



# newsletter

*Integrated services for children and young people with disabilities or additional needs in Swindon*

## October 2012 – Issue 19



Activities and breaks from caring.....	2	Swindon Dolphin swimming.....	5
Goodbye to Ben Humphrey.....	2	Short Break Provider Fund.....	6–8
Specialist children’s car seat clinic.....	3	Communication music sessions.....	8
Parents and Carers Advisory Group....	3	New MEND programme.....	9
Trampoline group.....	4	Living Options – Buddying Project..	9
Monday swim: More families needed!..	4	Have you got a SwindonCard.....	10
Cinema (CEA) Card.....	4	STEAM Museum / National Trust...	10
Supported employment: New shop.....	5	Bournstream play site.....	11
Oasis family swim dates.....	5	October school holiday activities....	12+

**Contact the Aiming High Short Breaks Team:**  
**Tel: 01793 464080      Email: [aiminghigh@swindon.gov.uk](mailto:aiminghigh@swindon.gov.uk)**



# Activities for children and young people with disabilities

## Breaks from caring for parents and carers

There are a range of activities available in Swindon for children and young people with disabilities and their families. The Aiming High Short Breaks Team can work with families to identify the activities that would be most suitable for them.

This could range from:

- **Information and advice about activities**
- **Specific activities for disabled children, including more specialist services**
- **Extra support to access activities, for example, a support worker**



The extra support is to cover the **additional barriers** to enable the child to access the activity; it doesn't cover the cost of the activity itself. Extra support could be available for a wide range of activities, not just those run by Swindon Borough Council.

Get in touch if you would like to talk to someone in more detail about specific activities or types of support, tel: 01793 464080 or email: [aiminghigh@swindon.gov.uk](mailto:aiminghigh@swindon.gov.uk).

***This information is for families of children and young people with disabilities aged from 0 to 18th birthday, who are residents of the Borough of Swindon.***

## Staff update: Goodbye to Ben Humphrey!

We are sad to say that Ben Humphrey has now left Swindon Borough Council, as of September 2012.

Many of you will have come into contact with Ben during his time as Ability Sport Development Officer in Leisure Services. He has done fantastic work to develop inclusive and accessible sporting opportunities for children and adults with disabilities in Swindon.



Ben is moving on to work for Motivation UK, a charity supporting sports projects for people with disabilities in developing countries.

We wanted to say a big **THANK YOU** to Ben for all of his hard work in Swindon and wish him all the best in his new venture! The new contacts for groups that were run by Ben are listed in the back of this newsletter.

# Specialist children's car seat clinic for children with disabilities

2 October 2012



- Meet representatives from specialist car seats companies
- Obtain advice and information about harnesses, types of vehicles and the Motability Scheme

For more information or appointments contact Monika Budde, Occupational Therapist, on tel: 0845 337 1540, email: [mbudde@rdac.co.uk](mailto:mbudde@rdac.co.uk) or visit: [www.rdac.co.uk](http://www.rdac.co.uk). There is an administration fee. RDAC, Unit A, Anvil Court, Stanton Harcourt Road, Eynsham, Oxford, OX29 4UD.

Next clinic date: January 2013

## Swindon Parents & Carers Advisory Group

For all parents and carers of children / young adults with disabilities or special needs

### Coffee mornings: 10.30am – 12noon

Parent's room, Hop Skip & Jump, Upper Shaw Ridge Farm, Swindon, SN5 5PU

A chance to meet with other parent carers informally to share your thoughts and experiences, to support each other and get information about what's happening to services in Swindon:

- Tuesday 2 October 2012
- Thursday 1 November 2012
- Wednesday 5 December 2012



### Planning meetings: 9.30am – 12.30pm

Coffee break between 10.45am – 11.15am

We know that everyone is busy so if you're not able to stay for the full meeting but would like to join the group for part of it, please come along for as long as you can:

- Wednesday 17 October 2012 **Parent's room, Hop Skip & Jump\***
- Tuesday 13 November 2012 **Salt Way Centre\*\***
- Wednesday 12 December 2012 **Parent's room, Hop Skip & Jump\***

\* Hop Skip & Jump, Upper Shaw Ridge Farm, Ridge Green, Swindon, SN5 5PU

\*\* Salt Way Centre, Pearl Road, Middleleaze, Swindon, SN5 5TD

Contact Lisa Barrett: 01793 531133 or email: [lisa.barrett@prtc-swindon.org](mailto:lisa.barrett@prtc-swindon.org)

## Trampoline group



Friday 6, 13 and 20 October 2012  
(term-time)

**Group 1:** 9am–10.20am  
Age 0–18th birthday

**Group 2:** 10.20am–11.40am  
Age 12–18th birthday

**Group 3:** 11.55am–1.15pm  
Age 0–18th birthday

**Venue:** Brimble Hill School,  
Tadpole Lane, Redhouse,  
Swindon, SN25 2NB

Cost £1.50. Open to any disabled child / young person but must book in advance. Parents / carers to stay, families / siblings welcome.

