

District Nurse Contact Details

District Nurse:

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Staff Nurses:

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Healthcare Assistants:

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Treatment Room:

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Phone: Mon-Fri 8.30 -16.30

Phone: Sat-Sun 8.30 –16.30

Public Holidays

Out of hours contact:

NHS 24 on
08454 24 24 24

We are happy to consider requests for this publication in other languages or formats such as large print.

For other languages contact
01786 434784.

For other formats contact
01324 590886,
text **07990 690605,**

Fax **01324 590867** or e-mail
nhsfv-alternativeformats@nhs.net

If you can't go let us know!

Every month around 2,000 people across Forth Valley fail to turn up for hospital appointments. This costs the NHS millions of pounds each year and increases waiting times.

So if you are unable to attend, or no longer require your hospital appointment, please let us know so we can offer it to someone else.

SMOKING IS NOT PERMITTED ON NHS FORTH VALLEY PREMISES

This includes corridors, doorways, car parks & any of our grounds. If you do smoke on NHS premises you may be liable to prosecution and a fine.



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NHS Forth Valley

District Nursing Service

Patient Information Leaflet



What is the District Nursing Service?

The District Nursing Service provides a high standard of nursing care and advice in a variety of health care settings. This includes treatment rooms, GP surgeries, and “patients” own homes for those who are housebound. If you are able to leave your home with some assistance you are not housebound.

The service is intended to offer support to patients and carers in the following ways:

- Assess, plan, implement and evaluate nursing care in partnership with housebound patients, their carer and other agencies.
- Promote patient independence and encourage attendance at the treatment room when condition allows.
- Teach and support patients and carers to help to maintain independence.
- Promote health education.

Who can refer to the District Nurse?

There is an open referral system so you can phone to refer yourself or a relative if they are housebound.

All referrals will be assessed to ensure that the District Nursing service can meet your needs or whether another service may be more appropriate.

Reasons for Referral

- Management of long term conditions.
- Wound management
- Ongoing nursing care and advice after leaving hospital.
- Health Education and support
- Bowel and urinary problems.
- End of life care and support.
- Assess for equipment to promote and maintain independence.
- Complex nursing care.
- Referral to other specialist services as necessary.

What you can expect from the District Nursing Service

- The District Nursing Service strives continually to improve the quality of service. We will fully assess your individual health needs and provide evidence based nursing care.
- To be treated as an individual and be a partner in your care planning.

- To have care delivered with respect, privacy and dignity.
- You will be given the names and contact details of the nurses who will provide your main care.

What we ask of you during home visits

We wish to be treated with respect and dignity, and ask particularly:

- that you discuss any suggestions or complaints with your nurse;
- that you refrain from smoking when the District Nurse is visiting;
- that any pets are put into an other room during the nurse’s visit

and that, when you no longer housebound, that you please attend the treatment room for any further treatment that is required.

Please note: The District Nursing Service provides cover 7 days a week but is **not** an emergency service. If the District Nurse is out visiting patients please leave your name and telephone number and you will be contacted as soon as possible. An urgent District Nursing response is 4 hours to a telephone call.