Integrated Training Post
in General Practice/Obs & Gynae
at the West Cumbria Vocational Training Scheme

Department of Gynaecology, West Cumberland Hospital, Whitehaven, Cumbria CA28 8JG  01900 52 3222.
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Learning outcomes specific to the post

The specific learning outcomes will be based on the gynaecological section of the RCOG Basic Log Book. These outcomes can be adapted depending upon the trainees needs but will be defined within the first two weeks of the post using the RCOG form ASS. They should include community gynaecology, gynaecological emergency admissions and specialised clinics. (e.g. Problem pregnancy clinics) as well as family planning experience.

Post summary

Part time SHO in gynaecology.
Full shift system: working either 09.00 – 17.00, 08.30- 4.30 or 13.30 – to 21.30 week days or 09.00 – 12.00 weekends.

2 days a week spent in a local GP Training practice

Main duties and responsibilities of GPR

Assisting SHO’s by covering gynaecological ward and pursuing learning objectives by attending – in a strictly supernumery capacity – clinics, theatres and formal teaching sessions.

Work as a GPR in practice. The OOH commitment for the job will all be in GP working 10 sessions per 6/12 alongside an OOH supervisor in Cuedoc

One half day a week will be assigned to private study, though this time may vary according to the needs of the individual to attend the various OP clinics

Arrangements for monitoring, support and appraisal of GPR for both aspects of the post

A consultant will be identified for the trainee to provide Educational Supervision and Mentorship. The trainees will receive training and support from fellow SHOs and Registrars in O&G. Following an initial induction period including an Educational Needs Assessment, appraisal will be undertaken at three months to identify any areas where further progress is required. Evidence progress will be provide by completion of the relevant part of the basic RCOG log book support by a personal development file. There will be a final end of firm assessment based on the VTS form.
As well as this, there will be the usual 6/52, 3/12 and 6/12 assessments by the GP trainer who will be the overall co-ordinator for the post. There will also be a midpoint assessment of the post by the Scheme Organiser.

**Brief overview of experience of Trainers, practices and/or departments in GP postgraduate education**

Long established training unit usually with two SHOs from the Vocational Training scheme and four Specialist registrars from the Northern Training scheme.