



Do you provide care to a loved one?

If you do and would like to find out what support is available for unpaid carers in Hackney

**Join us online on
22nd March, 4pm-5pm**

Speakers from Carers First and a local GP will provide information on the support available and to answer your questions

We will meet on Zoom but you can participate without a computer, mobile or tablet, but from your landline.

For more information, or to register, call us free on 0808 164 7664 or email kanariva@healthwatchhackney.co.uk