

GLASGOW CITY COMMUNITY HEALTH PARTNERSHIP

SERVICE DIRECTORY 2014



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About Glasgow City Community Health Partnership

Glasgow City Community Health Partnership (GCCHP) was established in November 2010 and provides a wide range of community based health services delivered in homes, health centres, clinics and schools. These include health visiting, health improvement, district nursing, speech and language therapy, physiotherapy, podiatry, nutrition and dietetic services, mental health, addictions and learning disability services. As well as this, we host a range of specialist services including: Specialist Children's Services, Homeless Services and The Sandyford.

We are part of NHS Greater Glasgow & Clyde and provide services for 584,000 people - the entire population living within the area defined by the Local Authority boundary of Glasgow City Council.

Within our boundary, we have:

154 GP practices

136 dental practices

186 pharmacies

85 optometry practices (opticians)

The CHP has more than 3,000 staff working for it and is split into three sectors which are aligned to local social work and community planning boundaries. The sectors are:

<i>Sector</i>	<i>Population</i>
North East	177,649
North West	190,332
South	220,489

Glasgow City CHP Headquarters

The headquarters for Glasgow City Community Health Partnership are based at William Street Clinic, 120-140 William Street, Glasgow G3 8UR (tel: 0141 314 6222).

Glasgow City CHP's Senior Management Team

CHP Director: Anne Hawkins
Email: anne.hawkins@ggc.scot.nhs.uk
Tel: 0141 314 6240

Director North West Sector: Alex MacKenzie
Email: alex.mackenzie@ggc.scot.nhs.uk
Tel: 0141 211 0270

Director North East Sector: Mark Feinmann
Email: mark.feinmann@ggc.scot.nhs.uk
Tel: 0141 0141 277 7454

Director South Sector: David Walker
Email: david.walker2@ggc.scot.nhs.uk
Tel: 0141 276 6710

Clinical Director: Richard Groden
Email: richard.groden@ggc.scot.nhs.uk
Tel: 0141 314 6244

Head of Health Improvement: Fiona Moss
Email: fiona.moss@ggc.scot.nhs.uk
Tel: 0141 314 6238

Head of Finance & Performance: Jeanne Middleton
Email: jeanne.middleton@ggc.scot.nhs.uk
Tel: 0141 211 3722

Head of Human Resources: Sybil Canavan
Email: sybil.canavan2@ggc.scot.nhs.uk
Tel: 0141 314 6251

Head of Organisational Development: Isla Hyslop
Email: isla.hyslop@ggc.scot.nhs.uk
Tel: 0141 314 6245

Head of Administration: John Dearden
Email: john.dearden@ggc.scot.nhs.uk
Tel: 0141 314 6126

Nurse Director - Partnerships: Mari Brannigan
Email: mari.brannigan@ggc.scot.nhs.uk
Tel: 0141 314 6247

North East Sector

North East Sector provides local health services for the following areas: Alexandra Parade, Auchinlee, Baillieston, Bargeddie, Barlanark, Barmulloch, Barrachnie, Barrowfield, Bellgrove, Bishop's Wood, Blackhill, Blochairn, Bridgeton, Broomhouse, City Centre East, Calton, Camlachie, Cardowan, Carntyne, Carmyle, Cathedral, City Centre East, Colston, Craigend, Craigend Muir, Cranhill, Dalmarnock, Dennistoun, Easterhouse, Fullarton, Gallowgate, Garrowhill, Garthamlock, Gartloch, Germiston, Greenfield, Haghill, Hogganfield, Millerston, Mount Vernon, Old Shettleston, Parkhead, Petershill, Provanmill, Queenslie, Riddrie, Robroyston, Royston, Roystonhill, Ruchazie, Sandyhills, Sighthill, Springburn, Springboig, Stobhill, Swinton, Tollcross and Wellhouse.

The headquarters and contact details for North East Sector are: Building 2, Templeton Business Centre, 62 Templeton Street, Bridgeton, Glasgow G40 1DA
Tel: 0141 277 7450/7451 Fax: 0141 554 8475

Director and senior management team:

Director North East Sector: Mark Feinmann

Email: mark.feinmann@ggc.scot.nhs.uk Tel: 0141 277 7454

Head of Mental Health: David McCrae

Email: david.mccrae@ggc.scot.nhs.uk Tel: 0141 277 7539

Head of Planning & Performance: Gary Dover

Email: gary.dover@ggc.scot.nhs.uk Tel: 0141 277 7460

Clinical Director: Paul Ryan

Email: paul.ryan@ggc.scot.nhs.uk Tel: 0141 277 7452

Head of Addictions: Kelda Gaffney

Email: kelda.gaffney@glasgow.gov.uk Tel: 0141 277 7450

Head of Primary Care & Community Services: Lorna Dunipace

Email: lorna.dunipace@ggc.scot.nhs.uk Tel: 0141 277 7464

Health Improvement Manager: Nichola Brown

Email: nichola.brown@ggc.scot.nhs.uk Tel: 0141 232 0160

Head of Specialist Children's Services: Stephen McLeod

Email: stephen.mcleod@ggc.scot.nhs.uk Tel: 0141 277 7604

Clinical Director CAMH Services: Julie Metcalfe

Email: julie.metcalfe@ggc.scot.nhs.uk Tel: 0141 277 7475

Homeless and Asylum Services Manager: Ann Forsyth

Email: ann.forsyth@ggc.scot.nhs.uk Tel: 0141 553 2801

Professional Nurse Advisor (Children and Families) Deirdre McCormick

deirdre.mccormick@ggc.scot.nhs.uk Tel: 0141 277 7583

North West Sector

North West Sector provides local health services for the following areas: Anderston, Anniesland, Blairdardie, Broomhill, City Centre West, Cowlares & Port Dundas, Dowanhill, Drumchapel, Drumry, Finnieston & Kelvinhaugh, Firhill, Glasgow Harbour, Hillhead, Hyndland, Kelvindale, Kelvingrove & University Kelvininside, Jordanhill, Keppochhill, Knightswood, Maryhill, Milton, North Kelvin, Partick, Partickhill, Hyndland, Possilpark, Ruchill, Scotstoun, Summerston, Victoria Park, Whiteinch, Woodlands, Woodside, Wyndford, Yoker.

The headquarters and contact details for North West Sector are: North West Sector of Glasgow City Community Health Partnership (CHP), J B Russell House, Gartnavel Royal Hospital Campus, 1055 Great Western Road, GLASGOW G12 0XH.

Tel: 0141 211 0370

Fax: 0141 211 3971

Director and senior management team:

Director North West Sector: Alex MacKenzie

Email: alex.mackenzie@ggc.scot.nhs.uk Tel: 0141 211 0270

Head of Mental Health: Colin McCormack

Email: colin.mccormack@ggc.scot.nhs.uk Tel: 0141 211 0319

Head of Planning & Performance: Evelyn Borland

Email: evelyn.borland@ggc.scot.nhs.uk Tel: 0141 211 0214

Clinical Director: John Nugent

Email: jnugent@nhs.net Tel: 0141 211 0608

Head of Addictions: Christine Lavery

Email: Christine.Lavery@glasgow.gov.uk Tel: 0141 531 9254

Head of Primary Care & Community Services: Paul Adams

Email: paul.adams2@ggc.scot.nhs.uk Tel: 0141 211 0674

Health Improvement Manager: Suzanne Glennie

Email: suzanne.glennie@ggc.scot.nhs.uk Tel: 0141 211 0251

Sandyford General Manager: Rosie Ilett

Email: rosie.ilett@ggc.scot.nhs.uk Tel: 0141 232 8409

South Sector

South Sector provides local health services for the following areas: Arden, Bellahouston, Cardonald, Carmunnock, Carnwadric, Castlemilk, Cathcart, Craigton, Croftfoot, Crookston, Darnley, Deaconsbank, Drumoyne, Dumbreck, Gorbals, Govan, Govanhill, Hillington, Hillpark, Ibrox, King's Park, Kinning Park, Langside, Laurieston, Mosspark, Muirend, Mount Florida, Newlands, Nitshill, Oatlands, Penilee, Pollok Park, Pollok, Pollokshaws, Pollokshields, Priesthill, Queen's Park, Shawlands, Shieldhall, Simshill, South Cardonald, Southpark Village, Strathbungo, Thornliebank, Toryglen and Tradeston.

The headquarters and contact details for South Sector are: Claremont Centre, 39 Durham Street, Glasgow G41 1BS.

Tel: 0141 276 6700

Fax: 0141 276 6790

Director and senior management team:

Director South Sector: David Walker

Email: david.walker2@ggc.scot.nhs.uk

Tel: 0141 276 6710

Head of Mental Health: Calum Macleod

Email: calum.macleod@ggc.scot.nhs.uk

Tel: 0141 211 6607

Head of Planning & Performance: Hamish Battye

Email: hamish.battye@ggc.scot.nhs.uk

Tel: 0141 276 6712

Clinical Director: Ken O'Neill

Email: ken.oneill@ggc.scot.nhs.uk

Tel: 0141 276 5239

Head of Addictions: John Goldie

Email: john.goldie@ggc.scot.nhs.uk

Tel: 0141 276 6715

Head of Primary Care & Community Services: Anne Mitchell

Email: anne.mitchell@ggc.scot.nhs.uk

Tel: 0141 276 6718

Health Improvement Manager: Karen McNiven

Email: karen.mcniven@ggc.scot.nhs.uk

Tel: 0141 232 8042

SPHERE service (continence) Manager: Rona Agnew

Email: rona.agnew@ggc.scot.nhs.uk

Tel: 0141 276 6613

Professional Nurse Advisor (Adult Services): Susan O'Rourke

Email: susan.orourke@ggc.scot.nhs.uk

Tel: 0141 276 6759

Adult Protection

If you suspect a vulnerable adult (anyone aged sixteen or above) is being abused, you can report it to any healthcare worker.

Under the Adult Support and Protection (Scotland) Act 2007, we are obliged by law to report and act on actual or suspected abuse. The act is designed to protect those adults 'who are unable to safeguard their own interests through disability, mental disorder, illness or physical or mental infirmity, who are at risk of harm or self harm, including neglect.'

If you are a member of the public who suspects or witnesses abuse, please tell an NHS worker. Don't be afraid to come forward with your suspicions. It's far better to report something that later turns out to be unfounded than to leave it and the person continues to be abused.

If you can't speak to an NHS worker, speak to someone from another agency such as Social Work, the Police or the Council. For more information on adult protection, go to: www.glasgow.gov.uk/en/Residents/Care_Support/AdultSupportandProtection/

Child Protection

All children and young people have a right to feel safe and protected.

And we all have a role in ensuring this happens.

If you are a child or young person who needs help, a member of the public who is concerned about a child or young person or a professional, you can get more information about child protection and where to get help here:

www.glasgowchildprotection.org.uk

Emergency Health Care and Out-of-hours

For out-of-hours help and advice, contact NHS24 on: 08454 242424

If you or someone you know needs emergency help call: 999

Addictions

The following is a list of help available to you if you have a problem with alcohol and drugs. Unless otherwise stated, you can refer yourself to these organisations.

