#### **Useful Telephone Numbers**

#### Care Direct 0117 9222700

(Information and support for older people)

#### Social Services 0117 9031900

(Mobiles meals, Home Care, Adaptations, Nursing homes etc.)

# Pendant Alarm 0117 9223269

**Bristol City Council** 

## Hearing Aid Advice 0117 9285854

St Michael's Hospital 10-4pm & at Stockwood Medical Centre

# Continence Advice 0117 9532064

Also held at Stockwood Medical Centre

# Dentist for Housebound 0117 9282262

For information on dentist who will do home visits.

## Elder Abuse Helpline 0808 8088141

Monday - Friday 10-4.30pm

### Care and Repair 0117 9542222

Free advice to home owners about maintaining your home.

Lloyds Chemist 01275 833682

Simon Goldsmith Optician 01275 838532

Stockwood Dentist 01275 832364

#### Stockwood Volunteers 01275 838604

Transport to and from medical appointments, small charge depending on destination. Please give several days notice.

#### **Hospital Telephone Numbers**

Bristol Royal Infirmary 0117 9230000

Bristol Eye Hospital 0117 9230060

Bristol Dental Hospital 0117 9230050

Bristol General Hospital 0117 9265001

Bristol Royal Hospital for Children 0117 9276998

Frenchay Hospital 0117 9701212

Southmead Hospital 0117 9505050

### Bristol (South) NHS Walk in Centre 0117 9030000

5 Knowle West Health Park, Downton Road, Knowle (open 9am-9pm)

### NHS Direct 24 hours 0845 4647

(telephone for support and information on health matters)

### **Social Groups and Activities**

Age Concern Roundhouse Day Centre 01275 834668

Christ the Servant Church, Stockwood Lane 01275 831138

Pop in Club on Tuesdays 10am-11.30am for a coffee & chat

The Outreach Library (for the housebound) 0117 9038533

Horizon Club over 50s Hobby Club 01275 834610

**Stockwood WI** (2<sup>nd</sup> Wed 7.45pm) **01275 833388** 

Sturminster Road Social Club 01275 832992

BS14 Social Club 01275 836593

**Stockwood Community Association** 0117 9647657

The Bristol Area Stroke Foundation Mondays 1.15-3.45pm at the BS14 Club Thursdays 1-3pm at Sturminster Road