

Cyngor a thriniaeth y GIG am ddim drwy eich fferyllydd lleol

Gall eich fferyllydd lleol gynnig cyngor ar fân bryderon iechyd a darparu rhai meddyginiaethau dros y cownter a meddyginiaethau ar bresgripsiwn, lle bo hynny'n briodol, yn rhad ac am ddim.

Does dim angen apwyntiad a gall eich fferyllydd lleol eich cyfeirio at un o wasanaethau eraill y GIG os yw'n teimlo bod angen gwneud hynny.

Cofiwch archebu eich presgripsiynau rheolaidd 7 diwrnod ymlaen llaw – bydd angen 2 neu 3 diwrnod ychwanegol dros wyliau banc.

Dysgwch am y ffyrdd newydd y gallwch chi gael gafael ar ofal iechyd, gan gynnwys sut gall fferyllwyr eich helpu, drwy fynd i 111.wales.nhs.uk/Fferylliaeth

Free NHS advice and treatment from your local pharmacist

Your local pharmacist can offer advice on minor health concerns and provide some over the counter and prescription medicines free of charge.

You don't need an appointment to visit your local pharmacist and they can refer you to another NHS service if they feel it's needed.

Remember to order your repeat prescriptions 7 days in advance – an extra 2 or 3 days will be needed for bank holidays.

Get to know the changing ways you can access healthcare, including how pharmacists can help you, by visiting 111.wales.nhs.uk/pharmacy

Bydd pob newid a wnewch yn **helpu ni i'ch helpu chi.**

Every change you make will **help us help you.**