North West Sector

7 Closeburn Street,
Possilpark, Glasgow G22 5JZ.
Tel: 0141 276 4580

7-19 Hecla Square,
Drumchapel, Glasgow G15 8NH
Tel: 0141 276 4330

11 Callander Street, Woodside, Glasgow,
G20 7JZ. (Vulnerable Families
and Gender Based Violence Hub)
Tel: 0141 531 9254

North East Sector

Newlands Centre, 871 Springfield
Road, Parkhead, Glasgow G31 4HZ.
Tel: 0141 565 0200

Westwood House, 1250 Westerhouse
Road, Easterhouse, Glasgow G34 9EA.
Tel: 0141 276 3420

South Sector

Twomax Building, 187 Old Rutherglen
Road, Gorbals, Glasgow G5 0RE
Tel: 0141 420 8100

Pavillion One, Rowan Business
Park, 5 Ardlaw Street,
Govan, Glasgow G51 3RR.
Tel: 0141 276 8740

130 Langton Road,
Pollok, Glasgow G53 5DP.
Tel: 0141 276 3010

City-Wide Services

Glasgow Drug Crisis Centre, 123 West
Street, Tradeston, Glasgow G5 8BA.
Tel: 40141 420 6969

Homeless Addiction Team, 55
Hunter Street, Glasgow G4 0UP.
Tel: 0141 552 9287

East Dumbartonshire

Unit 20, Fraser House,
Whitegates, Kirkintilloch G66 3BQ.
Tel: 0141 588 5143

West Dumbartonshire
6 Miller Street, Clydebank, G81 1UQ.
Tel: 0141 562 8876

Leven Addiction Services,
Joint Hospital, Dumbarton.
Tel: 01389 812018

East Renfrewshire

St Andrews House, 113 Cross
Arthurlie Street, Barrhead,
East Renfrewshire, G78 1EE.
Tel: 0141 577 3368 or 0141 577 4027

Renfrewshire

Renfrewshire Drug Service, Back
Sneddon Centre, Paisley PA2 2DJ.
Tel: 0300 300 1199

Other...

DRINKLINE (freephone) 0800 7 314 314

The Mungo Foundation, Community Alcohol Support Service, 2 Alexander Stephen House, 91 Holmfauld Road, Glasgow G51 4RY. Helps people with alcohol problems who are affected by or at risk of homelessness.

Tel: 0141 425 1830 or www.themungofoundation.org.uk

Ar Caladh Project, 196 Nithsdale Road, Pollokshields G41 5EU. Supports people aged 16-21 who are homeless or at risk of homelessness due to substance misuse. You need to be referred to this project by a healthcare worker.

Tel: 0141 423 4765

ADDACTION, 2 Alexander Stephen House, 91 Holmfauld Road, Glasgow G51 4RY. Community rehab for adults recovering from alcohol or drug abuse. Services for pregnant women and women (with children under two) who are recovering from alcohol problems. Only available within Govan and Craigton areas. To access these services, you must be referred to the organisation by your local Community Action Team. Tel: 0141 425 1800 or www.addaction.org.uk

CARERS' CENTRES (support services for carers of people with addiction problems)
- Greater Pollok Carers Centre, 130 Langton Road, Glasgow G53 5DP (tel: 0141 882 4712).

- Glasgow South West Carers Project, Unit 11, 6 Harmony Row, Glasgow G51 3BA (Tel: 0141 440 5310).

Alcoholics Anonymous 0845 769 7555 or www.alcoholics-anonymous.org.uk

Al-Anon / Al-Ateen, Mansfield Park, Unit 6, 22 Mansfield Street, Glasgow G11 5QP (Tel: 0141 339 8884). For friends and families of alcoholics.

GLASGOW COUNCIL ON ALCOHOL

The GCA Counselling Service, 14 North Claremont Street, Glasgow G3 7LE (Tel: 0141 353 1800). Counselling for people experiencing alcohol problems, their families, partners and friends.

Prevention and Education North West, 10 Kelso Place, Yoker, G14 0LL (Tel: 0141 558 7744, email: PandE.north@thegca.org.uk).

Prevention and Education South, Govanhill Workspace, 69 Dixon Road, Govanhill, G42 8AT (tel: 0141 883 8111, email: PandE.south@thegca.org.uk).

Prevention and Education North East, The Bambury Regeneration Centre, 67 Yate Street, Glasgow, G31 4AE (tel: 0141 556 6631, email: PandE.east@thegca.org.uk).

Young Peoples Alcohol Support Service, 457 Sauchiehall Street, Glasgow G2 3LG (Tel: 0141 353 1800). Counselling and support for young people aged 12-to-25-years-old.

Ar Caladh Project, 196 Nithsdale Road, Pollokshields G41 5EU. Supports people aged 16-21 who are homeless or at risk of homelessness due to substance misuse. You need to be referred to this project by a healthcare worker.
Tel: 0141 423 4765

Useful websites:

<http://www.drinksarter.org>
www.infoscotland.com/alcohol
www.alcohol-focus-scotland.org.uk
www.downyourdrink.org.uk

Glasgow Help Service Directory: <http://glasgowhelp.com/home.php>

Asylum Seekers

Information for asylum seekers can be obtained from Glasgow City Council (<http://www.glasgow.gov.uk/index.aspx?articleid=3175>) and the Scottish Refugee Council (<http://www.scottishrefugeecouncil.org.uk/>)

Breast Screening

As part of the Scottish Breast Screening Programme, women in Glasgow between 50 and 70 will be invited to attend breast screening. You will receive an invitation in the post when it is your turn to attend. Breast screening every three years is the best way to detect breast cancer early when treatment is most likely to be effective.

If you are over 70 you can ask for an appointment by contacting the Breast Screening Centre: 0141 572 5800 or Text phone 0141 572 5858.

Breastfeeding

Glasgow City CHP is a UNICEF Baby Friendly accredited organisation. This means that we have achieved and maintained a standard of care which enables us to give consistent advice and support to breastfeeding families.

We want every child to have the healthiest start in life and we hope that every family will have a positive feeding experience. There is evidence that by being offered breast milk, babies and children will have lifelong improved health.

During and after your pregnancy we offer mums-to-be help and advice on breastfeeding via your midwife, maternity unit, Health Visitor and our Infant Feeding Advisors.

Mothers intending to breastfeed or breastfeeding should be taking a vitamin D supplement - www.healthystart.nhs.uk See also: www.feedgoodfactor.org.uk

Carers

If you look after someone, then you are a carer. A carer is someone who, without payment, provides help and support to a partner, child, relative, friend or neighbour. This could be due to age, physical or mental illness, addiction or disability. Many carers are young people, under the age of 18 years old, who are caring for their mother, father or sibling. Looking after someone can be rewarding, but it can also be very demanding and stressful.

Carers Information and Support Line

c/o Crossroads Caring Scotland

2nd Floor, 24 George Square

Glasgow,

G2 1EG

Tel: 0141 353 6504

Email: carerssupportline@crossroads-scotland.co.uk

Princess Royal Trust West Glasgow Carers Centre

1561 Great Western Road

Anniesland

Glasgow, G13 1HN

Tel: 0141 959 9871

Email: westcarers@volunteerglasgow.org

Covers: Drumchapel, Knightswood, Anniesland, Temple, Jordanhill, Scotstoun, Whiteinch and Yoker.

Glasgow North West Carers Team,

Partick Social Work Office,

35 Church Street, Glasgow G11 5JT.

Tel 0141 276 1066 Email: viv.paterson@sw.glasgow.gov.uk

Covers: Partick, Maryhill, Dowanhill, Kelvinside, Broomhill, Summerston, Yorkhill, Anderston, Garnethill, Cowcaddens and Hyndland.

Glasgow North Carers Team,

Social Work Services,

400 Petershill Road,

Springburn,

Glasgow, G21 4AA.

Tel: 0141 558 6296

Email: carersnorthsupport@sw.glasgow.gov.uk

Covers: Ruchill, Springburn, Milton, Firhill, Sighthill, Royston, Germiston, Petershill, Balornock, Barmulloch, Provanmill, Port Dundas and Possil.

Glasgow North East Carers Centre,

Easterhouse Congregational Church,

51 Tronda Place, Easterhouse,

Glasgow G34 9XX.

Tel: 0141 781 0728

Email: gnecarerscentre@hotmail.com

Covers: Easterhouse, Ruchazie, Baillieston, Garrowhill, Mount Vernon, Queenslie, Barlanark, Gartloch, Riddrie, Garthamlock, Cranhill, Craigend, Swinton, Carmyle and Crosshill.

East End Community Carers Centre (Princess Royal Trust for Carers),

Academy House,

1346 Shettleston Road,

Glasgow G32 9AT.

Tel: 0141 764 0550

Email: centre@eastend-carers.co.uk

Covers: Dennistoun, Parkhead, Tollcross, Bridgeton, Calton, Townhead, Braidfauld, Fullarton, Shettleston, Greenfield, Dalmarnock, Haghill, Carntyne and Springboig.

Glasgow South West Carers Team,

Social Work Services,

130 Langton Road,

Glasgow G53 5DP.

Email: carerssouthsupport@sw.glasgow.gov.uk

Covers - all south Social Work area

Princess Royal Trust Greater Pollok Carers Centre,

130 Langton Road, Pollok,

Glasgow G53 5DP.

Tel: 0141 882 4712

Email: pollokcarers@volunteerglasgow.org

Covers: Pollok, Priesthill, Nitshill, Carnwadric, Arden, Pollokshaws, Mansewood, Shawbridge and Corkerhill.

Princess Royal Trust Glasgow South East Community Carers,

656 Cathcart Road,

Glasgow G42 8AA.

Tel: 0141 423 0728

Email: dixon.carers@btconnect.com

Website: www.carers.org/glasgowsouth

Covers: Gorbals, Govanhill, Hutchesontown, Oatlands, Polmadie, King's Park, Mount Florida, Cathcart, Battlefield, Langside, Shawlands, Crossmyloof, Toryglen, Crosshill, Strathbungo, Pollokshields East, Castlemilk, Carmunnock, Croftfoot, Muirend, Newlands and Simshill.

Minority Ethnic Carers Development Project (North),

Killearn Resource Centre,

29 Shakespeare Street, Maryhill,

GLASGOW, G20 8TH.

Tel: 0141 946 5612 Fax: 0141 945 4532

Minority Ethnic Carers Development Project (South),
Princess Royal Trust Dixon Community Carers Centre,
656 Cathcart Road,
GLASGOW, G42 8AA.
Tel: 0141 423 0728
Fax: 0141 423 5361

Services for carers of people with mental health problems,
Glasgow Association for Mental Health,
Head Office,
St. Andrews by the Green,
33 Turnbull Street,
Glasgow, G1 5PR.
Tel: 0141 552 5592

GAMH West Service Centre,
Unit 5, 44 Keith Court,
Partick,
Glasgow, G11 6QW.
Tel: 0141357 2570
Email: west@gamh.org.uk

GAMH East Service Centre,
Unit 37- Ladywell Business Centre,
94 Duke Street,
Glasgow, G4 0UW.
Tel: 0141 552 4934

GAMH North Service Centre,
Unit 13, 14, 15,
Hydepark Business,
60 Mollinsburn Street,
Glasgow, G21 4SF.
Tel: 0141 558 0943

GAMH South East and West,
Pavillion 3A,
Moorpark Court,
15 Dava Street,
Govan, G51 2JA
Tel: 0141 425 4850

NSF Scotland Carer Support,
The Charlie Reid Centre,
19 Elmbank Street, Glasgow G2 4PB.
Tel: 0141 248 9248
Fax: 0141 221 6299

Useful websites:

Quarriers	www.quarriers.org.uk
Princess Royal Trust	www.carers.org
Carers Information Scotland	www.careinfoscotland.co.uk
Carers Scotland	www.carersscotland.org
Volunteer Centre	www.volunteerglasgow.org

Children and Families

Glasgow City CHP provides a range of services for children and their families. This includes Health Visiting, School Nursing, Breastfeeding Support and children's health.

Help with Parenting - Triple P Positive Parenting Classes are now being run in across Glasgow. To find out where your local classes are, and for handy hints and tips, see: <http://glasgow.triplep-staypositive.net/> or email centralparentingteam@ggc.scot.nhs.uk You can also contact us on 0141 277 7560.

