babies' heartbeat. Since the changes to antenatal clinic a device was not always readily available for GP use. Dr Sara Scott reports having used the PPG Sonicaid twice in recent consultations and that this was very much appreciated by the Mum to be, who had a problem which made her worried about the baby.

BLOOD TESTS

Would patients please keep to their allotted time for blood tests. Many patients are turning up early which is causing an overcrowding of the corridor adjacent to the Phlebotomy Department. If you are booked for a fasting blood test we will endeavour to fit you in earlier.

CHILD IMMUNISATION SURVEY

Bexley Care Trust are conducting an online survey of parents' views regarding the immunisation of children under the age of 5 years in Bexley. They would be pleased to hear of ways in which the

be improved. Please look out for the poster displayed in the surgery waiting room.

service can Bexley WHS Irvey of Parents' Views on Do you have a child under the age of 5 years? Id you like to have a say in Bex immunisation service? If the answer is yes, Bexley Care Trust would love to hear from you. ting a survey on Bexley's parents' views on childhood immunisations. sar off one of the tabs below, which contains a link hort survey that you can complete online 'r our will be used to improve the mmunisation service in Bextey.

Contact us at barnardppg@sky.com

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