

Diabetes Support Group

Do you have Diabetes or support someone with Diabetes?



Would you like more information about food, activity, and how to manage your Diabetes better?



Come and join us on the last Wednesday of every month at Par Track

6 - 7:30pm

We look forward to seeing you!

Please book before attending, using this link:

<https://www.eventbrite.co.uk/e/diabetes-support-group-tickets-574553945317>

**PAR
TRACK**

**Run, Ride,
Relax, Repeat.**

Moorland Road,
PL24 2PB



WWW.PARTRACK.ORG.UK/HEALTHY-LIVING