PACT

PACT (Parents and Children Together) is a multi-disciplinary multi agency team of social care, health and other staff. This includes: Social Workers, Social Care Workers, Health Visitors, Family Support Workers, Nursery Nurses and Money Advice staff. We provide support and advice to families with children aged 0-5 years. We also help families where there is already an allocated Social Worker.

Contact Us:

PACT South West,
Pavilion One,
Rowan Park Business Centre,
Ardlaw Street, Govan.
Tel: 0141 276 8860

PACT South East,
Twomax Building,
Children & Families,
187 Old Rutherglen Road,
Gorbals, Glasgow G5 0RE.
Tel: 0141 420 0060

PACT North East,
Cairnbrook Centre,
101 Cairnbrook Rd,
Easterhouse, G34 0NB.
Tel: 0141 781 2111

Royston Social Work,
15 Glenbarr Street,
Royston G21.
Tel: 0141 276 7010

Specialist Children's Services

Specialist Children's Services provide secondary and tertiary care for children and young people throughout Greater Glasgow and Clyde from birth to 18 years. Services provided cover Child and Adolescent Mental Health (CAMHS) and Community Paediatrics.

We are a large service with staff based throughout Greater Glasgow and Clyde. Some of these staff work within the local communities such as health centres, in hospitals and inpatient units, schools and within the patient's home.

Our headquarters are within Templeton On The Green in Bridgeton, tel: 0141 277 7475.

CAMHS Community Teams

We have a range of Community Teams, which are made up by a range of health professionals. They are based with Community Health (and Care) Partnerships (CH(C)P) which are located in different areas in Greater Glasgow and Clyde: Glasgow City, Renfrewshire, Inverclyde, West Dunbartonshire and East Renfrewshire.

Referrals are managed using a CAPA model which is a lean methodology based system. Community CAMHS teams work in multi-disciplinary outpatient services for children and young people (aged 0-18) who have moderate and severe mental health problems. These services are provided on a Monday-Friday in-hours basis. The multi-disciplinary team consists of Psychiatry, Psychology, Allied Health Professionals, Nursing, Family Therapy and Psychotherapy.

CAMHS Board-Wide Teams

Our Board-Wide Teams are specialist services, which provide intensive support for complex cases for our Community Teams. These also include teams at the Royal Hospital for Sick Children at Yorkhill, Skye House which is the Adolescent Inpatient unit for the West of Scotland Consortium and Caledonia House which is the National Children's Inpatient Unit. This support can include joint working with assessment, care planning and treatment, providing training and providing advice and guidance for complex cases. The Board-Wide Teams work across Greater Glasgow and Clyde, irrespective of their base locations.

Community Paediatric Services

Most services are provided within child centres and provide specialist diagnosis, assessment and care to children living within or attending school in the local area. There are close links with the Royal Hospital for Sick Children at Yorkhill as many children require services from both the acute hospital and Community Paediatric service. Professionals include Paediatricians, Nurses, Physiotherapists, Occupational Therapists, Speech and Language Therapists.

More information on Specialist Children's Services can be found at: www.nhsggc.org.uk/scs

Dental and Oral Health

Oral Health Services in Glasgow include the General Dental Service, NHS Registered Dental Practices, Community Dental Services and Hospital Dental Services and the Oral Health Services within this Community Health Partnership (CHP).

To find a dentist near you, go to: www.nhsggc.org.uk

The oral health family within the CHP is made up of the Early Years Team who support the Childsmile Programme in nurseries along with wider health improvement activities.

Pre-School

The Childsmile Team can help families with children 0-5 years to register with a Dentist and access oral health prevention and promotion. They also provide fluoride varnishing programmes in selected Nurseries. The Early Years Team also works closely with nurseries to promote good oral health with families with children aged 0-5 years. This includes the Smile Too toothbrushing programme which is offered to all nurseries (aimed at children 0-3 years). Our staff also talk to families about other healthy living activities including healthy eating and work with a range of health professionals and community organisations to promote good dental health.

Primary 1 and 2 Tooth Brushing

Childsmile provides a toothbrushing programme for children in Primary 1 and 2. This is delivered in the school by a Oral Health Educator.

The NHS Registered Dental Practices and Community Dental Service provides care for children and other priority groups.

Early Years Teams

South Sector Oral Health Team, Pollok Health Centre, 21 Cowglen Road, Glasgow G53 6EQ. Tel: 0141 232 9649

North West Sector Oral Health Team, tel: 0141 232 8067.

North East Oral Health Team based at Cairnbrook Centre, 101 Cairnbrook Rd, Easterhouse, G34 0NB, 0141 781 2117

Other

Glasgow Dental Hospital and other sites provide secondary care on a referral basis. Other services include Dental Public Health and Oral Health Promotion.

All these service are managed and co-ordinated by the Oral Health Directorate of the Acute Division.

Children's Dental Service (including facilities for Children with Special needs/ Autism), Bridgeton Health Centre, 201 Abercromby Street, Glasgow G40 2DA. Tel: 0141 531 6517.

Diabetes

The specialist diabetes teams consist of Diabetes Specialist Nurses, Dietitians and Podiatrists. Referral to these teams is through your GP. To contact the teams:

South Sector:

Govanhill Health Centre, 233 Calder Street, G42 7DR.

Annette Rankin	Tony Doherty
0141 531 4404	0141 531 8327

Pollok Health Centre, 21 Cowglen Road, G53 6EQ.

May Lavelle	Ruth Frew
0141 531 6855	0141 531 6804

North East Sector:

Bridgeton Health Centre, 201 Abercrombie Street, Glasgow G40 2DA.

Marie Robertson	Angela McLaren	Lynsey Cobain
0141 232 1663	0141 232 1664	0141 531 6677

North West Sector:

Woodside Health Centre, Barr Street, Glasgow G20 7LR.

Linda Burns	Jackie Templeton	0141 531 9296
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Drumchapel Health Centre, 80/90 Kinfauns Drive, Drumchapel, G15 7TS.

Shirley Law	0141 232 9151
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Possilpark Health Centre, 85 Denmark Street, Possilpark, G22 5EG.

Anne Lindsay	Janice Allan
0141 531 6124	0141 531 6156

Woodside Health Centre, Barr Street, G20 7LR.

Barbara-Ann McKee	0141 531 9559
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Dietetics

Dietitians support people of all ages to assess and provide dietary advice for a range of conditions, and support people to develop and maintain healthier lifestyles.

South Glasgow

Dietitians are based at Pollok Health Centre, 21 Cowglen Road, Glasgow G53 6EQ (tel: 0141 531 6819) and Castlemilk Health Centre, 71 Dougrie Drive, Glasgow G45 9AW (tel: 0141 531 8562). Clinics are provided at Pollok, Thornliebank, Elderpark, Pollokshaws, Castlemilk, Gorbals, Govanhill and Rutherglen Health Centre. To attend a clinic or receive a home visit (for housebound patients only) from a dietitian please ask your GP or health professional (eg your Health Visitor) to make a referral to the dietetic service.

If you would like more information about joining a group for healthy eating and/or weight management (Waistwinners) contact the Dietetic office at Pollok Health Centre, telephone 0141 531 6819.

North East Glasgow

In the North East sector, dietitians are based in Shettleston Health Centre, 420 Old Shettleston Road, Shettleston, Glasgow G32 7JZ (tel: 0141 531 6272) and Springburn Health Centre, 200 Springburn Way, Springburn, Glasgow G21 1TR (tel: 0141 232 9101). Clinics are provided at Baillieston, Bridgeton, Easterhouse, Parkhead, Shettleston and Springburn Health Centres.

To attend a clinic or receive a home visit (for housebound patients only) from a dietitian please ask your GP or health professional (eg your Health Visitor) to make a referral to the dietetic service.

If you would like more information about joining a local healthy eating group (Eat Up) or our weight management groups (Waistwinners) contact the Dietetic Office at Shettleston – 0141 531 6272/6202 or Springburn – 0141 232 9101/2.

North West Glasgow

In the North West, dietitians are based at Drumchapel Health Centre, 80/90 Kinfauns Drive, Glasgow, G15 6BT (tel: 0141 211 6166). Clinics are provided at Drumchapel, Maryhill, Possil and Woodside Health Centres and the Centre for Health & Care, Partick. To attend a clinic or receive a home visit (for housebound patients only) from a dietitian please ask your GP or health professional (eg your Health Visitor) to make a referral to the dietetic service.

If you would like more information about joining a local healthy eating group contact Eat Up on 0141 531 6819 or Waistwinners on 0141 232 9101.

Domestic Abuse / Violence

No-one deserves to be abused, especially in their own homes by someone they love. Around one-in-four women experience domestic abuse at some time in their lives and, although victims are usually women, men can also be abused by their partners.

What is domestic abuse?

* physical: which includes slapping; punching; pulling your hair; scalding or burning; strangling; throwing and breaking things; using weapons such as knives or other implements.

* mental: calling you names; verbal abuse; humiliation; constant criticism; giving you rules and ultimatums; stopping you from seeing friends and family; threats against you, your children or your pets; destroying your things; jealousy and possessiveness; controlling your money; controlling what you wear and how you look.

* sexual - rape and forcing you to take part in sexual acts you're uncomfortable with.

If you feel you are being abused there are a number of places you can go for help including:

Scottish Women's Aid: www.scottishwomensaid.org.uk or call the Domestic Abuse Helpline 0800 027 1234 (24 hours).

Glasgow Women's Aid - 0141 553 2022

Hemat Gryffe Women's Aid - 0141 353 0859

Glasgow East Women's Aid - 0141 773 3533 Crisis: 0141 781 0203

Drumchapel Women's Aid - 0141 944 0201

Clydebank Women's Aid - 0141 952 8118

The Domestic Abuse Project in Castlemilk: www.domesticviolencescotland.org or tel: 0141 634 4053 / email: domviol2000@yahoo.co.uk

Shelter Scotland: <http://scotland.shelter.org.uk/>

Rape Crisis Centre, Glasgow: 08088 00 00 14

www.womensaid.org.uk

www.16days.org

Gender based violence leads for Glasgow City CHP are:

North West - Gareth Greenaway;

South - Alan Gilmour;

North East - Janet Hayes.

Employability

There are a range of services throughout Glasgow that can help unemployed people back into work or further education including:

Jobcentre Plus: http://www.direct.gov.uk/en/Employment/Jobseekers/ContactJobcentrePlus/DG_186347

Help and advice from the Government on employment: <http://www.direct.gov.uk/en/Employment/index.htm>

Working Health Services Scotland: <http://www.workinghealthservicescotland.co.uk/>

There's also...

Glasgow City Bridging Service

The Glasgow Bridging Service provides health and social care workers in the city of Glasgow with a single referral route for all their services users who are unemployed and interested in improving their employability.

This citywide service is delivered locally by teams based in the three CHP sector areas: South, North West, and North East. It is designed specifically for unemployed individuals living in Glasgow city who are being supported by health and/or social care services.

Once referred, the initial focus is to support individuals to build confidence and motivation, and to develop the softer skills to enable clients to progress onto more structured opportunities such as paid work, vocational training and further education.

Services and support provided include:

- One-to-one support from a dedicated and named case manager;
- Life skills development and life coaching;
- Literacy and numeracy support, and access to a wide range of learning opportunities;
- College tasters and volunteer placements;
- Financial inclusion support.

You can obtain the support of the service by telephoning or emailing the contacts below on behalf of yourself or, if you work in health or social care, on behalf of your client...see next page.

