


'THE VIEW'

****Flu season is coming**** We have our vaccines coming towards the end of September....Please look out on our website, on the right side of your repeat prescription, on Facebook and Twitter and if you have a mobile number and are eligible you will receive a text invitation but **only if we have the correct contact details**. Do you have online patient access? Then why not manage your own appointments? You can access your medical record, make appointments and order your repeat medication online at a time more convenient to you and it will save you time. Speak to reception about how to get you registered. It only takes 5 mins. www.patientaccess.com

You can also sign in to patient access via the MYGP app on your smart phone. Go to www.ilovemygp.com or speak to reception for more information.



 [Visit us on Facebook](#)



OUR PATIENT PARTICIPATION GROUP IS LOOKING FOR NEW MEMBERS. IF YOU WOULD LIKE TO MAKE A POSITIVE CONTRIBUTION TO HOW THE SURGERY AND IT'S SERVICES ARE ORGANISED WE WOULD REALLY LIKE TO HEAR FROM YOU. PLEASE ASK FOR HANNAH TO DISCUSS.



Giving blood only takes around an hour and the process of donating only takes around 5-10 minutes. In just one hour you can save up to three lives. Call **0300 123 23 23** about becoming a blood or platelet donor.

OTHER NEWS

There are have been some changes happening in our reception area at Milnthorpe over the summer. We have created a new admin office by partitioning reception. Our reception team are trained and equipped to handle all queries. However, to enable them to do this to the best of their abilities we felt they needed a quiet and pleasant environment in which to work. We feel the new reception and admin room provides this space. It's not quite finished yet though, painting is scheduled for mid September. Feedback from staff and patients so far has been really Positive. Your patience and understanding whilst this work has been going on is much appreciated. Thank you.

NHS HEALTH CHECK
 Helping you prevent

- diabetes
- heart disease
- kidney disease
- stroke & dementia

If you are aged 40-74 please book a appointment with one of our Health Care Assistants.

IT JOHN'S HOSPICE PRESENTS...
MOONLIGHT CARNIVAL
 REGISTER NOW!
 SATURDAY 15TH SEPTEMBER 2018
WWW.SJHOSPICE.ORG.UK/MOONLIGHTWALK

The Park View ladies are taking part in this years moonlight walk in aid of St Johns Hospice. SJH provide invaluable support to our community so we are getting our walking shoes on to raise some much needed cash. Look out at both reception site for sponsor forms and online for our just giving page. Any donation is much appreciated. Thanks.

****Go to our website for more information about the services we offer and when we are closed for protected learning time****
www.parkviewsurgery.org.uk

DROP IN SERVICES

The following drop-in services are available at Park View Surgery, Milnthorpe.

Drop-in memory clinic—EVERY MONDAY 2.00 pm – 4.30 pm

Drop-in service for people concerned about their memory or someone else's memory. Informal advice, support, sign-posting and information about the memory assessment service and diagnostic process.

Alheimers Society—Drop in Dementia information sessions

The information sessions are aimed at people living with dementia, their family and carers as well as anyone interested in finding out more about dementia.

THURSDAY 16th AUGUST AT PARK VIEW SURGERY 9.30-11AM

THURSDAY 6TH SEPTEMBER AT PARK VIEW SURGERY 9.30-11AM

Unfortunately we no longer hold drop in clinics for the hard of hearing or STOMA patients.

CARERS SERVICES

Do you look after someone who is ill, frail or disabled?

Carers should receive adequate support, but many do not access services as they do not see themselves as a carer.

If you are an unpaid carer and living in Cumbria, please contact South Lakeland Carers on 01539 815970 or visit www.slcarers.org.uk. South Lakeland Carers are a fantastic charity providing a range of services to support and enhance the lives of unpaid carers of all ages throughout South Lakeland. If you live in Lancashire please contact NCompass on 0345 688 7113 or visit www.ncompassnorthwest.co.uk.

AGE UK

Call AGE UK South Lakeland on 030 300 30003

Call AGE UK Lancashire on 0300 303 1234

Do you think you have a urine infection? No need to make a GP appointment, just bring a urine sample in to the surgery before 12 (the earlier the better). Our nurse will check the sample and if it shows signs of infection we will get a prescription to you later that day. You can collect sample bottles from reception; please remember to put your details on the bottle and complete the form. **We can't accept samples if the form isn't completed properly or if samples aren't in the right bottle (no jam jars please!)** If you have repeated symptoms/infections, please make a GP appointment to discuss.

NEW SELF REFERRAL SYSTEM TO MATERNITY SERVICES

If you are pregnant please self refer via <https://www.uhmb.nhs.uk/> maternity a midwife will contact you within 5 working days to make an ap-

Tell us about your care

Good or bad, your comments are important to us will help improve the service for you and others. So far more than 200 patients and carers have left feedback for us. To view or leave feedback please visit www.iwantgreatcare.org/gpsurgeries/park-view-surgery

Friends and family test

To take the friends and family test, please visit our website www.parkviewsurgery.org.uk. The link is on our homepage.

