## Carers' Drop In



Are you caring for someone with a life-limiting illness? St Peter's Hospice is here for you.

Every Monday 1.30-3pm Bedminster Family Practice Regent Road, Bristol, BS3 4AT

Come along to our drop-in sessions. They're a friendly space where you can relax with a cup of tea and share any worries.

We'll be there to offer:

- · A supportive chat
- Practical advice on a range of issues
- Advice on accessing services



room. If you have any questions about the group or getting there please contact the carers' line. No need to book, just come along.

Carers' Line: 0117 9159450