South

Charlotte Craig,
Glasgow's Regeneration Agency,
25 Lammermoor Avenue,
Cardonald, Glasgow, G52 3BE.
Tel: 0141-585-6852
Email: charlotte.craig@grasouthwest.co.uk

North East

Anne Watson,
Glasgow's Regeneration Agency,
Westwood Business Centre,
69 Aberdalgie Road, Glasgow.
Tel: 0141-781-4020
Email: anne.watson@graeast.co.uk

North West

Louise Simpson ,
Glasgow's Regeneration Agency,
Open Gate, 44 Hecla Square,
Drumchapel, G15 8NH.
Tel: 0141 949 4909
Email: louise.simpson@grawest.co.uk

Equality

Ensuring everyone has equal access to healthcare is important to us. To find out about equality within NHS Greater Glasgow & Clyde, please see this website:

www.equalitiesinhealth.org

You can also contact our Equalities Team:
Corporate Inequalities Team,
Corporate Policy and Planning,
NHS Greater Glasgow & Clyde,
JB Russell House,
Gartnavel Royal Hospital,
1055 Great Western Road,
Glasgow G12 0ZH.
Tel: 0141 201 4560 Textphone: 0141 201 4400

Healthy Living

Children

ACES or Active Children Eating Smart programme helps children and young people, with the support of their families, to lose or maintain weight and make long-lasting changes to their lifestyle: www.nhsggc.org.uk/ACES

Everyone

www.takelifeon.co.uk

www.communityfoodandhealth.org.uk

www.lovefoodhatewaste.com

Exercise

For ideas about keeping healthy see our website:

http://www.chps.org.uk/content/default.asp?page=s619_17

Glasgow Live sports and leisure: www.glasgowlife.org.uk

www.walkit.com - helps you planning your walking route.

www.activescotland.org.uk - helps you find out information about activities near you.

www.damstodarnley.org - more information about what's going on in Darnley.

Health Centres

A full list of health centres follow. For dentists and opticians, go to: www.nhsggc.org.uk

Baillieston Health Centre ,
0141 531 8000
20 Muirside Road,
G69 7AD.

Bridgeton Health Centre,
0141 531 6500
201 Abercromby Street,
G40 2DA.

Castlemilk Health Centre,
0141 531 8500
Dougrie Drive,
G45 9AW.

Centre for Health and Care Plean Street,
18 Plean Street ,
G14 0YJ.

Community Treatment Centre for Brain
Injury ,
0141 300 6313
70 Commercial Road,
G5 0QZ.

Drumchapel Health Centre ,
0141 211 6070
80/90 Kinfauns Drive,
G15 7TS.

Easterhouse Health Centre,
0141 531 8100
9 Auchinlea Road,
G34 9HQ.

Elderpark Clinic,
0141 232 7100
20 Arklet Road,
G51 3XR.

Fernbank Clinic,
0141 589 8000
194 Fernbank Street,
G22 6BD.

Gorbals Health Centre,
0141 531 8200
45 Pine Place,
G5 0BQ.

Govan Health Centre,
0141 531 8400
5 Drumoyne Road,
G51 4BJ.

Govanhill Health Centre,
0141 531 8300
233 Calder Street,
G42 7DR.

Hunter Street Health and Social Care
Centre,
0141 553 2801
55 Hunter Street,
G4 0UP.

Maryhill Health Centre,
0141 531 8700
41 Shawpark Street,
G20 9DR.

Muirhead Clinic,
0141 779 1941
192 Cumbernauld Road,
G69 9NB.

Parkhead Health Centre,
0141 531 9000
101 Salamanca Street,
G31 5BA.

Partick Community Centre for Health,
0141 211 1400
547 Dumbarton Road,
G11 6HU.

Pollok Health Centre,
0141 531 6800
21 Cowglen Road,
G53 6EQ.

Pollokshaws Clinic,
0141 577 7720
35 Wellgreen,
G43 1RR.

Townhead Health Centre (Glasgow),
0141 531 8900
16 Alexandra Parade,
G31 2ES.

Possilpark Health Centre,
0141 531 6120
85 Denmark Street,
G22 5EG.

West Glasgow Maternity Care Centre,
0141 232 9470
Western Infirmary,
G11 6NT.

Shettleston Health Centre,
0141 531 6200
420 Old Shettleston Road,
G32 7JZ.

William Street Clinic,
0141 314 6200
120-130 William Street,
G3 8UR.

Springburn Health Centre,
0141 531 6700
200 Springburn Way,
G21 1TR.

Woodside Health Centre,
0141 531 9200
Barr Street,
G20 7LR.

Thornliebank Health Centre,
0141 531 6900
20 Kennishead Road,
G46 8NY.

Keep Well Shop, Inshops, Parkhead Forge, Glasgow (Tel: 0141 554 9276/ 232 0173).

Healthy Living Centre/Health Shop:

Community Health Shop,
Glasgow G33 4RJ.
Tel: 0141 773 1787

East End Healthy Living Centre,
Glasgow G40 2AL.
Tel: 0141 554 9804

North Glasgow Healthy Living Community, 59 Charles St, G21 2PR, tel: 0141 336 7000 or web: www.healthynorthglasgow.co.uk

Pollokshields Health Shop, 423 Shields Road, Pollokshields G41 1NY.
Tel: 0141 420 3415

Hospitals within NHS Greater Glasgow & Clyde

Beatson West of Scotland Cancer Centre,
0141 301 7000
1053 Great Western Road,
G12 0YN.

Blawarthill Hospital,
0141 211 9000
129 Holehouse Drive,
G13 3TG.

Drumchapel Hospital,
0141 211 6000
129 Drumchapel Road,
G15 6PX.

Dumbarton Joint Hospital,
01389 812070
Cardross Road,
G82 5JA.

Dykebar Hospital,
0141 884 5122
Grahamston Road,
PA2 7DE.

Eriskay House,
Tel: 0141 201 3000
Stobhill Campus,
G21 3UW.

Gartnavel General,
0141 211 3000
1053 Great Western Road,
G12 0YN.

Gartnavel Royal Hospital,
0141 211 3600
1055 Great Western Road,
G12 0XH.

Glasgow Dental Hospital and School,
0141 211 9600
378 Sauchiehall Street,
G2 3JZ.

Glasgow Homoeopathic Hospital,
0141 211 1600
1053 Great Western Road,
G12 0NR.

Glasgow Royal Infirmary,
0141 211 4000
84 Castle Street,
G4 0SF.

Golden Jubilee National Hospital,
0141 951 5000
Beardmore Street,
G81 4HX.

Inverclyde Royal Hospital,
01475 633777
Larkfield Road,
PA16 0XN.

Leverndale Hospital,
0141 211 6400
510 Crookston Road,
G53 7TU.

Lightburn Hospital,
0141 211 1500
966 Carntyne Road,
G32 6ND.

MacKinnon House,
0141 531 3100
133 Balornock Road,
G21 3UZ.

Mansionhouse Unit,
0141 201 6161
100 Mansionhouse Road,
G41 3DX.

Mearnskirck House,
0141 616 3742
Old Mearns Road,
G77 5RZ.

Mother & Baby Mental Health Unit,
0141 232 7635
Southern General Hospital,
G51 4TF.

Parkhead Hospital ,
0141 211 8300
81 Salamanca Street,
G31 5ES.

Princess Royal Maternity,
0141 211 5400
16 Alexandra Parade,
G31 2ER.

Ravenscraig Hospital,
01475 633777
Inverkip Road,
PA16 9HA.

Rowanbank Clinic,
0141 232 6400
133 Balornock Road,
G21 3UL.

Royal Alexandra Hospital,
0141 887 9111
Corsebar Road,
PA2 9PN.

Royal Alexandra Hospital Elderly Mental
Health Unit ,
0141 887 9111
Corsebar Road Paisley,
PA2 9PN.

Royal Hospital for Sick Children
(Yorkhill),
0141 201 0000
Dalnair Street,
G3 8SJ.

Skye House,
Stobhill Campus,
G21 3UW.

Southern General Adult Mental Health
Unit, Psychiatric Unit, Southern General
Hospital, 1345 Govan Road, Glasgow
G51 4TF.

Southern General Hospital ,
0141 201 1100
1345 Govan Road,
G51 4TF.

Stobhill Elderly Mental Health Unit,
0141 201 3000
Stobhill Hospital,
G21 3UW.

Stobhill Hospital,
0141 201 3000
133 Balornock Road,
G21 3UW.

Stobhill Hospital (New),
0141 201 3000
133 Balornock Road,
G21 3UW.

Vale of Leven District General Hospital,
01389 754121
Main Street,
G83 0UA.

Victoria Hospital (New),
0141 201 6000
Grange Road,
G42 9LF.

Victoria Infirmary,
0141 201 6000
Langside Road,
G42 9TY.

Western Infirmary,
0141 211 2000
Dumbarton Road,
G11 6NT.

Housing and Homelessness

Where do you go in Glasgow if you are homeless or about to be? Glasgow City Council is responsible for delivering services to those who are homeless or threatened with homelessness. These services are delivered through a network of centres, offices and temporary accommodation options.

Contact Details:

EAST

If you live in: Auchinlea, Baillieston, Barlanark, Bishop's Wood, Bridgeton, Broomhouse, Calton, Camlachie, Carmyle, Carntyne, Cathedral, Craigend, Cranhill, Dalmarnock, Dennistoun, Easterhouse, Fullarton, Garrowhill, Garthamlock, Greenfield, Haghill, Hogganfield, Mount Vernon, Parkhead, Queenslie, Riddrie, Ruchazie, Sandyhills, Shettleston, Springboig, Swinton, Tollcross, Townhead and Wellhouse, contact:

East Community Casework Service, 33 Burnmouth Road, Glasgow G33 4RZ .

Tel: 0141 276 6153

If you live in : Balmore, Balornock, Barmulloch, Blackhill, Petershill, Provanmill, Robrosyton, Royston, Roystonhill, Sighthill, Springburn and Stobhill, contact:

North Community Casework Service, 30 Mansion Street, Possil, Glasgow G22 5SZ.

Tel: 0141 276 6169

NORTH

If you live in: Balmore, Balornock, Barmulloch, Blackhill, Cadder, Colston, Dawsholm, Firhill, Germiston, Gilshochill, Hamiltonhill, Kelvindale, Kelvinside, Keppoch, Maryhill Park, Maryhill, Millerston, Milton, North Kelvinside, Parkhouse, Petershill, Port Dundas, Possil, Possilpark, Provanmill, Robroyston, Royston, Roystonhill, Ruchill, Sighthill, Springburn, Stobhill and Summerston, contact:

North Community Casework Service, 30 Mansion Street, Possil, Glasgow G22 5SZ.

Tel: 0141 276 6169

WEST

If you live in: Anderston, Anniesland, Blairdardie, Blythswood, Broomhill, Broomielaw, Charing Cross, City Centre, Cowcaddens, Dowanhill, Drumchapel, Finnieston, Garnethill, Garscadden, Hillhead, Hyndland, Jordanhill, Kelvingrove, North Knightswood, Partick, Partickhill, Scotstoun, Scotstounhill, St Enoch, Temple, contact:

West Community Casework Service, 20 Dunkenny Square, Drumchapel, Glasgow G15 8NB. Tel: 0141 287 3158

SOUTH EAST

If you live in: Battlefield, Carmunnock, Castlemilk, Cathcart, Croftfoot, Crossmyloof, Dumbreck, Gorbals, Govanhill, Hutchestontown, King's Park, Langside, Laurieston, Mount Florida, Oatlands, Pollokshields, Queen's Park, Shawlands, Simshill, Strathbungo and Toryglen, contact:

South East Community Casework Team, Twomax Building, 187 Old Rutherglen Road, Glasgow G5 0RE. Tel: 0141 276 8201

SOUTH WEST

If you live in: Arden, Bellahouston, Carnwadric, Cessnock, Corkerhill, Craigton, Crookston, Darnley, Deaconsbank, Drumoyne, Govan, Hillington, Hillpark, Ibrox, Kinning Park, Linthouse, Mansewood, Mosspark, Muirend, Newlands, Nitshill, Penilee, Pollok Park, Pollok, Pollokshaws, Priesthill, Shawbridge, Shieldhall, South Cardonald, Southpark Village and Tradeston, contact:

South West Community Casework Service, 27 Brockburn Road, Pollok, Glasgow G53 5BG. Tel: 0141 276 6180

Sector Health, Homelessness and Housing Leads

Each CHP sector has its own lead officer who provides a single information point for health, housing and homelessness issues. This person does not hold a caseload, but works with health and social care, voluntary and housing services to signpost members of the public or workers to get help with these issues.

