## Aspatria Medical Group

## **Contact Details**

Aspatria Medical Group, West Street Health Centre, West St., Aspatria, Wigton CA7 3HH

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View Map

**Staff** 

Trainer: Dr Julie Saxton

Partners: Dr. Julie Saxton, Dr. Julie Tarn (family planning trainer), Dr Sarah Goodman (out of hours trainer).

Salaried GPs: Dr. Tom Higgs, Dr Richard Massey and Dr Jacqui Wright.



A friendly, rural Practice with excellent staff and premises. List size of 7000 patients.

LOCATION: Situated midway between the Solway coast and the Lake District National Park on the A595 in a purpose built Health Centre within the small rural community of Aspatria looking over the Solway estuary and the North Lakes and fells..

PRACTICE STAFF: The Practice employs a full complement of ancillary staff, including 4 part time Practice Nurses, 2 Nurse Practitioners, Reception staff, a Health Care Assistant and a Medicines Manager. We have a unique team structure and do not have a single person in the Practice Manager role.

EXTRA CLINICS: In addition to the full range of service to patients, we offer the following enhanced roles:minor operations, minor injuries, and IUS / IUCD/ nexplanon fitting. We are a designated Yellow Fever Vaccination Centre.

We have Nurse leads in Diabetes, Asthma, CHD, COPD, Travel Health and Adolescents. Our Nurse Practitioners specialise in urgent care, COPD and Heart Failure. We also have attached staff which consist of Health Visitors, District Nurses, Midwives, First Step Mental Health staff and Community Psychiatric Nurses. Our building is also used by Age UK and we have other third sector involvement with Barnardos working alongside our health visitors. We are also part of the Caldbeck and Aspatria enhanced training hub coordinating placements for student nurses and other health care workers in training.

We are committed trainers and 3 members of the team have the PGCMed.

The Practice takes 5th Year rotation Medical Students for three week attachments from Newcastle University Medical School. We also have training places for Foundation Y2 Doctors from the North Cumnbria Acute Trust.. We are committed as a practice to enthusing awesome GPs of the future!

We continually seek to improve and update our range of services and to achieve a higher standard than the baseline set by the NHS.



