

Minutes of Benson Patient Panel Meeting 29 February 2016

- 1) **Present:** John Reid (Chair), Mike Mackney, Dr Stephen Harper, Fenella Galpin, Sarah Denton, Alison Richmond, Janet Burt, Denis De Beger, Sherwin Smith, Derek Shaw, Pauline Hoad, Maggie Winters. Visitors: John Lant, Claudia Downing, Marion Bradley, Neil Topping (Watlington and Chalgrove PPG) Lynn Baker (Watlington and Chalgrove PPG)
- 2) **Apologies:** Barbara Verdon, Caroline Nathan, Janet Worroll
- 3) **Matters arising from the minutes of 30 November 2015**

Carers Agreed that we should approach Hilary Rust about becoming a Carers' Champion on behalf of the panel. **ACTION: JR**

John Howell MP Maggie reported that she had not received a reply to her follow up email. No further action to be taken at this stage.

NAPP conference 11th June Fenella agreed to attend if no one else interested. She and Maggie to liaise on this. **ACTION: FG/MW**

End of Life Leaflet Maggie reported that Caroline Nathan was willing to work with someone else in adapting the Henley Bell leaflet for Benson. Claudia agreed to help. Fenella to send Maggie Millstream panel's document on end of life, prepared some years ago, which might provide further information. **ACTION: MW/FG/CD/CN**
- 4) **Health Fair photo album**

Members viewed the photo albums of the health fair (one for the surgery waiting room and one for the staff lounge). Members thanked John Lant warmly for his work on these.
- 5) **Report from SE Locality Forum (SELF) and SE Locality GP Group (SEOL)**

A report on the latest meeting of SEOL had been circulated. John reported that the SELF group chair (himself) and vice-chair (Jeremy Hutchins) had been re-elected. He expressed his relief that the vice-chair was able to continue in his role in relation to OCCG (Oxfordshire Clinical Commissioning Group) and the other five Oxfordshire patient forums while John concentrates on issues relating specifically to SE Oxfordshire. The main item of discussion had been the proposed devolution of health services to OCCG and the County Council (see next item).
- 6) **Devolution and the future of General Practice**

A paper from Joe McManners (Chair of OCCG) and David Smith (CEO OCCG) had been circulated. John referred to a difference of view amongst members of SELF about the proposals, the main concerns being that integration of health and social care might undermine public confidence in health services (well understood and respected) if they are integrated with social care provision (not so well respected). Neil Topping pointed out that John Jackson, director of adult social care, had not signed the explanatory document and wondered if this was significant. SELF was reassured that the intention is to progress very slowly with integration plans so that they can be reversed if they do not appear to be working. Janet Burt expressed doubts as to whether suitable organisational structures could be put in place, given the lack of success in the past with regard to joint working between health and social care. Dr Harper believed there could be significant financial savings if health and social care budgets were pooled and cited the example of Berkshire's arrangements. There had been agreement in SELF that it was sensible to devolve responsibility from NHS England to OCCG for commissioning GP services, although Dr Harper said he was not aware that GPs had been consulted on this as yet.

Neil Topping pointed out that the 111 service was in the process of being reviewed and re-procured. He asked members to send any comments they have about the service to Maggie for forwarding to him. **ACTION: EVERYONE**

7) Survey of Icknield school students

Neil and Lynn reported that, following the successful survey of primary pupils carried out by Watlington and Chalgrove PPG (Patient Participation Group), a survey of secondary pupils at Icknield was being planned with the enthusiastic support of the headteacher, Matt Hunter, and Healthwatch. The latter had allocated funding for their officer, Jen Marks, to carry out the research. This would involve one week's work in May interviewing students between 11 and 16 years. Members were asked to let Maggie have any questions they would like to include in the survey by 21 March. **ACTION: EVERYONE**

Maggie referred to the work Benson PP had done on young people's health needs and passed the relevant papers to Neil.

8) News from the practice

Sarah reported that a considerable amount of paper work and bureaucracy had delayed the start of building but the practice was hopeful that work would start by the end of March, so that funding for the project is secured. She also reported on staff changes. Dr Aimee Lettis has now returned from maternity leave, Dr Amanda Lyon has moved on to Watlington, Hayley has joined the reception team while Penny is on maternity leave and Dr Chris Phillips is the new registrar. Dr Harper reported that he had attended a meeting in Didcot about the reconfiguration of services in South Oxfordshire. While it is early days it is likely that there will be implications for the Abingdon, Didcot and Wallingford hospital sites with the possible amalgamation of services into single facility. The Townlands development is unlikely to be affected.