SOUTH

Jean Stevenson,
Health, Homelessness and Housing
Lead, South Sector,
Glasgow City CHP,
Claremont Centre, 39 Durham Street,
Glasgow G41 1BS.
Tel: 0141 276 5238
Email: jean.stevenson2@ggc.scot.nhs.
uk

NORTH EAST

Janice Mitchell,
Health, Homelessness and Housing
Lead, North East Sector,
Glasgow City CHP,
Building 2, Templeton Business Centre,
62 Templeton Street, Bridgeton,
Glasgow G40 1DA.
Tel: 0141 277 7457
Email: janice.mitchell@ggc.scot.nhs.uk

NORTH WEST

Russell Robertson,
Health, Homelessness and Housing
Lead, North West Sector,
Glasgow City CHP,
Gartnavel Royal Hospital,
Modular Building, 1st Floor,
1055 Great Western Road,
Glasgow G12 0XH.
Tel: 0141 211 3764
Email: russell.robertson@ggc.scot.nhs.
uk

Learning Disabilities

NHS Greater Glasgow & Clyde Tier 4 Learning Disability Services

Healthcare services for people with a learning disability are provided within a tiered healthcare model defined within Promoting Health, Supporting Inclusion 2002.

Tier 4 services exist to provide specialist inpatient and outpatient care and treatment for a group of people who require additional support or expert interventions that cannot be met safely within generic services.

In Patient Services

Across Greater Glasgow & Clyde there are four facilities which deliver care and treatment for Mental Ill Health and associated challenging behaviour and are known as Assessment & Treatment Units. These facilities provide Nursing, Psychiatric, Psychological and Allied Health Professional therapeutic interventions.

Learning Disabilities Inpatient Services provide:

1. Hospital Based Acute Admissions (Claythorn House, Gartnavel Royal Hospital)
2. Community Based Assessment & Treatment (Blythswood House)
3. Longer Stay Services (Waterloo Close & Netherton Units)

Complex Needs Team

The Complex Needs Team is a Tier 4 Service which operates in Greater Glasgow with the aim of providing specialist support to Community Learning Disability Teams with particularly complex cases. This team consists of Nursing, Psychology and Speech & Language Therapy. The focus of this team is to prevent people from going into hospital, provide positive behavioural support as well as advice and training to provider agencies and carers.

Epilepsy Services

This is a Tier 4 service for people with complex learning disability and epilepsy. This team works closely with Primary and Secondary Care as well as Tier 3 Community Teams to provide expert advice and intervention. The team provide 2 community clinics per week and also support a further clinic at the Southern General Hospital once a month..

Out-of-hours Nursing Service

Within Greater Glasgow an Out-of-hours Learning Disability Nursing service provides proactive and reactive support to people with learning disability, their families and carers during evenings and weekends. This team works closely with Tier 3 teams, NHS 24 and other statutory services. This team provides assessment, crisis intervention and supports access to wider NHS and Statutory services. With the exception of In Patient Services all of the above are based within: Clutha House, 120 Cornwall Street, Glasgow .

An extensive review of all learning disability services is underway with the aim of developing and implementing a learning disability strategy and service model that is fit-for-purpose for NHSGGC.

Useful contact names and numbers:

Fiona Roberts – Service Manager 0141 427 8276

Tom Kelly – Service Redesign Manager 0141 232 0030

Community Adult Learning Disability Services

The Glasgow CHP Learning Disability Service provides specialist services to people with a learning disability. These are provided by health and social care staff working together. Referrals to the service will be received to the designated Learning Disability Team bases.

South

10 Ardenraig Place,
Castlemilk,
Glasgow G45 9US.

Tel No: 0141-276-4900

Catchment - G44 4, G44 5, G45, G73

Berryknowes Resource Centre,

14 Hallrue Drive,
Cardonald,
G52 2HH.

Tel No: 0141 276 2300

Fax No: 0141 276 2340

Catchment - Pennilee, Hillington, Drumgoyne,
Shieldhall, Govan and Linthouse, Ibrox,
Cardonald. Pollock, Crookston, Mosspark,
Nitshill, Darnley, Gorbals, Pollokshaws, Maxwell
Park, Cessnock, Kinningpark, Kingston,
Pollokshields, Govanhill, Strathbungo.
Shawlands, Langside

Each team is available to receive referrals
Monday – Friday 9.00 am – 5.00 pm.

In the North West of the city, learning
disabilities' centres are:

Glenkirk Centre, 129 Drumchapel Road,
Glasgow G15 6PX.

Tel No: 0141 232 1340

Fax No: 0141 944 8867

Catchment –Anderston, Anniesland, Blairdardie,
Broomhill, City Centre West, Cowlairs & Port
Dundas, Dowanhill, Drumchapel, Drumry,
Finnieston & Kelvinhaugh, Firhill, Glasgow
Harbour, Hillhead, Hyndland, Kelvindale,
Kelvingrove & University Kelvinside, Jordanhill,
Keppochhill, Knightswood, Maryhill, Milton,
North Kelvin, Partick, Partickhill, Hyndland,
Possilpark, Ruchill, Scotstoun, Summerston,
Victoria Park, Whiteinch, Woodlands,
Woodside, Wyndford, Yoker.

North East

Learning Disability Services,
Stobhill Hospital,
CHP Offices,

300 Balgrayhill Road,
Glasgow G21 3UR.

Tel: 0141 201 4109

Fax: 0141 201 3181

Catchment - Alexandra Parade, Auchinlee,
Baillieston, Bargeddie, Barlanark, Barmulloch,
Barrachnie, Barrowfield, Bellgrove, Bishop's
Wood, Blackhill, Blochairn, Bridgeton,
Broomhouse, City Centre East, Calton,
Camlachie, Cardowan, Carntyne, Carmyle,
Cathedral, Chryston, City Centre East, Colston,
Craigend, Craigend Muir, Cranhill, Dalmarnock,
Dennistoun, Easterhouse, Fullarton,
Gallowgate, Garrowhill, Garthamlock, Gartloch,
Germiston, Greenfield, Haghill, Hogganfield,
Millerston, Moodiesburn, Mount Vernon,
Muirhead, Old Shettleston, Parkhead, Petershill,
Provanmill, Queenslie, Riddrie, Robroyston,
Royston, Roystonhill, Ruchazie, Sandyhills,
Sighthill, Springburn, Springboig, Stobhill,
Swinton, Tollcross, Wellhouse.

The Learning Disability Out-of-Hours
Service can be contacted on :
07768868 (857)

and NHS 24 08454 242424

Social Work Standby: 0800 811 505

Mental Health

NORTH EAST

North East Glasgow Primary Care Mental Health Team

This service provides help for people aged 18 years onwards who are experiencing common mental health problems such as depression, anxiety, stress etc. It is important to note that there is no upper age limit for this service.

You can be referred by your GP or you can self refer by calling: 0141 342 3200. This service is available Mon - Fri, 9am - 5pm excluding public holidays.

The North East Primary Care Mental Health Team is based at Carswell House, 5 Oakley Terrace, Dennistoun, Glasgow, G31 2HX and we also use rooms at Springburn HC, Easterhouse HC and Bridgeton HC. We work closely with other agencies such as Lifelink and Carr Gomm services.

North East Community Mental Health Teams

Community Mental Health Teams (CMHTs) consist of Psychiatrists, Community Psychiatric Nurses, Social Workers, Occupational Therapists and Clinical Psychologists. These Team work with people who have severe and/or complex Mental Health disorders/illness.

The Community Mental Health Teams accepts referrals from GPs and other health or social care professionals for people aged 18yrs to 64yrs. If you have been referred by someone other than your GP, we will normally contact your GP to inform them of the referral and will normally share information regarding your care and treatment with your GP.

We have four CMHTs within North East - all are open Mon - Fri, 9am - 5pm excluding public holidays.

Anvil Centre, 81 Salamanca Street, Parkhead, Glasgow G31 5BA

Tel: 0141 211 8480

Arran Centre, 121 Orr Street, Bridgeton, Glasgow G40 2BJ.

Tel: 0141 232 1200

Auchinlea Centre, 11 Auchinlea Road, Easterhouse, Glasgow G34 9HQ.

Tel: 0141 232 7200

Springpark Centre, 101 Denmark Street, Possil, Glasgow G22 5EU

Tel: 0141 211 7000 Fax: 0141 211 7055

North East Area Crisis Team

This Team covers all of North East Area and the purpose of this service is to intensively support people at home to provide an alternative to hospital admissions. This Team will also provide rapid home support to people who have been discharged from hospital.

Access to this service is usually by the local CMHT/Hospital or out of hours GP

service.

This service operates Mon - Fri , 9am - 8pm and Saturday/Sunday/Public Holidays 9am - 5pm.

Mental health services out-of-hours - 0845 650 1730

This service provides a mental health assessment service, crisis response and telephone interventions/advice for all of Greater Glasgow, Renfrewshire and West Dunbartonshire.

Open 7.30 pm till 9.30 am Mon – Fri and 4.30 pm till 9.30 am weekends and public holidays - Tel: 0845 650 1730

Access to this service is via 0845 650 1730 or out of hours GP service or NHS 24

Positive Mental Attitudes,

Positive Mental Attitudes (PMA) is a mental health awareness and anti-stigma programme within Glasgow City CHP's North East Sector Health Improvement Team. PMA works to reduce inequalities and improve mental health via a range of innovative partnership projects.

Contact: PMA, Eastbank Health Improvement Centre, 22 Academy Street, Shettleston, Glasgow G32 9AA. Tel: 0141 232 0170/0165

Older People's Mental Health

Parkview Resource Centre,
152 Wellshot Road, Shettleston,
Glasgow G32 7AX.
Tel: 0141 303 8800
Fax: 0141 303 8811

Belmont Centre,
Stobhill Hospital,
300 Balgrayhill Road, G21 3UR.
Tel: 0141 232 6660
Fax: 0141 232 6677

Parkview covers the following postcodes: G1.0, G2.0, G3.6, G4.0, G31.1, G31.2, G31.3 G32.6, G33.2 G33.3 G33.5 G34.9 G34.0 G40.1 G40.2 G31.4 G31.5 G32.7 G32.8 G32.9 G32.0 G33.4 G40.3 G40.4 G69.9 G69.7 G71.7

Belmont covers the following postcodes: G4, G20 (part of) G21 - Springburn, Barmulloch, Balornock, Sighthill, G22 - Milton, Parkhouse, hamiltonhill, Lambhill, Possilpark, G23 - Cadder, G33 (part of).

The team provides care for people who have one of the following types of illness: dementia or memory loss; clinical depression, extreme stress or anxiety; obsessions or phobias; or mental health problems which seriously affect daily living. The service is for people over 65, but the team see people of any age suffering from memory loss or dementia. Patients can be referred by a GP, Social Worker or District Nurse. Relatives or carers may also contact the service directly.

NORTH WEST

A wide range of health and social care services are available for people with mental health problems, their families and carers. There are local teams providing mental health and well-being support in North West Glasgow. There is also a Glasgow-wide Crisis out-of-hours service - phone 0845 650 1730.

Community Mental Health Teams

Arndale Resource Centre,
80-90 Kinfauns Drive,
Glasgow,
G15 7TS.

Tel: 0141 211 6184

Fax: 0141 211 6185

The centre provides services for people aged 18-65 who have experience of a mental health illness or have a mental health disorder. This service is available to people living in the G15, G13, G61, G62 and G63(9) postcode areas.

