

# Right care RIGHT NOW



## LATE NIGHT AND SUNDAY PHARMACIES

For urgent  
health advice  
24 hours a day  
call 111

### Boots (Horsham)

1 Swan Walk, Horsham, West Sussex, RH12 1HQ

Tel: 01403 253053

- Monday 08:30 - 18:00
- Tuesday 08:30 - 18:00
- Wednesday 08:30 - 18:00
- Thursday 08:30 - 18:00
- Friday 08:30 - 18:00
- Saturday 08:30 - 18:00
- Sunday 10:00 - 16:00

### Sainsbury's (Horsham)

7 Worthing Road, Horsham, West Sussex, RH12 1SQ

Tel: 01403 254430

- Monday 08:00 - 21:00
- Tuesday 08:00 - 21:00
- Wednesday 08:00 - 21:00
- Thursday 08:00 - 21:00
- Friday 08:00 - 21:00
- Saturday 08:00 - 20:00
- Sunday 10:00 - 16:00

### Tesco (Horsham)

Wickhurst Lane, Broadbridge Heath, Horsham, West Sussex, RH12 3YU

Tel: 01403 342847

- Monday 08:00 - 21:00
- Tuesday 08:00 - 21:00
- Wednesday 08:00 - 21:00
- Thursday 08:00 - 21:00
- Friday 08:00 - 21:00
- Saturday 08:00 - 21:00
- Sunday 10:00 - 16:00

### Boots (Haywards Heath)

49-51 South Road, Haywards Heath, West Sussex, RH16 4LQ

Tel: 01444 440034

- Monday 08:30 - 18:00
- Tuesday 08:30 - 18:00

- Wednesday 08:30 - 18:00
- Thursday 08:30 - 18:00
- Friday 08:30 - 18:00
- Saturday 08:30 - 18:00
- Sunday 10:00 - 16:00

### Sainsbury's (Haywards Heath)

Market Place, Bannister Way, Haywards Heath, RH16 1DG

Tel: 01444 415839

- Monday 08:00 - 21:00
- Tuesday 08:00 - 21:00
- Wednesday 08:00 - 21:00
- Thursday 08:00 - 21:00
- Friday 08:00 - 21:00
- Saturday 08:00 - 20:00
- Sunday 10:00 - 16:00

### Boots (Burgess Hill)

2-4 Market Place, The Martlets, Burgess Hill, RH15 9NP

Tel: 01444 233101

- Monday 08:30 - 17:30
- Tuesday 09:00 - 17:30
- Wednesday 08:30 - 17:30
- Thursday 08:30 - 17:30
- Friday 08:30 - 17:30
- Saturday 08:30 - 17:30
- Sunday 10:00 - 16:00

### Tesco (Burgess Hill)

Hammond's Farm, Jane Murray Way, Burgess Hill, West Sussex, RH15 9QT

Tel: 01444 316847

- Monday 08:00 - 22:30
- Tuesday 06:30 - 22:30
- Wednesday 06:30 - 22:30
- Thursday 06:30 - 22:30
- Friday 06:30 - 22:30
- Saturday 06:30 - 22:00
- Sunday 10:00 - 16:00

### Boots (East Grinstead)

40-46 London Road, East Grinstead, West Sussex, RH19 1AB

Tel: 01342 323405

- Monday 08:30 - 17:30
- Tuesday 09:00 - 17:30
- Wednesday 08:30 - 17:30
- Thursday 08:30 - 17:30
- Friday 08:30 - 17:30
- Saturday 08:30 - 17:30
- Sunday 10:00 - 16:00

### Sainsbury's (East Grinstead)

The Pharmacy Department, Brooklands Way, East Grinstead, RH19 1DD

Tel: 01342 302295

- Monday 07:00 - 23:00
- Tuesday 07:00 - 23:00
- Wednesday 07:00 - 23:00
- Thursday 07:00 - 23:00
- Friday 07:00 - 23:00
- Saturday 07:00 - 22:00
- Sunday 10:00 - 16:00

### Boots (East Grinstead)

c/o Waitrose, West Street, East Grinstead, RH19 4YZ

Tel: 01342 314848

- Monday 09:00 - 18:00
- Tuesday 09:00 - 18:00
- Wednesday 09:00 - 18:00
- Thursday 09:00 - 18:00
- Friday 09:00 - 18:00
- Saturday 09:00 - 18:00
- Sunday 10:00 - 12:00



## MINOR INJURIES AND URGENT CARE

### Minor Injuries Unit (MIU) at Horsham Hospital

*Sprains and strains, broken bones, minor burns and scalds, minor head and eye injuries, bites and stings.*

**Address:** Horsham Minor Injuries Unit, Horsham Hospital, Hurst Road, Horsham, West Sussex, RH12 2DR

**Tel:** (01403) 227000 ext 7202

**Open:** 9am-5pm, Monday to Friday excluding bank holidays.

### Crawley Urgent Treatment Centre

*Sprains and strains, broken bones, minor burns and scalds, minor head and eye injuries, bites and stings.*

**Address:** Urgent Treatment Centre, Crawley Hospital, West Green Drive, Crawley, West Sussex, RH11 7DH

**Tel:** (01293) 600300 ext 4141

**Open:** 24 hours a day, 7 days a week

### Queen Victoria MIU

*Cuts and grazes, sprains and strains, broken bones (fractures), bites and stings, infected wounds, minor head injuries and eye problems, such as infections or scratches*

**Address:** Holtye Road, East Grinstead, RH19 3DZ

**Tel:** 01342 414000

**Open:** 8am-10pm every day



## DENTAL

Contact your dentist first.

If you don't have a dentist call the Sussex NHS Dental Helpline on **0300 1000 899**



## MENTAL HEALTHLINE

*Telephone support and information.*

**Available:** Overnight Mon to Fri 5pm – 9am and 24 hours at weekends and Bank Holidays.

**Tel:** 0300 5000 101

**Website:** [www.sussexpartnership.nhs.uk/service-users/help/need-help/healthline](http://www.sussexpartnership.nhs.uk/service-users/help/need-help/healthline)



## SOCIAL CARE

Adult social care support in West Sussex– if you need advice and information about your social care needs please contact Adults' Services.

**Tel:** 01243 642555

**Website:** [www.westsussex.gov.uk](http://www.westsussex.gov.uk) (search 'request social care support')

## ACCIDENT & EMERGENCY

*You should visit A&E or call 999 for life-threatening emergencies, serious injuries or illnesses.*

### East Surrey Hospital

Canada Avenue, Redhill, Surrey, RH1 5RH

**Tel:** 01737 768511

### Princess Royal Hospital

Lewes Road, Haywards Heath, West Sussex, RH16 4EX

**Tel:** 01444 441881

### Royal Alexandra Children's Hospital

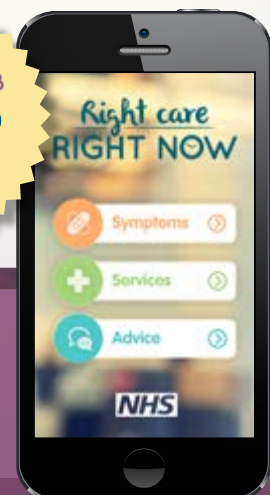
Eastern Road, Brighton, East Sussex, BN2 5BE

**Tel:** 01273 696955

### Royal Sussex County Hospital

Eastern Road, Brighton, East Sussex, BN2 5BE

**Tel:** 01273 696955



Use our healthcare services mobile web app to find the right care for you, right now.

[www.rightcarerightnow-nhs.net](http://www.rightcarerightnow-nhs.net)