

# Carlisle - Brunswick House Medical Group

## Contact Details

Brunswick House Medical Group, 1 Brunswick Street, Carlisle CA1 1PP

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Website: <http://www.bhmg.co.uk>

## Staff

Trainer: Dr Andy J Edgar, Dr Chris Corrigan, Dr Rob Westgate

Dr Karen Smith is a Training Programme Director for the East Cumbria GP Training Programme.

Partners: Drs Patterson, Nolan, Edgar, Corrigan, Sixsmith, Westgate, Marshall, Daly and Siddle

Salaried Doctors: Karen Smith and Jane Robinson



## About the Practice

This is a nine partner urban practice with five full time and four part time partners covering almost 15,000 patients in

Carlisle, many of whom live in the more deprived areas of the city.

The main surgery is in the centre of town and this has been extensively renovated over recent years, to provide a ground floor service to our patients, in house pharmacy (provided by Lloyds Pharmacy) and a purpose designed teaching suite. We also have a large, purpose built, branch surgery situated in Harraby, one mile to the south east.

The practice is paperless, with daily electronic transfer of lab results, and scanning of all incoming mail. The two surgeries are computer linked. We have now begun using the iPad for home visits to provide us with the more complete patient record. Each day there are two on call doctors working together while other doctors continue the routine service undisturbed.

The Primary Health care Team is very active and includes onsite: two Nurse Practitioners, two salaried GPs, five Practice Nurses, four Health Care Assistants, District Nurses, Primary Care Counsellors and visiting dieticians and podiatrists.

## Practice Ethos

Our practice has a strong teaching ethos and we also believe in taking an active part in the development of our local health service, investing into the future of General Practice.

Dr Smith is Lead Training Programme Director and Dr Edgar is one of the Training Programme Directors for the GP Training Programme.

Karen Smith is also a GP Appraiser.

Rob Westgate is the Lead GP for the County for Diabetes

Colin Patterson is Carlisle Locality Chair for CCG Commissioning as well as being on the LMC.

Dr Jane Nolan is the Safeguarding Lead for Carlisle Locality.

Other clinical interests include Ian Marshall being Hospice Medical Officer, and Steph Siddle is a GPwSI in Musculoskeletal Medicine.

## GP Trainee Placements

We normally accommodate one full time and one ITP GPT at any one time or two full time. In addition to GPT training we teach final year medical students.

## What do our past GP Trainees think?

'Working with BHMGM was an excellent opportunity. I have surely met some nice people who are thorough professionals and actually even better human beings. GP registrars are welcomed in practice meetings with plenty of support and encouraging attitude towards learning, professional discussions and guidance to choose future interests. Although sometimes a busy place to work but it helps keep you going with life outside work especially prioritising and time management. 4 of the senior GPs are trainers in east Cumbria scheme and this does help with matters regard to portfolio, exams and choosing the hospital placements.



I feel lucky to be a part of the team which appreciates your hard work and understands the limitations faced during the training period. In other words there is less stress but more learning.

I wish my successors good luck and assure them a place where they would never regret working. ' (ZH)

'Brunswick House prepares you for the real GP world with lots of exposure to a great variety of GP Practice. There are lots of opportunities to improve (or gain) new skills in minor ops, children's clinics and neonatal examinations.

I also enjoyed my involvement in the Partner's meetings' (IZ)

BHMG is a great place for registrar training. I really valued being very much part of the team and being exposed to a wide diversity of patients.

Training at BHMG has prepared me extremely well for independent practice.

I could not have had a better trainer. (HK)

BHMG is a good place for registrar training. It is a busy, inner city practice which will prepare you for life as a GP, while being supported by helpful colleagues. Minor surgery lists and baby clinics provides opportunities to develop other skills, and on call days ensure exposure to telephone consultations and home visiting.(EW)