Riverside Community Mental Health Team,
547 Dumbarton Road,
Glasgow G11 6HU.

Tel:

Fax:

The Riverside Community Mental Health Team provide assessment and treatment for people with severe mental health symptoms. This service is available to people living in the postcode areas: G11, G12 and G14.

Shawpark Resource Centre,
41 Shawpark Street,
Glasgow G20 9DR.
Tel: 0141 531 8770

Shawpark Resource Centre is a Community Mental Health Team including psychiatrists, psychology, social work, nursing, occupational therapists. The service provides help for people with severe and or enduring mental health difficulties. Referrals are primarily from GP covering post codes of :G20.0,G20.6,g20.7,G20.8, g20.9, G23.5, G3.6, G3.7 G3.8 G4.9.

Opening times CMHT 9am - 5pm

CRISIS Team 9am - 8pm, Public holidays and weekends 9am - 5pm

Primary Care Mental Health Team

North West Glasgow Primary Care Mental Health Team,
The Sandy Road Centre,
12 Sandy Road,
Glasgow G11 6HE.

Tel: 0141 232 9270

The Team provides help for people with common mental health problems such as depression, anxiety, stress etc . The service offers a range of different kinds of time-limited help, including providing self-help materials, courses and groups, and one-to-one psychological therapies. You can self-refer by contacting 0141 232 9270.

Older People's Mental Health Teams

The Centre for Health in Partick,
547 Dumbarton Road,
Partick,
Glasgow G11 6HU.

Tel:0141 232 9240 / 0141 201 7225.

This is where the team covering the West End is based.

Glenkirk Resource Centre,
129 Drumchapel Road,
G15 6PX.

Tel: 0141 232 1300

Fax: 0141 944 8867

SOUTH

South Sector's Community Mental Health Teams provide care and treatment for adults with moderate to severe mental health problems and advice and support for service users and their carers.

The Community Mental Health Service accepts referrals from GPs and other health or social care professionals. If you have been referred by someone other than your

GP, we will normally contact your GP to inform them of the referral and will normally share information regarding your care and treatment with your GP.

The teams:

Rossdale Resource Centre,
12 Haughburn Road (off Peat Road),
Pollok,
Glasgow G53 6AB.
Tel: 0141 232 4750

Waterside Team,
c/o Rossdale Resource Team,
12 Haughburn Road, Pollok,
Glasgow G53 6AB.
Tel: 0141 232 4750

Brand Street Resource Centre,
Unit G7&G8, Festival Business Centre, 150 Brand Street,
Glasgow G51 1DH.
Tel: 0141 303 8900

Florence Street Resource Centre,
26 Florence Street, Gorbals,
Glasgow G5 0YZ.
Tel: 0141 232 7000

The Stewart Centre,
5 Ardencraig Road,
Castlemilk,
Glasgow G45 0EQ.
Tel: 0141 634 5430

South Older People's Mental Health Services

Elderpark Clinic,
20 Arklet Road,
Glasgow G51 3XR.
Tel: 0141 232 7100

Langton Road,
130 Langton Road,
Glasgow G53 5DP.
Tel: 0141 276 2900

Shawmill Resource Centre,
Pollokshaws Clinic,
35 Wellgreen, Pollokshaws.

MENTAL HEALTH - OTHER SERVICES AND ORGANISATIONS

Crisis Service

This service provides an alternative option to hospital care and provides rapid support and follow-up care to people who are discharged from hospital. Access to Mental Health Crisis services is via local Community Mental Health Teams within Glasgow City. Times: Mon - Fri 9am - 8pm, Sat/Sun/Public Hols - 9am - 5pm.

Forensic Service

The Forensic Directorate of Mental Health and Learning Disabilities (DFMH&LDS) provides services to the NHS Greater Glasgow and Clyde area. There are also regional and national services within our medium secure unit at Rowanbank Clinic, forming a key component of the Scottish forensic estate.

Our multi-disciplinary forensic teams include forensic psychiatrists, forensic clinical psychologists, occupational therapists, dietician, speech and language therapists and nursing staff.

The services are configured as follows:

1. Medium Security - medium secure inpatient services are based at the Rowanbank Clinic, Stobhill Hospital.
2. Low Security - low secure inpatient services for NHS Greater Glasgow & Clyde are based at Leverndale Hospital.
3. Forensic Community services - there are 2 Forensic Community Mental Health Teams: Greater Glasgow FCMHT based at Clutha House and the Douglas Inch Centre, Glasgow, Clyde FCMHT based at Blythswood House, Renfrew.
4. Forensic Learning Disability services - both medium and low secure learning disability beds are as noted above. In terms of community forensic learning disability services, 2 teams led by one consultant cover the Greater Glasgow and Clyde area for those patients who require ongoing forensic input (including Restricted patients).
5. Forensic Liaison services - the Forensic Directorate provides consultant forensic psychiatrist sessions to four prisons (HMP Barlinnie, HMP Greenock, HMP Corntonvale, HMP Low Moss) and the service provides cover within two court diversion schemes.

Useful contact names and numbers for the service are:

Fiona McNeill - Specialist General Manager 0141 232 6452
Martin Culshaw – Clinical Director 0141 232 6449
Jane Cairney – Directorate Lead Nurse/ Operational Manager 0141 232 6449
Ruth Stocks – Head Of Psychology 0141 211 8000
Cheryl McMorris – Head Occupational Therapist 0141 232 6405
Mark Gillespie - Nurse Consultant 0141 232 6453
Shona Hendry – Community Services Manager 0141 427 8378
James Meade – Lead Nurse Rowanbank (Medium Secure) 0141 232 6405
Adrian Leitch – Lead Nurse Leverndale (low secure) 0141 211 1382
Denise McKerracher – Directorate Administrator 0141 211 6656
Stephen Smith - Operational Safety Coordinator 0141 232 6409

Eating Disorders

Community Eating Disorder Service (City-wide),
26 Florence Street, Glasgow, G5 0YX (tel: 0141 232 7055).

Children and Young People's Mental Health Services

See page 15 about Specialist Children's Services which are based at Templeton On The Green in Bridgeton, tel: 0141 277 7475. More information on our services can be found here: www.nhsggc.org.uk/content/default.asp?page=home_cypss

Perinatal Mental Health Service

The Perinatal Mental Health Service (PMHS) provides assessment and management for women with mental illness who are pregnant or within a year of childbirth. It also sees women with pre-existing severe mental illness for pre-pregnancy counselling. PMHS will accept referrals directly from Primary Care, Maternity Services and other mental health specialties. The service is based at the Maternity Unit, Southern General Hospital but will move to Leverndale Hospital early in 2014.

Contact: 0141 232 7635 (fax: 0141 232 7636). For more information, contact Dr Roch Cantwell, Consultant Perinatal Psychiatrist on 0141 232 7637 or Clare Haughey, Clinical Nurse Manager on 0141 232 7635.

Greater Glasgow & Clyde (GGC) Trauma Service

GGC Trauma Service consists of three teams offering psychological assessment and treatment for people who have mental health difficulties following traumatic events. All teams also offer consultation, advice and training to staff.

The Trauma and Homelessness Team : is a city-wide service for people who have mental health difficulties following traumatic events and who are homeless/ are at risk of homelessness.

Sexual Abuse / Assault (SAA) Clinic :Covers the North of the city and offers psychological assessment and treatment for people who have difficulties relating to sexual abuse or sexual assault

COMPASS: is a city -wide service for asylum seekers and refugees who have mental health problems following traumatic events

For further information please contact: Dr Lisa Reynolds: Head of NHSGGC Trauma Service/Team Lead Trauma and Homelessness Team 0141 232 0114
Dr Jo McColl : Consultant Clinical Psychologist SAAC 0141 531 3232
Rachel Morley: Consultant Clinical Psychologist COMPASS 0141 630 4985

Lifelink

Lifelink provides services to adults and young people in communities and secondary schools across Glasgow City. For information in relation to Lifelink Youth services, see directory section on Young People.

Lifelink Adult provides a comprehensive range of community based stress services on a one to one, group and training basis for adults aged 16 years and over who are resident in Glasgow City.

For individuals struggling to cope with every day stress/ anxiety and/or depression, with personal and/or social problems that are causing high stress levels e.g. addictions, debt, bereavement, relationships and/or having thoughts of suicide or self harm, Lifelink provides one to one counselling, stress management and group courses that are tailored to meet individual need influenced by people's goals at the time. Our services are provided by counsellor and bodywork practitioners, CBT therapists and specialist trainers.

Lifelink Stress Management courses are held regularly at venues in communities across Glasgow to support people to understand what stress is, how it affects their physical/mental/emotional health and wellbeing and introduce participants to new coping strategies and effective ways of managing stress.

Access into Lifelink Adult's one to one and group services is by self referral or by referral by GPs, Health Practitioners, and/or other statutory/ voluntary sector service providers. No referral is required for our 4 week stress management courses.

For more information or to make a referral, call Lifelink on 0141 552 4434, go to: www.lifelink.org.uk or email info@lifelink.org.uk or Lifelink Head Office, Unit E3145 Charles Street, Glasgow, G2 2QA

Allander Surgery, 191 Denmark St, Possilpark, Glasgow, G22 5SS.

Lifelink Centre, Unit E10, 145 Charles Street, Royston, G21 2QA.

Lifelink Centre, Pollok Civic Realm, 127 Cowglen Rd, Glasgow, G53 6EW.

Possil Health Centre, 85 Denmark St, Glasgow .

Crownpoint Sports Park, 183 Crownpoint Rd, Glasgow, G40 2AL.

The Pearce Institute, Second floor (lift), 840-860 Govan Rd, Glasgow, G51 3UU.

Maryhill Health Centre, 41 Shawpark St, Glasgow, G20 9DR.

Springburn Health Centre, 200 Springburn Way Glasgow, G21 1TR.

Gorbals Health Centre, 45 Pine Place, Glasgow, G5 0BQ.

Maryhill Housing Association, 45 Garrioch Road, Glasgow, G20 8RG.

Barlanark Community Centre, 33 Burnmouth Road, Glasgow, G33 4RZ.

Cassiltoun Housing Association (The Stables), 59 Machrie Drive, Glasgow G45 0AZ

Drumchapel Health Centre, 80-90 Kinfauns Dr, G15 7TS.

Easterhouse Health Centre, 9 Auchinlea Rd G34 9HQ.

Whiteinch Centre, Northinch Court, Ground Floor, Whiteinch, G14 0UG.

The Sandy Road Centre, 12 Sandy Road, Partick, G11 6HE.

Work Development

Work Development offers support for patients with mental ill health

who are Looking for support to navigate the Employability Pathway via:

- Meaningful Activity such as Literacy and numeracy tuition, Introduction to computer classes through the library learning hubs, leisure classes, book groups,
- accessing Carr Gomm and other support services for structured activity,
- Graded Exposure,
- accessing club houses such as Flourish House and Scotia,
- Preshal Trust and Gal Gael;
- Voluntary work ;
- in work support (including those who are on sick leave)
- help to speak with HR and line managers regarding
- phased return to work and to re-establish contact with work
- support to engage with mainstream employability services (Glasgow Regeneration Agency, Job Centre Plus, specialist support provision through Remploy and other contracted services such as Working Links Ingeus and SAMH help to access services through other means (eg CAB, Law Centres etc)

All clients referred to the Work Development Service must be on the caseload of one of the following Mental Health Teams:- Waterside, Florence Street, Stewart Centre) or ESTEEM. Referrals can be made by Medical, Nursing, Occupational Therapy, Psychology and Social Work Staff. (Please note that Social Work clients being referred must ALSO be on the caseload of a HEALTH Team Member).

