



Bramblehaies Patient Travel Information

Thank you for collecting the Travel Risk Assessment form. Please return this to reception, with as much information as you can provide about your upcoming trip, as details of exact locations and planned activities will help us assess your individual needs. We will then make you an appointment with a Practice Nurse.

If possible, please return these forms 6 weeks ahead of travel; many vaccines require 2-3 weeks to offer you full protection and it allows us adequate time to book your appointment.

However, we will endeavour to accommodate all travellers, when able, so encourage you to contact us, however close to your travel dates. Any vaccine protection is better than none!

We offer all patients a travel advice consultation with a Practice Nurse. Patients can be offered the following NHS vaccines, free of charge, if eligible:

- **tetanus**
- **hepatitis A**
- **typhoid**
- **mmr (mumps, measles, rubella)**
- **meningitis**
- **cholera**
- **missed immunisations from the UK schedule**
- **malaria guidance**

Additional travel vaccines can be sourced from a private travel health service. These may include protection against **rabies, hepatitis b, Japanese encephalitis, yellow fever, tick borne encephalitis**. Many of these require multiple doses to provide adequate protection so please book early.

Finally, we would encourage you to visit the following travel health website where you can research which vaccines and other considerations may be recommended for your trip:

[https://travelhealthpro.org.uk/\[insert destination country\]](https://travelhealthpro.org.uk/[insert destination country])

Thank you for your help with this - we look forward to seeing you for your appointment

Bramblehaies Practice Nurses