

GREENBANK SURGERY

By the Partners.... for the Patients 1/3/2015

Edition 19

DVLA

Prescribed medications may affect your ability to drive – examples include diazepam and morphine based pain killers.

A new Drug Driving Law taking effect from March 2015 makes it an offence to drive while over a specified limit for a number of drugs – these limits take into account the normal recommended doses that most people are prescribed.

Patients who take their medication as prescribed should therefore not be affected by the legislation – **provided the medicine dose not affect their ability to drive.**

It may be useful to keep evidence of your prescription with you when driving eg the repeat slip of your prescription.



Certain medicines may affect your ability to drive

For further information ask at the pharmacy, visit the DVLA website or collect a leaflet about this from our reception.

HCA

If you have not had a Blood Pressure check in the last 6 months or would like to know what your BMI is please book in with our new Health Care Assistant (HCA) Kate Simpson who will be happy to help.



Want to Stop Smoking?

Make a positive change to your Health and Financial Wellbeing and stop smoking in 2015.

Smoking 20/day means you will smoke 7300 cigarettes/year
That's around £3000/year

A friendly Lifestyle Team Advisor can help you achieve your goals - contacted them on Freephone 03000030818

Or visit

www.quitnow.smokefree.nhs.uk

On Thursday 26th March the surgery closes for training at 1pm - please contact the out of hours service on 111

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