9) Items for Benson Bulletin

April: Townlands Hospital and the new RACU (Rapid Access Care Unit) **ACTION:JR**

May: A day in the life of a receptionist. Sarah to discuss with reception staff and Maggie to assist in writing the article if required. **ACTION: SD/MW**

June: Use and location of defibrillators. Agreed to ask a first responder to provide an item. Lynn to provide contact details of Chalgrove first responder in first instance. **ACTION:LB/SS**

Topics for future editions: Walking Football, waste of medication (CCG pharmacist), general article about immunisation following the editorial in the Benson Bulletin (Practice staff)

10) Speakers for future meetings

May 9th: Janet to approach Mathew Callow (Community Psychiatric Nurse) to speak on adult mental health services. **ACTION:JB**

Dr Harper agreed to approach Dan Mitchener from the Abingdon EMU (Emergency Multidisciplinary Unit) to speak at the 2016 annual meeting. Maggie to book Parish Hall lounge. **ACTION: SH/MW**

11) Dates of future meetings

Monday 9 May 2016 7.30 – 9.30 pm

Monday 5 September 2016 7.30 – 9.30 Annual Public Meeting

12) Any other business

Walking Football. Neil reported on a new Walking Football initiative to start in Chalgrove on 9th March (see below). This is being supported by SODC's Go Active programme. Members over 50 who are interested in participating, both men and women, were invited to get in touch with Bob Larter 01865 891544 email: r.larter@me.com **ACTION: EVERYONE**

Use of Pharmacy to relieve pressure on the surgery. Pauline asked if it would be helpful to the surgery if patients discussed medical issues with the pharmacist in the first instance. Dr Harper said it could be useful in the case of minor problems not requiring medical intervention, but it wasn't a straightforward matter. For example, if the issue was beyond the competence of the pharmacist patients were sometimes advised to contact the surgery immediately. This could alarm the patients unnecessarily and put pressure on the receptionists. He reported that changes in the role of the pharmacist were likely to be introduced in the near future.

Business meeting

13) Confirmation of membership

Continuing membership of the panel was confirmed for the following patient members who have served for three years or more: Caroline Nathan, Denis de Beger, Fenella Galpin, Janet Burt, John Reid, Maggie Winters, Michael McNey, Pauline Hoad.

Sherwin Smith, Barbara Verdon, Derek Shaw and Janet Worroll have all served less than three years and their membership is not yet due for renewal.

It was agreed that the following new members should be appointed: John Lant, Claudia Downing, Marion Bradley.

13) Election of Officers

John Reid, Fenella Galpin and Maggie Winters were elected as Chair, Vice-Chair and Secretary respectively.

The meeting closed at 9.45 pm

Walking Football to Start in Chalgrove.

Along with the GoActive Project set up by South Oxfordshire District Council Walking Football is coming to Chalgrove and we need persons', gentlemen in particular, however, ladies are welcome, to participate in the fast rising sport of Walking Football.

It is particularly aimed at gentlemen of 50+ years of age who may be in need of some enjoyable exercise by going back to their earlier years and play football once again.

We are playing on an all weather pitch/court on the recreation ground in Chalgrove and the rules are quite simple in that players **MUST** keep a **MINIMUM** of **ONE FOOT** on the ground at all times and must not run, trot gallop at any time whilst on the pitch. Teams can range from 4/5 a-side to a maximum of 8 a-side playing for between 6 and 12 minutes per half. The only compulsory clothing is that all players wear trainers, plimsoles or similar footwear. Coloured bibs will be provided to distinguish between teams.

Our first session will be on Wednesday 9th March starting at 11:00 am with our second session on Friday 11th March starting at 12noon and the cost will be £3 per session or £5 for two sessions in one week.

So, make the break from the armchair and join us at the recreation ground for exercise and social inter-action play the sport you used to love and never thought you would play again.

For more information call Bob Larter on 01865 891544 or email: r.larter@me.com.