

Whittington Moor Surgery

Spring 2019

During opening hours telephone 01246 456938. Out Of Hours call 111
Reception is open 8.00am until 6:30pm Monday to Friday except on
Bank Holidays and on training days.

OUR MISSION STATEMENT

Welcome to Whittington Moor Surgery. Our principal aim is to
provide healthcare to a standard that we ourselves would wish to receive.

NEED AN APPOINTMENT OUTSIDE NORMAL HOURS?

CHESTERFIELD HUB APPOINTMENTS

All patients at Whittington Moor Surgery can access additional appointments at our Extended Access Hub based at Brimington Surgery, Church Street, Brimington, S43 1JG. Appointments are available Monday to Friday 6.00pm-8.00pm, Saturday 8.00am-12.00noon and Sunday 9.00am-12.00noon.

You can book a pre-bookable appointment by calling 01246 456 938 and speak to one of our receptionists. Appointments are available with a GP, practice nurse or other health care professional.

Information sharing agreements are in place and in order to book an appointment, you must agree to your record being shared.

HOW TO CONTACT OUR DISTRICT NURSING TEAM

It's now easier for patients to contact the district nursing team in Chesterfield. This is the only number you will need - 01332 564 900. The line is open seven days a week, 8.00am—6.30pm. Someone will always answer your call during working hours. This number is for urgent and non-urgent calls including:-

- Queries about a planned district nurse visit
- Changes in your situation which might need a nurse to attend
- Out of hours there will be a message about where to get help for urgent district nursing calls.

SURGERY CLOSED - WEDNESDAY PM

We will be closed for staff training on the following dates:-
13th March 10th April 8th May 2019



CERVICAL SCREENING

Cervical screening checks the health of your cervix. The cervix is the opening to your womb from your vagina. It's not a test for cancer, it's a test to prevent cancer. All women and people with a cervix aged 25 to 64 should be invited by letter. The sample is tested for changes to the cells of your cervix. Finding abnormal changes early means they can be monitored or treated so they do not get a chance to turn into cervical cancer. You'll get your results by letter, usually in about 2 weeks. Try not to put off cervical screening. It's one of the best ways to protect yourself from cervical cancer.

You'll be invited for cervical screening up to 6 months before you turn 25. Age 25 years to 49 years will be invited every 3 years and 50 years to 64 years every 5 years. 65 years or older if 1 of your last 3 tests was abnormal. You can book an appointment as soon as you get a letter. If you missed your last cervical screening, you do not need to wait for a letter to book an appointment. Cervical screening is not recommended if you are under 25 years. This is because cervical cancer is very rare in people under 25. If you're 65 or older, you'll usually stop being invited for screening. This is because it's very unlikely that you'll get cervical cancer. If you have had a total hysterectomy to remove all of your womb and cervix, you will not need to go for cervical screening

During your cervical screening appointment a small sample of cells is taken from your cervix for testing. The test itself should take less than 5 minutes. The whole appointment should take less than 10 minutes and its usually done by a female nurse or doctor.

See a GP if you're worried about symptoms of cervical cancer such as:

- ♦ bleeding between periods, during or after sex or after you have been through the menopause
- ♦ Unusual vaginal discharge - **do not wait for your next cervical screening appointment.**

If you wish to speak to a nurse or GP before the test, please ask for a telephone consultation.

Further information is available from the NHS Choices Website.

ON-LINE BOOKING - More patients are using this facility to book appointments and request repeat medication. If you would like to know more, please speak to Reception, or access the practice website -

www.whittingtonmoorsurgery.co.uk

PPG

The Patient Participation Group is a selection of patients and practice staff who meet 4 times per year to decide ways of making a positive contribution to the services and facilities offered by the practice to our patient population. All patients are welcome to attend.

Patient Participation Group (PPG) Chair: Peter McDonald, Secretary: Debbie Rutter

The next meetings are at the surgery on 24.06.19 02.9.19 & 02.12.19 18.30pm to 19.30pm

The minutes of previous meetings are available on our website.

