

## ST. MARY'S MEDICAL CENTRE INFORMATION SHEET

### COMMUNITY MIDWIFE

The midwife runs the ante-natal clinics at various children's resource centre within the Oldham area. She will closely follow your care right through until after you have had your baby. As you will usually only come in to contact with the same few midwives who run the clinic, then hopefully you will develop a trust in them, and feel free to discuss with them any issues that are bothering you. The midwife will provide you with:

- Your own maternity record book for you to keep, and to bring to all ante-natal appointments both here and at the hospital.
- A copy of Emma's diary - an excellent book detailing what you can expect throughout your pregnancy - with lots of little tips and advice!
- An initial scan appointment - so as to work out when your baby is due. From this scan, dates of future scans can be worked out and appointments given to you.
- Whatever blood tests are deemed necessary by your discussions with her - to ensure that you stay healthy and the baby is born without any problems.
- A regular pre-planned and booked appointment with her. At first you will only have to see her every few weeks, but the nearer you get to your baby being born, the more often you will usually have to attend.
- As much support and advice as you need.
- Post-natal care - she will see you at home after the baby is born. She will do checks to ensure that both you and your baby are doing fine. If she has any concerns, then she has direct links through to both your doctor and to the hospital.