For more information, contact:

- Louise Caldwell, Work Development Coordinator, Rossdale Resource Centre, 12 Haughburn Road (off Peat Road), Pollok, Glasgow G53 6AB. (tel: 0141 232 4750 or email: louise.caldwell@ggc.scot.nhs.uk)
- Deborah McGregor, Mental Health Work Coordinator, The Stewart Centre, 5 Arden Craig Road, Castlemilk G45 0EQ (tel: 0141 634 5430 or deborah.mcgregor@ggc.scot.nhs.uk)
- Rosemount Lifelong Learning, 221 Milburn Street, Royston, Glasgow G21 2HL (tel: 0141 552 3090)

Mental Health and Employability Services

Employability has been a core activity of the Mental Health Services for several years and NHS GGC and Glasgow City Social Work Services fund a range of mental health and employability services. Their aim is to promote recovery and increase access to employability opportunities for people with mental health illness. Services include:

- **Structured day activity and recovery:** Restart North Glasgow, 21-29 Hathaway Street, Glasgow G20 8TD (tel: 0141 945 0563)
- **Structured day activity and recovery:** Restart South Glasgow, 23 Acorn Street,

Glasgow G40 4DN (tel: 0141 556 4789)

- **Structured day activity and recovery:** Common Wheel, 53 Chapel Street, Maryhill, Glasgow G20 9BD (tel: 0141 211 0668)
- **Arts and Wellbeing:** The Coach House Trust, 84 Belmont Lane, Kelvinbridge, Glasgow G12 8EN (tel: 0141 334 6888)
- **Recovery Cafe:** The Charlie Reid Centre, 19 Elmbank Street, Glasgow (tel: 0141 248 9248)
- **Environmental and Greenspace:** The Wise Group, Larchgrove, 1212 Edinburgh Road, Glasgow G33 4E (tel: 07904 561709)
- **Clubhouse Model:** Flourish House, 23-25 Ashley Street, Glasgow G3 6DR (tel: 0141 333 0099)
- **Individual Placement and Support (IPS) Supported Employment:** SAMH, Brunswick hosue, 51 Wilson Street, Glasgow G1 1UZ (tel: 0141 530 1093)
- **Peer Support and Employability:** GAMH/Community Renewal, St Andrews by the Green, 33 Turnbull Street, Glasgow G1 5PR (tel: 0141 552 5592).

Pathways (for people living in the southwest of the city)

Pathways is for anyone living in south-west Glasgow who is aged 16 and above who is experiencing common mental health problems. These will commonly be less severe (or 'mild to moderate') mental illnesses including stress, anxiety, depression and adjustment disorders.

The team is made up of Psychologists, Counsellors and Cognitive Behavioural Therapists, and access to their services can be arranged through your GP or by contacting the team directly: Pathways Team, Pollokshaws Clinic, 35 Wellgreen, Pollokshaws, Glasgow G43 1RR, Tel: 0141 577 7729. Open Monday to Friday 9am – 5pm. <http://www.nhsggc.org.uk/content/default.asp?page=s1397>

Esteem

This service is for young people between the ages of 16-35 who are experiencing a first episode of psychosis.

Esteem aims to make access to help easier, avoid hospital admission whenever possible, support the young person and their family in the community and provide education in the recognition of psychosis to all professionals who have contact with young people.

We have an open referral system and also see young people and their families in their own homes or in other non stigmatising community settings whenever possible.

We hope to be as inclusive as possible and welcome referrals of people 16 - 35 with first time psychosis, (including drug induced psychosis). Referrals can be made by your GP, Community Mental Health Teams, Primary Care Mental Health Teams, and voluntary organisations.

STEPS

STEPS is the NHS primary care mental health team in South East Glasgow. The STEPS team offer a range of free services to people over the age of 16 with common mental health problems such as anxiety and depression.

They have a great website that will tell you all about common stress problems and give you some ideas on how best to tackle them: www.glasgowsteps.com

Psychotherapy

The psychotherapy services across Greater Glasgow and Clyde accept referrals from community mental health teams, other specialist teams, general practitioners and primary care mental health teams. The priority is the provision of a service for patients with complex and enduring problems. The services offer assessments, psychodynamically based therapies, consultations regarding patients with professional colleagues, supporting reflective practice, teaching and training, supervision for psychodynamic therapies and other collaborative work.

North East

Carswell House Psychotherapy Service
Carswell House
5 Oakley Terrace
Glasgow G31 2HX
Tel: 0141 232 0100

Stobhill Psychotherapy Clinic
Stobhill Hospital
133 Balornock Road
Glasgow G21 3UW
Tel: 0141 531 3150

North West

Lansdowne Psychotherapy Clinic
Community Centre for Health
547 Dumbarton Road
Glasgow G11 6HU
Tel: 0141 232 9208
0141 232 9213

South

South Glasgow Psychotherapy Service
Administration Building
Leverndale Hospital, 510 Crookston Road
Glasgow G53 7TU
Tel: 0141 211 6690
0141 211 6680

South Clyde

South Clyde Psychotherapy Service
Hollybush
Dykebar Hospital
Paisley PA2 7DE
Tel: 0141 314 4287

City-wide

Personality Disorder and Homelessness
Team
Carswell House, 5/6 Oakley Terrace
Glasgow G31 2HX
Tel: 0141 232 0114 /Fax: 0141 232 0131

Money Advice

For welfare rights and debt advice, go to: www.glasgow.gov.uk/en/residents/gettingadvice/welfarerights/

See also Glasgow's Advice and Information Network (GAIN): www.gain4u.org.uk
Helpline: **0808 801 1011** Mon-Fri 10am to 8pm and Saturday 10am to 2pm. Calls are free from land-lines and some mobile numbers.

Citizen's Advice Scotland: www.cas.org.uk

Nursing

District Nursing

The District Nursing Service in Greater Glasgow & Clyde aims to provide an accessible and appropriate, high quality, culturally sensitive and effective nursing service to all age groups in the community by working in partnerships with service users, care providers and other agencies.

We promote a coordinated approach to hospital discharge (ie we work closely with our colleagues in our hospitals and, when appropriate, Social Work staff) that ensures patients receive a seamless service, which should lead to a better outcome for them. Primarily this service is provided to housebound patients.

The District Nursing Service triage (prioritise) referrals and, where appropriate, patients are given assessment where their needs are identified and we provide care to meet them.

The assessment may result in the following:

- District Nurses providing treatment and medication
- we will give specialist advice, and diagnosis and treat a range of conditions including leg ulcers
- we give patients and carers information and advice on their condition
- we manage and treat wounds
- we help patients manage bowel and bladder problems
- we provide palliative care (mainly care for patients who are coming to the end of their lives due to their illness)
- we manage and support patients with chronic degenerative conditions such as Multiple Sclerosis
- we help rehabilitate patients (ie get them back on their feet or living as normally as possible) following surgery, disability, accident or illness
- we teach patients how to care for their own conditions, which helps them manage their own needs
- we help patients and carers to improve their health and wellbeing within the limitations of the patient's illness

Physiotherapy

North East Area

Physiotherapy (self referral) is available by calling the patient booking line: 0141 277 7496, manned Monday to Friday from 9am - 4.30pm. If you require a home visit (for housebound patients only) from a physiotherapist, please ask your GP to refer you to the North East Rehabilitation Service or telephone 0141 201 3210.

North West Glasgow

In the North West, musculoskeletal (MSK) physiotherapists are based at Drumchapel Health Centre, Maryhill Health Centre, Possilpark Health Centre, Woodside Health Centre and the Centre for Health & Care, Partick. There are also physiotherapy departments in the Western Infirmary and Gartnavel General Hospital

Patients can now refer themselves to Physiotherapy. You can telephone or drop in at specific times and speak to a Physiotherapist about your problem. Please contact your GP for contact details of your local physiotherapist. Your GP can send a referral electronically instead, if you'd prefer.

Podiatry (foot care)

Podiatry is the management of the foot and lower limb. It is a needs-based, medical service offering care to those who have a specific podiatry or medical condition. Podiatrists will not treat simple foot problems, such as toe nail cutting, unless your assessment indicates you are an "At Risk Patient".

Patients can self-refer by registering with the Greater Glasgow call centre on 0141 636 8421. You may also be referred to a podiatrist by your GP.

Respiratory

The Community Respiratory Team is a multi-disciplinary team based within the North West of Glasgow. We support people with Chronic Obstructive Pulmonary Disease (COPD) through exacerbations of their condition to help prevent hospital admissions. We also support people who have been discharged from hospital and work with patients to improve their functional ability at home (ie help them to live better with their condition). We support patients

to manage their condition with methods such as using an inhaler, medication, pacing, breathlessness management, airways clearance, home exercise programme, anxiety management and equipment provision. The service includes: physiotherapy, occupational therapy, pharmacy, and a support worker. For enquiries and referrals, please contact 07896 934011 (8.30am-4.30pm Monday to Friday).

Rehabilitation Services

The Glasgow City Rehabilitation Service delivers local community rehabilitation to meet the health needs of all older people and adults with physical disability.

The interdisciplinary team provides a fully co-ordinated comprehensive assessment within the hospital or community setting, with treatment plans delivered in the patients home ,to maximise health gain and independence within their own surroundings.

In addition, the Rehabilitation Service are able to provide Accident and Emergency Departments and GPs with a one hour response to offer alternatives to hospital admission where appropriate for the patient.

Interdisciplinary intervention may comprise of all or any combination of the following in response to identified needs :

Dietetics	General and Psychiatric Nursing
Occupational Therapy	Physiotherapy
Speech and Language therapy	Clinical Psychology
Clinical Pharmacy	Podiatry
Medical	Rehabilitation Assistant

The services are divided into the three sectors of the CHP and for more information you can contact them at the following Single Point of Access phone numbers, 9am–5pm Monday to Friday:

North East Sector 0141 201 3210

North West Sector 0141 201 7205

South Sector 0141 232 7174

Sexual Health

Sandyford provides a range of services relating to sexual health across the city. Contact: 2-6 Sandyford Place, Sauchiehall Street, Glasgow, G3 7NB (Tel: 0141 211 8130; Email: GG-UHB.sandyfordweb@nhs.net; Web: www.sandyford.org).

Sandyford Central,
2/6 Sandyford Place,
Glasgow,
G3 7NB.
Tel: 0141 211 8130

Sandyford Drumchapel,
Drumchapel Health Centre,
80 - 90 Kinfauns Drive,
Glasgow,
G15 7TS.
Tel: 0141 211 8130

Sandyford East Glasgow,
Parkhead Health Centre,
101 Salamanca Street,
Glasgow,
G31 5BA.
Tel: 0141 232 7413

Sandyford Easterhouse,
Easterhouse Health Centre,
9 Auchinlea Road,
Glasgow,
G34 9HQ.
Tel: 0141 211 8130

Sandyford North Glasgow,
Springburn Health Centre,
200 Springburn Way,
Glasgow,
G21 1TR.
Tel: 0141 531 6703

Sandyford South East Glasgow,
Govanhill Health Centre,
Community Wing,
233 Calder Street,
Glasgow,
G42 7DR.
Tel: 0141 531 8349

Sandyford South West Glasgow,
Pollok Health Centre,
21 Cowglen Road,
Glasgow,
G53 3EQ.
Tel: 0141 531 6807

Sandyford Castlemilk,
Castlemilk Health Centre,
71 Dougrie Drive,
Glasgow,
G45 9AW.
Tel: 0141 531 8540

The Place for Young People,
at Sandyford Central,
2/6 Sandyford Place,
Glasgow,
G3 7NB.
Tel: 0141 211 8130

The Steve Retson Project,
Sandyford Central, 2-6 Sandyford Place,
Glasgow,
G3 7NB.
Tel: 0141 211 8628

Free Condoms

Free Condoms are available from more than 200 venues across the NHS Greater Glasgow and Clyde area. For further information on the service please contact: Free Condoms, Health Improvement Team – Sexual Health, Rom 1:13, Ground Floor, West House, Gartnavel Royal Hospital, 1055 Great Western Road, Glasgow G12 0XH (tel: 0141 211 3993/3994, email: freecondoms@ggc.scot.nhs.uk). Or check our web-site to find your nearest Free Condoms distributor: www.freecondomsglasgowandclyde.org/

Rape and Sexual Assault

Archway gives sensitive support , physical examination and counselling for anyone over the age of 13 who has been raped or sexually assaulted. This service is only available if sexual assault or rape happened in past 7 days.