Contact the Aiming High Team:

Tel: 01793 464080

Email: [aiminghigh@swindon.gov.uk](mailto:aiminghigh@swindon.gov.uk)

## Cinema (CEA) Card

The Cinema Exhibitors' Association (CEA) Card is a national scheme for disabled people. The card entitles the holder to one free ticket for a person to go with them to the cinema.

You will need to meet one or more of the following criteria:

- In receipt of Disability Living Allowance or Attendance Allowance
- Registered as blind

The card is valid for one year. Application forms should be available from your local cinema. For more information or to download an application form, visit the website: [www.ceacard.co.uk](http://www.ceacard.co.uk). Or you can telephone 0845 123 1292.

## Monday night family swim

**More families needed!**



The Monday Night Family Swim requires more families to take up places to make the service viable.

The below dates have been booked, however, without adequate numbers, this service cannot continue. Get in touch if you feel that your family would benefit from this service or you wish to discuss the session.

**Fortnightly on Mondays 6pm–7pm:**

*\*Dates may alter due to building work\**

- 8 and 22 October 2012
- 5 and 19 November 2012
- 3 and 17 December 2012

**Venue:** Thamesdown Hydro Pool,  
Jefferies Avenue,  
Swindon, SN2 7HJ

Cost £1. Open to any disabled child / young person aged 0–18th birthday but must book in advance. Parent / carers to stay, families / siblings welcome.

Contact the Aiming High Team:

Tel: 01793 464080

Email: [aiminghigh@swindon.gov.uk](mailto:aiminghigh@swindon.gov.uk)



A new shop opened at SEQOL Enterprise Works in August, selling fencing and garden products made on-site by people with disabilities.

The shop is part of a supported employment scheme run by SEQOL, the social enterprise which provides adult health and care services in Swindon. The scheme provides disabled adults with the opportunity to gain new skills and experiences, producing a range of products, such as fence panels and signs.



If you would like to find out more about supported employment opportunities at Enterprise Works telephone **Jeanette Grant on 01793 616288**.

The shop is open to the public 7.45am–4.30pm Monday to Thursday, 7.45am–4pm on Fridays and from 8.30am–12.30pm on Saturdays.

Unit 1A, Gypsy Lane, Swindon, SN2 8DT  
[www.seqol.org/employment-support](http://www.seqol.org/employment-support)



Monthly swim for families of children and young people with disabilities or additional needs. Final 2012 dates:

- Friday 19 October 7pm–8pm
- Friday 9 November 7pm–8pm
- Friday 14 December 7pm–8pm

**Venue:** The Oasis, North Star Ave, Swindon, SN2 1EP

Just turn up. Parents / carers to stay, family members welcome. For more details contact the Oasis: 01793 445401 or Aiming High: 01793 464080

**Note:** The Oasis is now privately owned. Valid SwindonCards accepted until expiry date, unless you did not consent for your details to be transferred. SwindonCards bought / renewed after 1/6/12 will not be valid.

## Swindon Dolphin disability swimming:

### Regional Talent Identification Day

**Saturday 3 November 2012**

Following on from the London 2012 Paralympic Games, this event is open for anyone with a disability to come along to be assessed by swimming coaches. Details to be confirmed, check the Swindon Dolphin website: [www.swindondolphin.co.uk](http://www.swindondolphin.co.uk)

### Disability Swim Links

Swimming lessons for people with disabilities. Remaining 2012 dates:

- Sunday 21 October 4pm–5pm
- Sunday 18 November 4pm–5pm
- Sunday 16 December 4pm–5pm

**Venue:** Dorcan Pool, St Paul's Drive, Swindon, SN3 5BY

Open to swimmers with a physical, sensory or intellectual impairment, who are confident in the water without a helper. All ages. Contact Andy Harris: [disability@swindondolphin.co.uk](mailto:disability@swindondolphin.co.uk)

# Aiming High Short Break Provider Fund

You may remember from our last newsletter that the Aiming High Short Breaks Team recently ran a Short Break Provider / Extended Schools Fund.

This was a small pot of money that providers could bid for in order to run additional activities for children and young people with disabilities in Swindon.

There was a very high demand for the funding, with lots of bids submitted. Parent / carer representatives were part of the panel that reviewed the applications and decided how the money should be used.

Below is a summary of how funding was allocated. To find out more about any of these activities contact the person listed.

