

GREENBANK SURGERY

By the Partners.... for the Patients

1/3/2014

Edition 6

Did Not Attend (DNAs)

There were 167 missed appointments in the month of February 2014. **These appointments were wasted as they were not cancelled by the patient.** The Practice urges patients to cancel their appointment if they cannot attend so that it can be made available to someone else. We strive to try and create enough appointments to meet patient demand but **patients must also do their bit.** Repeat offenders will be warned and then removed from the list.

If you do not currently receive a **text reminder** from us for your appointments, please let one of our reception staff check your mobile phone number.

Text To Cancel unwanted appointments: 07729459804

Are your cervical smears up to date?

Attending screening is proven to reduce your chances of developing cervical cancer by picking up treatable changes before it's too late. Ask at reception if your smear is due.

We closed at 1pm for training on Thursday 27th March - For urgent advice or the out of hours service ring 111

Holiday Abroad?

For a travel health risk assessment and advice regarding your holiday and any immunisations that you may need please make an appointment with practice nurse Carol Ratcliffe at least **8 weeks** before you travel.

Current advice for the area to which you are travelling by visiting the following website:
www.fitfortravel.nhs.uk
(Please do this before attending the surgery)

If you do not allow enough time before travel you may be advised to attend a private clinic for your vaccinations and advice. Details of these clinics are available by searching on the internet.

Save A&E for when you really need it!!



When you are feeling ill choose the right option for your condition.

Self care – the best option when you have a minor illness or injury you can deal with yourself such as small cuts & grazes, sore throats, coughs & colds. We have information on our website or visit your local pharmacist for expert advice on health issues including colds & viruses, upset tummys, the morning after pill, skin conditions & allergies

Your Practice Nurse can advise you about long term conditions such as diabetes, asthma, blood pressure and COPD.

Call 999 or go to A&E only for serious illness or accidents, eg: severe difficulty in breathing, swallowing or talking, if someone is unconscious, suspected stroke or heart attack, head injuries, fractures or wounds requiring stitches.

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