

# Princess Royal Trust for Carers in Hampshire

**Area covered:** Whole of Hampshire

The work we do is varied and is tailored to the needs of each individual carer. Our focus is on giving carers accurate and up-to-date information on anything from disability aids to benefits claims. We also run special support groups, act as carers' advocates, liaise with Social Services, GPs, hospitals and the benefits agency amongst others and also offer a free counselling service to carers by way of qualified voluntary counsellors. The Emergency Planning for Carers Scheme, run by the Princess Royal Trust for Carers in Hampshire (PRTC), is available to help carers throughout Hampshire plan what they would like to happen to the person they care for in the event of an emergency. We help carers draw up their own emergency plan which can be activated should there be an unexpected emergency which prevents the carer from fulfilling their caring role and provides up to 48 hours of free care within the home.

## WHO ARE OUR SERVICES FOR

Aged 18+

## WHO CAN REFER TO OUR SERVICE

Self referral; GPs and Health Care Providers; Adult Services; Community Provider

## WE ARE OPEN

Monday to Thursday Friday	9-5 pm 9-4.30 pm
We have a 24 Emergency line for those who have a Carers Emergency plan registered with us	

	OUR CONTACT DETAILS:	THE BEST WAY TO CONTACT US IS BY:
<b>Phone</b>	01264 835246	Phone
<b>Email</b>	<a href="mailto:Info@carercentre.com">Info@carercentre.com</a>	Email
<b>Website</b>	<a href="http://www.carercentre.com">www.carercentre.com</a>	Website
<b>Address</b>	PRTCH Andover War Memorial Hospital Charlton Road Andover SP10 3LB	Post

# Princess Royal Trust for Carers in Hampshire (continued)

## **OTHER USEFUL INFORMATION**

A lot of carers require the ability to off load we are able to offer this and ease the pressure of GPs, who have a limited time to see their patients, by referring to us or allowing us to set up a carer clinic within their practice we may ease the pressure for them. All we ask is that a small room be provided for half a day monthly to conduct the Clinic, our Carer Support Worker would arrange everything else so there would be nothing for you to do. As past experience has shown, carers would often prefer to come out of their caring environment to speak to someone without the distraction of their caring role. We are also able to support many more carers in a shorter space of time by way of a Carers Clinic as we would save on travelling time which has to be taken into account when carrying out home visits.

December 2014