

Headway Portsmouth and South East Hampshire

Area covered: Havant Borough Council area

We promote understanding of all aspects of head injury/Brain Injury both Acquired Brain Injury and Traumatic Brain Injury. We provide information, support and services to people living with Brain Injury, their family members and Carers.

WHO ARE OUR SERVICES FOR

Over 18s who have experience Brain Injury of any sort.

WHO CAN REFER TO OUR SERVICE

Self referral; GPs and Health Care Providers; Adult Services; Community Provider

WE ARE OPEN

Monday-Friday Tuesday at Petersfield Friday at Gosport	9-3pm
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	OUR CONTACT DETAILS:	THE BEST WAY TO CONTACT US IS BY:
Phone	02392 664972	Phone
Email	info@headwayportsmouth.co.uk	Email
Website	www.headwayportsmouth.co.uk	Website
Address	Grandstand Suite, Mountbatten Centre, Twyford Ave, Alexandra Park Portsmouth PO2 9QA	Post

OTHER USEFUL INFORMATION

We support people living with Brain Injury, and their families and carers, after they have come back into the community from hospital and re-hab. This can be for a short period of Cognitive Rehab before they are well enough to return to work or for the long haul as they adjust to a changed perspective following their Brain Injury. We offer peer support - others who have been there and personal development in the new landscape they find themselves in. We aim to reduce Social Isolation and encourage people to access Social Activity in partnership with the Mountbatten Centre. We also provide Respite and support for Carers and families.

December 2014