

# DECEMBER 2023 NEWSLETTER

drmirzaandpartners.uk

## National grief awareness week 2nd—8th

December 2023

National Grief Awareness Week is an annual event that aims to create a safe space for individuals to openly discuss their experiences with grief and loss. It encourages empathy, compassion, and support for those who are grieving, emphasizing that grief is a universal and often challenging part of the human experience. If you are experiencing a loss please do not suffer in silence, we are here to help you and have mental health practitioner appointments available to offer you further support.



2nd—8th December 2023

## Friends and family test

The Friends and Family Test is an opportunity for patients to provide feedback on their experience of the practice, these can be good experiences or areas for improvement. All feedback is valuable to us as it helps us to continue to improve the service we offer.

The feedback form is available in the reception area and on the website [www.drcounsellandpartners.co.uk](http://www.drcounsellandpartners.co.uk)



## DNA rates

163 Doctors appointments were not attended by patients in November.

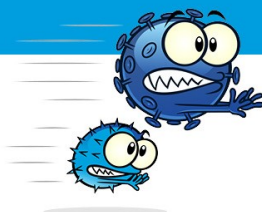
If you can no longer attend please ensure you cancel your appointment so it can be offered to someone else.

**CANCEL**

## Book for your flu vaccination

A reminder to all eligible patients, please cover yourselves this winter by taking advantage of the free flu vaccine being offered to you. To book an appointment please contact the surgery. If you usually have the vaccine but have not been invited please contact us and we will be happy to look into this further.

**IT'S NOT  
TOO LATE TO  
VACCINATE**



## Annual review invites

We continue to invite all of our eligible patients for their annual reviews with one of our nursing team, this could include a range of checks including having your Blood Pressure, pulse and bloods taken. Please take advantage of this review when you are called as it helps us best manage your health care conditions and continue to prescribe any necessary medication to you safely.

## Practice website

Through a focus group with our Patient Participation Group, we have identified that our website is not being utilised to it's fullest potential. The layout of the page makes it hard for our patients to navigate and therefore as a method of communication has been ineffective. Due to this feedback and a national push to have a strong online presence we have teamed up with our Primary Care Network to look at commissioning a new website that has been widely tested as being easy to navigate and engaging for patients. There will be more updates to follow.



International  
Day of  
Persons with  
Disabilities

3 DECEMBER

This is a day dedicated to acknowledging the struggles, achievements, and contributions of individuals with disabilities worldwide. This day serves as a platform to raise awareness, challenge misconceptions, and advocate for the rights and well-being of people with disabilities.

## Tea and Talk



Our Social Prescriber will be hosting a social group every Friday morning 10am—12pm in Pikes Lane Community Gardens, all are welcome.

## Prescription request changes update

We continue to work with our patient population to move towards safer prescription ordering systems and have already helped a large number of our patients with the transition.

Our prescriptions team are continuing to work with those patients yet to make the swap to ensure their prescriptions are safely and easily ordered by one of our approved methods.

For more information about these changes please visit our website.

[drmirzaandpaners.uk/prescriptions1.aspx?t=2](http://drmirzaandpaners.uk/prescriptions1.aspx?t=2)



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GPFEDERATION**  
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