## **Newbold Surgery Patient Participation Group**

# Minutes of the meeting 23<sup>rd</sup> October 2014

Present were Rachael Carrington, Practice Manager, Peter Bestwick, Chairman, Sue Jenkinson, Secretary, Stephanie Slone, Treasurer, David Jackman, Robert Goodwin, Sue Goodwin, Kathryn Evans, Barrie Shelbourne, Judy Shelbourne, Margaret Thompson, Kay Baker, Robert Armstrong, Sheila Hand, Carmela Seville, Jenny Lindley, Graham Turner, Robert Hay and Marilyn Hay.

Apologies were received from Pauline Sissons, Charmaine Saunders and Trudy Allen.

The meeting was opened by Peter Bestwick. Introductions were made and apologies given. A special welcome was made to our new members Graham Turner, Robert Hay and Marilyn Hay.

## **Medicines management**

A warm welcome was given to our speakers for the evening, Helen Gregory and Annette Farrow from the Medicines Management Team.

Helen and Annette work for North Derbyshire Clinical Commissioning Group (NDCCG) and are based at Scarsdale. The Medicines Management Team consists of Pharmacy Technicians and High Level Technicians who work closely with GP Practices to look at areas such as Waste Management, Drug Safety Alerts, Cost Savings, Medication Audits, Medication Reductions and Best Practice. They also conduct face to face Compliance and Education Reviews to help educate patients on the necessity of certain tablets and to ensure they are not at risk by not taking their medication correctly.

Annette conducts home visits for patients who are identified as at risk and works closely with our Medicines Management lead Dr D'Souza and also our Community Matron.

The Practice has an annual review meeting with all of the clinicians and members of the medicines management team to see how we are doing as a practice, to give updates and to discuss future projects. Helen and Annette also attend 3 monthly locality meetings to keep themselves updated and share best practice across North Derbyshire.

Drug Switches and Group Drug Changes are performed on a regular basis and can save the NHS millions of pounds. Helen went on to explained that when drugs are switched, the new product is not an inferior product and contains the exact same working ingredients as the previously prescribed medication. This is the most cost effective way of prescribing as when new drugs come to the market they are very expensive but when the patent expires, the same

drug can be manufactured far more cheaply as Pharmaceutical companies need to stay competitive.

Helen also explained that the NHS does not automatically opt for the cheapest brand available. Clinical trials are ongoing and the team keep up to date with improved processes and always look at the overall data for each drug.

Annette discussed Waste Management with the group as she often goes out to a Home Visit Medication Review with a patient and returns with carrier bags full of unused medication. Once medication has left the Pharmacy, it cannot be reused even if it has been unopened. Any waste has to be destroyed in an incinerator under a strict and costly protocol. The group were asked what we can do to help motivate others, educate patients and share the message regarding waste, over ordering and dangerous stockpiling of medication.

The Medicines Management Team in North Derbyshire alone, saved over £2million pounds last year with the good work they do.

Judith Brown (Relationship Manager) from Derbyshire Health United extended an invitation to members at the last meeting to visit them onsite to experience the work they do first hand. Peter Bestwick, Sue Jenkinson, Pauline Sissons, Sheila Hand, Steph Slone, Kathryn Evans, Sue Goodwin and Bob Goodwin all said they would like to accept the invitation and visit DHU.

This Year's Flu Clinic was very successful. Rachael thanked the group for all their help again this year, as always your help on the day is invaluable and makes the day far more of a social event for patients. Patients have complimented the practice on how efficient the service was. Fund Raising this year was exceptional raising £368 which was split between MacMillan Cancer Charity and Surgery Patient Group Funds. A card of thanks has been received from MacMillan thanking the PPG for their £184 donation. Well done everyone!

### **Friends and Family Test**

Rachael explained to members that from 1<sup>st</sup> December 2014 we now have to advertise the Friends and Family Test in Surgery. This is a standardised question to ask our patients about their recent experience of our service and whether they would recommend us to their family and friends if they needed similar care or treatment. Members were asked how they would like to see this implemented and if anyone would like to be involved. Rachael went on to explain that this is an ongoing survey and not annual surveys similar to those members have kindly taken part in before.

### **A.O.B**

- There was nothing in the Suggestion Box.
- Sue offered to give explanations and updates on all things CCG to members on request. Please speak to Sue if you have any questions.
- Rachael to chase gardener re hedges in car park as very overgrown making visibility at the entrance/exit difficult. (This is now scheduled for Sat 22<sup>nd</sup> and Sat 29<sup>th</sup> November)
- The group would like a book case to display their book sale items as they think the waiting room is starting to look untidy. This has been agreed and will be purchased from PPG funds. Jane will look in to this along with a suitable leaflet display.

Peter closed the meeting. The date and time of the next meeting is 6.30pm on Thursday 11<sup>th</sup> December. This is our Pre Christmas Meeting and requests were made for help with the food for our "Christmas Fuddle" and a lift for Sue who will be unable to drive after her operation.

The first meeting in the New Year will be Thursday 12<sup>th</sup> February 2015.