

TRAVEL QUESTIONNAIRE

We recommend that all travellers consult the following websites for health and general travel information, before they see the Practice Nurse: www.fitfortravel.nhs.uk, www.malariahotspots.co.uk, www.fco.gov.uk, www.immunisation.nhs.uk

Personal Details					
Name:			Date of Birth:		
			Male		Female
Easiest contact telephone number:					
Date of appointment:					
Date of departure:					
Return date or overall length of stay:					
Itinerary and purpose of visit					
Country to be visited	Length of stay	Away from medical help at destination? If so, how remote			
Please tick as appropriate below to best describe your trip					
1	Type of Trip	Business		Pleasure	Other
2	Holiday Type	Package		Self organised	Backpacking
		Camping		Cruise ship	Trekking
3	Accommodation	Hotel		Relatives/family home	Other
4	Travelling	Alone		With family/friend	In a group
5	Staying in area which is	Urban		Rural	Altitude
6	Planned activities	Safari		Adventure	Other
Personal medical history					
Do you have any recent or past medical history of note? (including diabetes, heart or lung conditions, HIV, epilepsy, spleen removed)?					
What regular medication do you take?					
Do you have any allergies? Eg eggs, antibiotics, nuts?					
Have you ever had a serious reaction to a vaccine given to you before?					
Do you have any history of mental health problems including depression or anxiety?					
Have you recently undergone radiotherapy, chemotherapy or steroid treatment?					
Women only: Are you pregnant, planning pregnancy or breast feeding?					

Vaccination history					
Have you ever had any of the following vaccinations/malaria tablets and, if so, when?					
Tetanus		Polio		Diphtheria	
Typhoid		Hepatitis A		Hepatitis B	
Meningitis		Yellow Fever		Influenza	
Rabies		Jab B Encephalitis		Tick Borne	

Travel advice - For Patient to Research - PLEASE REFER TO ABOVE WEBSITES					
Food, water & personal hygiene advice		Travellers' diarrhoea		Hepatitis B & HIV	
Insect bite prevention		Animal bites		Accidents	
Insurance		Air Travel		Sun & heat protection	

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Travel risk assessment performed?		Yes		No	
Travel vaccines recommended for this trip					
Disease protection	YES	NO	Further information		
Hepatitis A					
Hepatitis B					
Typhoid					
Cholera					
Tetanus					
Diphtheria					
Polio					
Meningitis ACWY					
Yellow Fever					
Rabies					
Japanese B Encephalitis					
Other					

Malaria prevention advice and malaria chemoprophylaxis			
Chloroquine & Proguanil		Atovaquone & Proguanil (Malarone)	
Chloroquine		Mefloquine	
Doxycycline		Malaria advice leaflet given	

Further information
Eg weight of child