



PREGNANT?

- Please make sure you are registered with a local doctor
- Contact your local Maternity services, if you live in the Tiverton or Cullompton area please call Tiverton Maternity on 01884 235416 we can arrange for translation services. If we need to call you it will show as unknown or withheld number.
- If you live in Somerset, please contact your local Doctor who will be able to arrange contact from the local Midwife.
- You are entitled to time off from your employer to attend your Scan and Maternity appointments, this includes travel without forfeit. These are important for the safety of your pregnancy for you and your baby.
- If you are unable to make your appointment or wish to reschedule it is essential you let us know, you can message us in your language and we can translate. Or ask your friend to message us in English always include your name.
- It is quite common for you to wish to return home for your care or to have your baby. Please let your midwife know if this is the case and when you plan to do so. We can then arrange to cancel your scans, appointments and translators.