

WELCOME

We are excited to welcome you to our brand new quarterly patient newsletter. Hopefully you will find something relevant and useful in the following pages, we welcome feedback.

The last few years has highlighted the importance of quick and effective communication. We haven’t always got this right so, lets get on with it and change the way we keep in touch.

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Broadshires Health Centre

PATIENT BULLETIN

IN THIS ISSUE:

* Welcome
* Pride Month
* Hayfever
* Mask Wearing
* Patient Participation
* Who’s new
* Achieve Oxfordshire

New GP – Dr Alice Gerrard

Dr Alice Gerrard had been working with the practice from the start of 2023 as a locum. She has now formaly joined the team as a salaried GP.

Alice comes with a fountain of knowledge as has a clinial focus around Womens Health and in particular the care of pre, during and post Menopausal Women.

Alice works on a Monday, Tuesday, Wednesday (remote) and Friday.

June is pride month

Pride Month is celebrated every June as a tribute to those who were involved in the Stonewall Riots. Getting ready to dust off your rainbow flags, go join in the fun. With parades, festivals, and concerts going on across the globe, there’s always some way for you to get involved — as well as learn some important social history along the way.

Pride Month is for everyone to embrace who they are and let the world know — in style! The rainbow aptly signifies the colorful activities and flavors of this month-long celebration. These include massive rallies, pride parades, parties, workshops, concerts, and countless more LGBTQ+ events to attract participants from all over. The Pride community takes huge pride in their movement, going all out for the festivities with elaborate costumes, makeup, and, of course, glitter — so that they sparkle for the whole world to see!

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WELCOME

So, here we are, approaching the summer months. The time of year where hayfever and hot weather can be an unhappy addition to spring/summer. Those of you who check our website or follow us on social media will be up to date with what is happening. Appointments are still in short supply but we are actively recruiting and hoping times are changing. We have a new GP, amongst other new staff and, everyone is working hard to improve patient services.

June 2023

Rural West Oxfordshire  
PCN

MASK WEARING - COMPULSORY

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BOB ICB IP&C Leads recommend staff in Primary Care risk assess the wearing of FRSM and consider wearing in following circumstances:

· Face to face consultation with an immunocompromised patient

· If patients present with respiratory symptoms

· Staff choice to do so

· When the patient prefers staff to do so

· When staff themselves have mild respiratory symptoms

**You may be asked to wear a mask by your clinician upon your appointment at the practice**

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PATIENT PARTICIPATION GROUP

It would be great to have people join our Patient Participation Group (PPG). We want to hear your voice. We need to know what services are important to you, we need to know where to focus our finite resources.

**Your Practice needs you! 😊**

An active and vibrant PPG ensures that the Practice meets the needs of all patients irrespective of gender, race, ethnicity, age, sexual orientation, physical and mental ability. **Please contact our Practice Manager Katie Nickless at** [**broadshireshealthcentre@nhs.net**](mailto:broadshireshealthcentre@nhs.net) **or drop in for a chat, if you can help. Thank you.**

The next copy of PATIENT BULLETIN will be available in December 2023. If you have any comment, feedback or suggestions, please email broadshireshealthcentre@nhs.net



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WHO’S NEW?

Struggling with Hayfever ….

Hay fever is usually worse between late March and September, especially when it's warm, humid and windy. This is when the pollen count is at its highest. Hay fever will last for weeks or months, unlike a cold, which usually goes away after 1 to 2 weeks. There's currently no cure for hay fever and you cannot prevent it. But you can do things to ease your symptoms when the pollen count is high.

Please check with your local pharmacist for details of how medicines you can take and how to manage symptoms or on [WWW.nhs.uk](http://WWW.nhs.uk)

Come and join our team………

There are currently vacancies in the following areas of our team:

* GPs – salaried employed GPs and GP Partners
* Advanced Nurse Practitioner/Paramedics
* Patient Coordinators
* **If you or anyone you know are interested in applying to work at Broadshires Health Centre, please contact our Practice Manager Katie Nickless at** [**broadshireshealthcentre@nhs.net**](mailto:broadshireshealthcentre@nhs.net)**.**

Annette – Sytems, Admin and IT support & Medical Secretary

We asked Annette to join our team because of her breadth of experience in so many industries and her knowledge of 4 plus years in the NHS. Past experience as a Medical Secretary, IT support, working on a large travel company check in desk makes her no stranger to hard work

Locum GP’s & ANP’s –

Dr Uche Okoromadu – works for us on Monday, Tuesday and Wednesday,Dr Richard Clark – works for us on Tuesday, Wednesday and Fridays and Dr Rachel Jakeman – will be working for us on Tuesday and Thursdays (joining us mid June).

ANP Steve Paul, steve works on a Tuesday and Wednesday

Michelle – Patient Coordinator

The news of Michelle joining made our day! With her, Michelle brings 4 plus years of NHS experience within General Practice environments. Her experience includes the very practical side of managing appointments and administration, also the very valuable skill of caring for patients as a first point of contact. Michelle has high standards which lead to a “pleasant” experience for patients. Acting professionally, caring about the image of our services and the needs of patient confidentiality are all important to Michelle.

GP news –

Dr Lucy Johnson has now taken her maternity leave earlier then expected. We wish her and her family the best of luck with the new arrival and we cant wait for a visit.

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“Achieve Healthy Weight Loss Oxfordshire is delivered by the innovative healthy lifestyle provider Thrive Tribe, funded by Oxfordshire County Council.  This is a partnership with leading weight loss providers and offers patients a range of FREE programmes to support you in weight management.  There are valuable tools and skilled Health Practitioners to give encouragement throughout your weight loss and healthy lifestyle journey.

If you would like some weight loss support, maybe give some consideration to this free 12-14 week voucher scheme.  Our team at Broadshires Health Centre are fully supportive of this offer and have successfully referred other patients to the service.  To start your own journey, please visit  [Achieve Oxfordshire](https://www.achieveoxfordshire.org.uk/)  or call 01865 590181.

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Jacqui – Patient Coordinator

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Jacqui – Patient Coordinator

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