

**are you looking for  
a safe  
space?**



Trident Reach's Respite Rooms Service in Birmingham provides safe accommodation with intensive support, for women at risk of rough sleeping who are experiencing domestic abuse and for those who are still impacted by the trauma of abuse and sexual violence.

Alongside the offer of safe accommodation is specialist support which will help build resilience, improve wellbeing and move towards recovery and independence. We provide holistic, trauma-informed support free from stigma or discrimination, allowing you time to feel both strong and safe.

**CONTACT US TODAY FOR ADVICE AND SUPPORT**



**Trident Reach**  
PART OF TRIDENT GROUP

**TALK TO US**

0800 111 4223

[RespiteRoomService@tridentreach.org.uk](mailto:RespiteRoomService@tridentreach.org.uk)

[www.tridentreach.org.uk](http://www.tridentreach.org.uk)