Directions from DMC Chadwick Road to DMC 163 - 169 Crystal Palace Road SE22 9EP

Walk/Drive - Turn right onto Bellenden Road. Take the second left into Maxted Road. At the end of the road turn right - Nutbrook Street. At the end, left into Adys Road. Go straight across East Dulwich Road at the lights, into Crystal Palace Road. 7 minute walk, passing the crossroad of Upland & North Cross Road before arriving at DMC on the left.

Bus 37 or 484 from Peckham/Nunhead
Alight at Goose Green Children’s Park
Walk towards traffic lights; Turn left into Crystal Palace Road As above

Bus P13 (stops at Sainsbury’s on route)
13 minutes ride from Bellenden Road - Bus stop ‘towards Streatham’. Alight at Underhill Road. Walk back to cross-road turn right onto Crystal Palace Road for a short 2 minute walk to DMC.

Bus 12 / Bus 197 from Peckham Bus Garage
A 10 minute journey; Alight at the junction of Barry Road and Underhill Road. Cross over the road. Take 3rd right - As above.

Bus 40 / 185 / 176 / P13 from Camberwell or Grove Vale
Alight at 2nd Bus Stop on Lordship Lane. Walk back and turn left into North Cross Road. At the Crystal Palace Road crossroad, turn right. A short, 2 minute walk to DMC.

DMC
When you arrive; Go upstairs via the door on the left.
At the top of the stairs go into the seated waiting room on the right. Wait in this are; the midwife will be out in due course to welcome you.

Congratulations on your exciting news!!
Next step—meet your MIDWIFE

First appointment with Midwife
At DMC 163 - 169 Crystal Palace Road SE22 9EP
How do I meet a Midwife?
- Make the earliest available appointment at the Reception Desk.

Where will I meet the Midwife?
- The midwife is based at Crystal palace Road Practice, not far from here.
The MAP on the front of this leaflet shows exactly where it is from Chadwick Road. Transportation and alternative routes are on the back page.

Why do I see the Midwife at Crystal Palace Road Practice?
- In response to women requesting to be seen at alternative times; this location best accommodates.

What are these times?
- Alternate Saturday mornings 9am - 1pm
  &
- Alternate Monday evenings 5pm - 9pm

Why do I need to see a Midwife as soon as possible?
The first visit is very important; where you are given valuable information about CHOICES available to you and your pregnancy with an opportunity to discuss. This will help you to make informed decisions of how you may want your pregnancy and labour to be managed.

- Referral for first scan and to your hospital of choice
- To explain your antenatal care & future visits
- If you have a medical problem a specialist referral can be made sooner to ensure your optimum health during pregnancy.
- To discuss your welfare during early pregnancy

Can I choose which hospital I want to have my baby?
Yes. The local hospital King’s College is one of the choices, unless you state a particular preference.

What if I want a Homebirth?
The midwife will advise and ensure you are directed to the relevant midwives.

Questions for the Midwife