

GREENBANK SURGERY

By the Partner.... for the Patients

1/12/2013

Edition 3

Drop in Clinic

The 8-10am morning clinic has proven very popular and is set to continue. The afternoon drop in clinic has however been discontinued. There was often a long wait and much of what was being seen could have been managed with advice from a GP, Nurse, Pharmacist or by calling 111.

Don't worry though - If you feel you need to be seen and cannot wait until the morning drop in clinic ask to be put on the telephone triage list. The duty doctor will ring you back and offer advice or a same day face to face assessment if needed.

Are you Eligible for a Flu Vaccination?

We may be in December but its not too late to have your Flu jab. It takes less than 5 minutes to protect yourself. Book in at reception today. If you are not sure if you are eligible ask at reception.

A nasal flu vaccine is available for children who are aged 2 and 3 on 1st September 2013 (Born on or between 2/9/2009 - 1/9/2011).

New Doctor

We are pleased to welcome Dr Chris Watters who is joining the surgery from December until April as part of his training.

Dr Watters is a foundation trainee. This means that, although he is not a qualified GP, he is a fully qualified doctor who is GMC registered and able to diagnose and prescribe independently. A supervising GP will be available for advice whenever it is required

Do you have Chronic Obstructive Pulmonary Disease (COPD)?

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If you have been diagnosed with COPD you should probably have a supply of antibiotics and steroids to keep at home. We call this a COPD rescue pack.

This gives you the chance to start treatment of any chest infections early.

If you start coughing up increased amount/ discoloured phlegm or become more breathless/wheezy you can start your rescue pack early which will prevent complications and the chances of ending up in hospital.

Speak to you GP or nurse if you have COPD and do not already have your rescue pack at home.

Merry Christmas from all at Greenbank Surgery

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