

## ST. MARY'S MEDICAL CENTRE INFORMATION SHEET

### HEALTH VISITOR

The health visitor is a well-qualified nurse who is able to check that both you and your baby are well. She will usually first see you about 10 days after the baby is born. She will then make planned visits to your home as discussed between you. She will be able to offer advice, help and support in the care of your baby. She is able to deal with minor illnesses, so that you may see her instead of having the need to see the doctor in times of concern. She works closely with our practice. She will follow you and your baby through life's events until your baby is old enough to attend infant school. She will provide regular advice and support with regards to current vaccination schedules. She will perform assessments on your baby to ensure that he/she is developing as expected.

The Health Visitors are based at various Health Centre's around Oldham. To find out who your health visitor is please telephone Child Health on 0161 622 4305 or Anita Hoyland (our named Health Visitor professional link) on 0161 344 8172.