**List of Common Ailments suitable for Nurse Practitioner Sue Hool Minor Illness**

**Appointments**

Minor Ailments:

* Coughs; colds; chest infections; hay fever, sinusitis
* Exacerbation of asthma; Chronic Bronchitis
* pyrexia (temperature symptoms )
* stomach ache; vomiting; diarrhoea; constipation
* minor ear/nose/ throat infections; eye infections
* Headache/Migraine

Genito-urinary problems:

* urine infections .( male and female)
* Emergency Contraception
* thrush; vaginal discharge Symptoms
* menstrual problems

Skin complaints:

* Eczema/Dermatitis/Psoriasis/ acne/ impetigo/ fungal infections.
* Shingles
* Chicken pox
* Hand foot and mouth
* Cellulitis
* herpes
* Rashes
* sunburn
* nappy rash
* insect bites
* scabies & head lice
* minor allergic reactions

Musculoskeletal:

* Sprains/ strains
* First presentation back pain/Ankle/Knee pain
* whiplash
* minor head injury ( bumps to the head)

The Nurse practitioner cannot:

* perform chronic disease management
* perform wound management other than simple dressing when Practice Nurse/Health Care Assistant not available
* treat for mental health issues

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