Archway contact details are:

6 Sandyford Place,

Glasgow G3 7NB.

Tel: 0141 211 8175

Email: archway@ggc.scot.nhs.uk

web: www.sandyford.org

Rape Crisis Centre, Glasgow: 08088 00 00 14

Stop Smoking

If you're keen to quit smoking, why not contact our Smokefree Services who can offer advice, one-to-one counselling or local Stop Smoking Groups? The groups are free, meet once a week for seven weeks with each session lasting for about one hour. Some areas also offer drop-in sessions. For more information:

South - 0800 028 5208

North East - 0141 201 9832

North West - 0141 232 2110

You can also access 'Stop Smoking' services at your local Pharmacy.

For more information on any of our SmokeFree Services, go to:

www.nhsggcsmokefree.org.uk

The Butt Out service is also offered to younger smokers to help them quit or to find out how tobacco can affect their health. Each area can offer support in slightly different ways. For more details contact your local SmokeFree service at the numbers above.

Transport

Evening Visitor Transport Service

Visiting loved ones in hospital is not always easy, particularly for older people, people living with a disability or those on low income. That's where the **Hospital Evening Visitor Transport Service** comes in. Set up to provide transport for people visiting patients in hospital, the service will pick you up from home, take you to the hospital and take you home again later.

Who can use it? - The service is available to anyone who lives within Glasgow City, Cambuslang/Rutherglen, East Dunbartonshire or Renfrewshire. Priority will always be given to visitors wishing to travel to their nearest hospital, to older people (over 60), individuals registered disabled or those on a low income.

How to Book - To book transport to your nearest hospital, contact the booking hotline: **0845 128 4027**. Lines are open 1-4pm (Mon-Thurs) and 1-3.30pm (Friday). For transport to destinations other than your nearest hospital please call the booking hotline after 3pm.

When you call you will need to register. You will be asked for information to help us make sure that people who really need the service are given priority. All information will be treated in the strictest confidence and in compliance with the Data Protection Act. You will need to tell us where you live, which hospital you wish to visit and what time visiting begins and ends. Your pick up will be confirmed over the telephone. You will be collected as near as possible to your front door. Provided you are visiting your local hospital you can book transport up to one week in advance.

Volunteering

If you're interested in volunteering within Glasgow City CHP, please contact:

Sandra Duff, Volunteer Co ordinator,
Health Improvement Team,
North West Sector,
West House,
Gartnavel Royal Hospital Campus,
1055 Great Western Road,
Glasgow G12 0XH.

Tel: 0141 232 2106

Email: Sandra.Duff2@ggc.scot.nhs.uk

Young People

We have a range of services specifically for young people...

South Glasgow

Do you need advice/support on Relationships, Alcohol, Stress, Skin Care, Bullying, Drugs, Help to Stop Smoking? We can arrange for you to speak to someone confidentially if you need someone to talk to.

We offer alternative therapies on a drop-in basis, so why not come along for a hand/head massage, and info on skincare from our therapist? We also have a nurse who can speak to you and give advice around a wide range of health topics.

The Youth Health Service is open to all young people - male and female. You don't need an appointment and you can bring a friend along. The atmosphere is friendly and relaxed, and it's confidential.

We are open Monday's 6 - 8pm at **Pollok** Health Centre, 21 Cowglen Road, Pollok, G53 (tel: 0141 232 8091). We are also at **Castlemilk** Health Centre, Dougrie Drive, Castlemilk on Thursdays 3-5pm.

North West

YHS @ Possilpark,
7 Closeburn Street,
Glasgow G22 5JZ.
Wednesday evenings 6.30 - 9.00 pm

Youth Health Service,
Maryhill Health Centre,
41 Shawpark Street,
Glasgow G20 9DR.
Tel: 0141 531 8718
Thursday evenings 6.30 - 9.30 pm
Website: www.yhs-ng.co.uk

The service operates on a drop-in basis for young people aged 12-19 ONLY. See a doctor or a nurse without an appointment, with a friend if that's easier. Access physical activity opportunities with the help of a fitness instructor. Take part in workshops about issues young people have concerns about eg: cyber-bullying, vandalism, internet safety and looking good. Talk to a Counsellor about problems like family break-up, anger management, loss or addiction problems (smoking or binge drinking). Chat to Youth Workers about what's on in the area or just chill out. Have support to stop smoking.

North East

H4U Youth Health - H4U Youth Health works in partnership with existing youth organisations in North East Glasgow to help improve their health improvement

focus. For further details, please contact Jennifer Johnstone, Easterhouse Health Centre, 9 Auchinlea Road, Easterhouse, Glasgow, G34 9QU, phone 0141 232 7213.

Listening Ear is a counselling service for 10-19 year olds who live, work or are educated in East Glasgow. We provide a relaxed, friendly atmosphere in our venues, all over East Glasgow. This means you choose where we see you. You can call us yourself or a concerned adult can call on your behalf. This may be a parent/ carer, older sibling, member of the family, friend, youth worker, pastoral care teacher, doctor. All we would ask is that they have discussed this with you beforehand. When you call you only need to give us contact details. Contact address is: 90 Kerr Street , Bridgeton, Glasgow G40 2QP. Tel: 0141 531 3390.

The NHS also runs clinics especially for young people. Known as The Place, the clinics are part of the Sandyford and there you can get information, advice and support on a range of subjects including puberty, emotional health, sexually transmitted diseases, sex and drugs/alcohol, and much more: www.sandyford.org

Eating Disorders

Connect-Eating Disorders is a multi-disciplinary team, who aim to support and provide the most evidence based interventions for full recovery for all children and young people (up to 18 years old) who are being treated for eating disorders in Child and Adolescent Mental Health Services within Greater Glasgow and Clyde. The team act as a resource to Child and Adolescent Mental Health Services, support patient carer involvement, provide and co-ordinate training, consult, deliver programmes and support and evaluate service development. Click on the link to the website for more information about eating disorders in children and young people and how to get help: www.nhsggc.org.uk/scs

Other useful websites...

Young Booze Busters: www.youngbozebusters.com

Drink Smarter: www.drinksmafter.org/sensible-drinking-and-you/alcohol-and-young-people

Know the Score: <http://knowthescore.info/>

Child Protection: www.glasgowchildprotection.org.uk

Glasgow City Council, Looked After Young People: www.glasgow.gov.uk/en/Residents/Care_Support/Youngpeople/Young+People+looked+after.htm

Young Carers: www.glasgow.gov.uk/en/Residents/Care_Support/Carers/
www.chps.org.uk/content/default.asp?page=s619_9

Young Scot: www.youngscot.org

Glasgow Life: www.glasgowlife.org.uk/young-glasgow/Pages/home.aspx

Young Person's Befriending Service: www.volunteerglasgow.org/projects/ypbs/Youthpoint
Glasgow: www.aberlour.org.uk/youthpointglasgow.aspx
Homeless UK: www.homelessuk.org/details.asp?id=UK17446

Lifelink Youth

Lifelink Youth's main aim is to support the empowerment and improve the mental health of young people mainly aged 11-18, through early intervention and prevention programmes and also longer term support work to build emotional resilience and reduce risk(s) that might lead to mental ill health. One to one counselling/ life-coaching support and emotional literacy groupwork programmes are provided in partnership with secondary schools and statutory and voluntary sector providers across Glasgow City.

In North West Glasgow, at Maryhill and Possilpark Youth Health Service, we offer a weekly counselling/ life-coaching service for young people and/or their parents/carers.

Young people may self refer into Lifelink Youth's services, and/or be supported into our services by referral from our service delivery partners, such as schools, GP's, health practitioners and other statutory and voluntary sector service providers.

For more information about Lifelink Youth's services and/or to make a referral, call Lifelink on 0141 552 4434, email info@lifelink.org.uk, visit Lifelink's website at www.lifelink.org.uk.

Lifelink Head Office,
Unit E3
145 Charles Street,
Glasgow,
G21 2QA

Public Partnership Forum

Are you interested in getting involved in your local health services? Then the Glasgow City CHP Public Partnership Forums (PPF) may be for you.

The PPF is a broad network of people interested in health and social care services within Glasgow, and there are three PPFs linked to the three management sectors of the CHP (North West, North East and South Sectors). The PPF acts as a way of linking patients, service users, carers and the wider public with what is going on in Glasgow City Community Health Partnership (GCCHP).

Who can become a member of the PPF? If you live, work, use a health or socialcare service in Glasgow or care for someone who does, you can join the PPF.

For more information, contact:

North West Sector May Simpson on 0141 276 2418.

North East Sector: Tony Devine 0141 277 7450.

South Sector (covering the southside of Glasgow): Lisa Martin on 0141 276 4630.

Feedback, Comments, Concerns and Complaints

We aim to deliver high quality healthcare and to use the views and experiences of the people who use our services as part of a process of continuous improvement.

Our Complaints Procedure can be found on the NHSGGC website: www.nhsggc.org.uk

If you wish to make a complaint, contact the relevant Complaints Administrator mentioned below:

South Sector

Helen Molloy,
Office Manager,
Claremont Centre,
39 Durham Street,
Glasgow G41 1BS.
Tel: 0141 276 6707 Fax: 0141 276 6790
E-Mail: Helen.Molloy@ggc.scot.nhs.uk

North East Sector

Office Manager,
Templeton Business Centre,
Building 2,
62 Templeton Street,
Bridgeton, G40 1DA.
Tel: 0141 277 7470 Fax: 0141 554 8475
E-Mail: aileen.kelly2@ggc.scot.nhs.uk

North West Sector

Karen Bowers,
Complaints and Enquiries Administrator,
J B Russell House,
Gartnavel Royal Hospital,
1055 Great Western Road,
Glasgow G12 0XH.
Tel: 0141 211 3923 Fax: 0141 211 3971
E-Mail: Karen.Bowers@ggc.scot.nhs.uk

Corporate (For Forensic and other Specialist Services)

Carolan Forbes, Office Manager,
William Street Clinic,
120 William Street,
Glasgow G3 8UR.
Tel: 0141 314 6253 Fax: 0141 314 6223
E-Mail: carolan.forbes@ggc.scot.nhs.uk

Corporate (for Prison Complaints)

Leanne Law,
Administrator,
William Street Clinic,
120 William Street,
Glasgow G3 8UR.

Tel: 0141 314 6242

Fax: 0141 314 6223

E-Mail: leanne.law2@ggc.scot.nhs.uk

**ALL Specialist Children's Services (Community
Paediatrics, CAMHS and Hosted Children's Specialist Services),**

Lee MacPherson/Carly Sweeney,
Administrators,
Specialist Children's Services,
Templeton on The Green,
62 Templeton Street,
Glasgow G40 1DA.

Tel: 0141 277 7475

Fax: 0141 277 7652

E-Mail: lee.macpherson@ggc.scot.nhs.uk

carly.sweeney@ggc.scot.nhs.uk

This Service Directory was produced by GCCHP's Information and Publicity team. For more information or to update your section, contact: Dawn Thom email: dawn.thom@ggc.scot.nhs.uk, tel: 0141 277 7561 or Laurina Hewson email: laurina.hewson2@ggc.scot.nhs.uk or 0141 277 7455.