

Arbury Medical Centre
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Arbury Medical Centre

Newsletter

Summer 2017



Shingles Vaccine

Aged 70 years?



Plus anyone in their 70s who was born after 1 September 1942 and has not yet had the vaccine.

Aged 78 years?

Plus anyone aged 79 years old who has missed out on the vaccine.

Time for change

Arbury Medical Centre is experiencing a year of change following Dr Jacobs and Dr Jordan's retirement. We welcome our new GP's Dr Akhtar, Dr Ahmad and Dr Khan. Dr Thomas remains full time, with Drs Gummery & Barfield part time.

Minor Ailments

Save time, get the treatment you need **FREE** direct from below pharmacies:

- Kasli pharmacy, Tomkinson Road, Nuneaton
- Botterills pharmacy, Queens's road, Nuneaton
- Garchays chemist ltd Edward Street
- Magson pharmacy, Leicester Street, Bulkington
- Lloyd's pharmacy Long Street, Dordon
(Eligibility criteria and limited treatment available)

We also welcome our new Nurse Practitioner, Stacey Doyle who will manage patient triage, minor illness, contraception, medication reviews and other nurse related duties.

We are currently recruiting a Healthcare Assistant to replace Erica, who moved to work in a health & social care setting.

Patient Participation Group

The PPG meets every 3 months. They are seeking to increase its membership to reflect the diversity of our practice population. If you would like to be involved or have a say in local health services and the practice please get in touch at: arbury.admin@nhs.net

Flu Season is nearly here.....

Flu stock arrives 12th Sept. Open Clinics 9am - 12am on Sat 16th, 23rd & 30th September - no appointment necessary

NHS out of hour's service-

The out-of-hours period is from 6.30pm to 8.00am on weekdays and all day at weekends and on bank holidays. Call NHS 111 if you urgently need medical help or advice, but it's not a life-threatening situation. In the event of a medical emergency call 999

Sun safety tips:

Spend time in the shade when the sun is strongest. In the UK, this is between 11am and 3pm from March to October.

Make sure you:

- Spend time in the shade between 11am and 3pm
- Make sure you never burn
- Cover up with suitable clothing and sunglasses
- Take extra care with children
- Use at least factor 15 sunscreen



For more info visit: [www.nhs.uk/Livewell /com](http://www.nhs.uk/Livewell/com)

APPOINTMENTS

A total number of **218** patients failed to attend their booked appointments with GP during April - June 2017.

Remember to cancel your appointment in good time if no longer needed so they can be used by other patients.

Prescription Requests:

Reminder

The Practice requires **at least 48 hours notice** to process a routine repeat prescription request

Online services



There is a range of online services that allow you to

- Book/cancel appointments
- Order repeat prescriptions
- View parts of your GP health record

To find out more, or to start using any of these services, please ask Reception. You will need to provide photo ID and proof of address. Once this has been processed you will be sent a unique username and password and link to login.

Appointments

There's a range of different ways to make appointments at Arbury Medical Centre:

- Advance bookings- up to 4 weeks in advance with a Nurse and up to 2 weeks in advance with a Doctor (GP appointments can also be booked online - see above)
- 24hr appointments
- Same day routine appointments
- Emergency appointments

Reception staff may ask you a series of questions in order for you to be booked with the most appropriate clinician. Please help them in order for them to help you.

Home visits

Reminder - home visits are for housebound patients only and for those who have a medical condition or symptoms preventing them from attending surgery. Where possible, please call by 10.30am. During home visits we cannot offer the range of diagnostic tests that we have in surgery and therefore it is appreciated that if you are able to attend your appointments at hospital or go out shopping, we would also expect you to attend surgery for your appointment here. We cannot provide home visits for patients with transport

Our website

The Practice has created a new website. Take a moment to view the content at:
www.arbury.nhs.uk

NHS choice- your health, your choices.

Information from the NHS on conditions, treatments, local services and healthy living. For more information visit: www.nhs.uk

Contact numbers:

Got a new mobile?
Update your contact numbers at reception