

Artscape

Area covered: East Hants District Council area, Havant, Waterlooville

Artscape is an arts related charity that works alongside vulnerable and disabled adults in recovery from long and enduring mental ill health and related disabilities. We are not art therapists but use the art itself as a catalyst for enabling healing to begin to take place. We achieve this by working alongside participants which allows them ownership of their creativity and in turn re-builds lost self-esteem and confidence

WHO ARE OUR SERVICES FOR

Adults over 18, that have experienced mental ill health, related disabilities, recovery from addiction, are socially excluded, vulnerable and or lonely.

WHO CAN REFER TO OUR SERVICE

Self referral; GPs and Health Care Providers; Adult Services; Community Provider

WE ARE OPEN

Tuesday, Wednesday Thursday	1.30-4.30pm 1.00-4pm 1.30-4.30pm
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	OUR CONTACT DETAILS:	THE BEST WAY TO CONTACT US IS BY:
Phone	07792278740	Phone
Email	artscapeart@gmail.com	Email
Website	www.artscapeart.co.uk	Website
Address	Winton House, High Street, Petersfield GU32 3JL	

OTHER USEFUL INFORMATION

Artscape is an art related, independent charity that works alongside adults who experience mental distress, recovery from addictions and related disabilities. Our aim is to create a relaxed, warm, friendly environment in which people are accepted as they are. This enables freedom and encouragement of personnel responsibilities, builds confidence and self-esteem, therefore helping participants to overcome their fears and anxieties. We are not art therapists, but use the art itself as a catalyst for enabling healing to begin. Participants will also be encouraged to take part in regular exhibitions. All arts workers are practising artists in their own right and can offer a wide range of visual arts i.e. painting, Sculpture, printmaking, drawing, felt making, plasterwork etc. Prospective participants can be referred to us via their key worker, Community Psychiatric Nurse, Occupational Therapist, Doctor or in some cases by self-referral. Artscape, acknowledges the challenge of recovery from mental illness and the emotional difficulties, but strives towards the restoration of a meaningful, safe and satisfying life. For more info call – 07792278740, Email - artscapeart@gmail.com or visit www.artscapeart.co.uk.

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