**Covid-19 vaccines**

If you are aged 70 and over or are [*clinically extremely vulnerable*](https://www.nhs.uk/conditions/coronavirus-covid-19/people-at-higher-risk/whos-at-higher-risk-from-coronavirus/) (high risk) and have not been contacted about having your first vaccine, please contact your GP for a COVID-19 vaccine.

If you are a frontline health and social care worker, please book on the [*national booking system*](https://www.nhs.uk/conditions/coronavirus-covid-19/coronavirus-vaccination/book-coronavirus-vaccination/) or using the staff booking system applicable in your organisation.

If you are aged 65-69 please book onto the [*national booking system*](https://www.nhs.uk/conditions/coronavirus-covid-19/coronavirus-vaccination/book-coronavirus-vaccination/) for a list of vaccination sites or wait to get a letter from the NHS or be contacted by your GP.

If you are [*clinically vulnerable*](https://www.nhs.uk/conditions/coronavirus-covid-19/people-at-higher-risk/whos-at-higher-risk-from-coronavirus/) (moderate risk) or you are in receipt of a carer’s allowance, or if you are the ***main carer*** of an elderly or disabled person whose welfare may be at risk if you fall ill, we are vaccinating people in this cohort, but please wait for your GP or council to contact you.

The NHS is prioritising vaccinating people who experts have agreed will benefit the most. We will let you know when it is your turn. Please see [*here*](https://www.eastlondonhcp.nhs.uk/ourplans/covid-19-vaccination-programme.htm) for advice.

There is comprehensive information, guidance, and answers to questions, including vaccination information for frontline health and social care staff, carers and [*clinical vulnerable (moderate risk)*](https://www.nhs.uk/conditions/coronavirus-covid-19/people-at-higher-risk/whos-at-higher-risk-from-coronavirus/) at [*COVID-19 Vaccination programme | East London Health & Care Partnership (eastlondonhcp.nhs.uk)*](https://www.eastlondonhcp.nhs.uk/ourplans/covid-19-vaccination-programme.htm)

**Getting the help you need**

The NHS in London is very busy as coronavirus infection rates continue to be high, but we’ll help you get urgent care when you need it.

Most consultations are over the phone and via video. This is for everyone's safety. We will assess your situation and invite you into the practice if needed.

We can arrange same-day appointments if you need urgent care but please don't visit without an appointment. Appointments will be held in the best way to keep you safe from Covid.

You can also contact 111, day or night, for other urgent health advice - including if you have concerns about your Covid-19 symptoms.

Please remember that 999 and A&E are for emergencies.

Please help reduce infections, protect the NHS and keep each other safe by following the latest [rules](https://www.london.gov.uk/coronavirus).