



HM Government



CORONAVIRUS STAY ALERT TO KEEP **R** DOWN



R = Rate of infection

- ✔ Keep your distance if you go out (2 metres apart where possible)
- ✔ Limit contact with other people
- ✔ Avoid public transport if possible
- ✔ Wash your hands regularly
- ✔ Do not leave home if you or anyone in your household has symptoms

STAY ALERT ▶ CONTROL THE VIRUS ▶ SAVE LIVES