

**CONSENT FORM FOR CONTRACEPTIVE COIL INSERTION/REMOVAL/REPLACEMENT**

**MIRENA/ KYLEENA/ JAYDESS/ COPPER IUD (Cu380A QL/ Nova-T)**

<b>Name</b>	
<b>DOB</b>	
<b>NHS Number</b>	

<b>Reason for Insertion</b>	<ul style="list-style-type: none"> <li>• Contraception/ Emergency Contraception</li> <li>• Reduce heavy or irregular periods</li> <li>• Protect womb from excessive thickening as part of HRT</li> </ul>
<b>Reason for Removal</b>	<ul style="list-style-type: none"> <li>•</li> </ul>

*Please read this information carefully. Ask the nurse/doctor if there is anything that you do not understand.*

<b>Possible Risks and Side Effects</b>	<ul style="list-style-type: none"> <li>• Discomfort/cramping/pain/dizziness/shock/fainting on insertion</li> <li>• Infection- highest in first 3 weeks after fitting (testing advised before)</li> <li>• Expulsion or change of position (up to 1 in 20 - highest in 1<sup>st</sup> year)</li> <li>• Failure (over 99% effective)</li> <li>• Ectopic pregnancy if pregnancy occurs</li> <li>• Damage to cervix or womb including perforation (1 in 500: risk 6x higher if breastfeeding) during insertion, also delayed perforation</li> <li>• Altered vaginal bleeding (IUS: spotting or irreg/prolonged bleeding 3-6 months; IUD: heavier/more painful/prolonged periods)</li> <li>• Hormonal effects- greasy skin, mood changes, weight change</li> </ul>
<b>Risks of removal</b>	<ul style="list-style-type: none"> <li>• Discomfort/cramping/pain/dizziness/shock</li> <li>• Unable to remove – stuck/moved/breaks – may need specialist referral/input</li> <li>• No longer covered for contraception (unless replacement)</li> </ul>

**I consent to the above procedure & I consent to providing feedback for service evaluation**

<b>I confirm that</b>	<ul style="list-style-type: none"> <li>• I am not pregnant</li> <li>• I have no known allergies to local anaesthetics</li> <li>• I am aware of the risks and side effects as listed above</li> <li>• I have abstained from (not had) sex since my last period/ I am using another method of contraception reliably</li> <li>• I am aware that this method does not protect against STIs</li> <li>• It is my responsibility to ensure the coil is changed/removed in 3/5/8/10 years' time or after the menopause (delete)</li> <li>• After fitting I will be shown/advised how to check for the coil threads and know what to do if unsure/threads not felt/where to seek help (verbally and via leaflet sent after insertion)</li> </ul>
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Signed \_\_\_\_\_ Date \_\_\_\_\_

Print Name \_\_\_\_\_

**I confirm that the patient has had the procedure explained, intended benefits and possible risks/side effects prior, and the fitting will occur in the good faith that there is no risk of pregnancy**

Signed \_\_\_\_\_ Date \_\_\_\_\_

Print Name \_\_\_\_\_ Job Title \_\_\_\_\_