**The Short Break Provider Fund is short term funding until March 2013.**



Description	Age range	When	Cost	Parents to stay?	Open to siblings?	Contact details
<p><b>Oasis Family Swim</b></p> <p>For disabled children, young people and their families</p>	All ages	Monthly on Fridays 7pm–8pm	See page 5	Yes	Yes	<p>Contact The Oasis: 01793 445401 or the Aiming High Team: 01793 464080</p> <p><b>Location:</b> The Oasis Leisure Centre, North Star Avenue, Swindon, SN2 1EP</p> <p><i>See page 5 for more details</i></p>
<p><b>Woodland Learning Nature Club</b></p> <p>For the whole family. Grow food, explore and play in a woodland garden. Including bush craft sessions for teenagers, knife skills/fires</p>	5–18	Monthly on Saturday morning during term-time 9.30am–12.30pm	£5 per family	Optional	Yes	<p>Contact Ruth Parsons: 01285 750679 <a href="mailto:ruthparsons@woodland-learning.co.uk">ruthparsons@woodland-learning.co.uk</a></p> <p><b>Location:</b> The Chalet School, Liden Drive, Swindon, SN3 6EX</p>

Description	Age range	When	Cost	Parents to stay?	Open to siblings?	Contact details
<p><b>Living Options Budding Project</b></p> <p>For disabled young people &amp; non-disabled volunteers</p>	14+	Decided by the young people	Varies, based on activity	No	No	<p>Contact David Plotkin: 01793 529402 <a href="mailto:david.plotkin@scope.org.uk">david.plotkin@scope.org.uk</a></p> <p><b>Location:</b> Various locations, decided by the young people</p> <p><i>See page 9 for more details</i></p>
<p><b>Soundabout music sessions</b></p> <p>For disabled children, young people and their families</p>	5–11 and 12–18	<p>Monthly on Saturday:</p> <p>13 Oct 10 Nov 8 Dec</p>	See page 8	Yes, family session	Yes	<p>Contact Sue Childs: 01844 338898</p> <p><b>Location:</b> Uplands School, Tadpole Lane, Swindon, SN25 2NB</p> <p><i>See page 8 for more details</i></p>
<p><b>Social Inclusion Multi Sports Holiday Courses</b></p> <p>For children with special needs / acute medical conditions</p>	5–16	<p>2 x 3 day courses, half-term and summer</p> <p>10.30am –2pm</p>	£25 for the 3 days	No	No	<p>Contact Clive Maguire, Swindon Town Football in the Community: 01793 421303 <a href="mailto:clive@stfc-fitc.co.uk">clive@stfc-fitc.co.uk</a></p> <p><b>Location:</b> St Joseph's Catholic College, Ocotal Way, Swindon, SN3 3LR</p>
<p><b>Weekly Football Coaching</b></p> <p>For children with special needs / acute medical conditions</p>	5–16	<p>Weekly in term-time on Thursdays</p> <p>5pm–6pm (starting 13 Sep)</p>	£2 per session	No	No	<p>Contact Clive Maguire, Swindon Town Football in the Community: 01793 421303 <a href="mailto:clive@stfc-fitc.co.uk">clive@stfc-fitc.co.uk</a></p> <p><b>Location:</b> Swindon Academy</p>
<p><b>Swindon Dolphins Easter Swim Camp</b></p> <p>For disabled children / young people who are confident swimmers</p>	Up to 18	<p>1 week during Easter 2013</p> <p>10am–1pm</p>	£25	No	No	<p>Contact Andy Harris: <a href="mailto:disability@swindondolphin.co.uk">disability@swindondolphin.co.uk</a></p> <p><b>Location:</b> NG Leisure Centre</p>

Description	Age range	When	Cost	Parents to stay?	Open to siblings?	Contact details
<b>Swim session for babies &amp; toddlers with special needs</b> By referral only from education or health care professional	4 mths to 4 years	Weekly in term-time	£1	Yes	No	Contact Wendy Chandler: 07824 553792 <a href="mailto:wendyc@brimblehill.swindon.sch.uk">wendyc@brimblehill.swindon.sch.uk</a>  <b>Location:</b> Multi Agency Unit, The Learning Campus, Tadpole Lane, Redhouse Swindon, SN25 2NB
<b>Specialist adapted horse riding equipment</b>	3–18	By arrangement	£5 per child per session	-	-	Contact Helen Dorling: 01793 750151  <b>Location:</b> Cerney Wick Riding for the Disabled, Cerney Wick Farm, Near Cirencester, GL7 5QH

**Funding was also put towards some activities during the recent summer holiday:**

- A one-off 'Survival Expert Day' organised by the Swindon & District National Autistic Society.
- Specialist transport for a Rowdy Bunch residential weekend.

# Commusication



## Fun, creative and inspirational music sessions

for children and young people with severe and complex learning difficulties and their families or carers

*Using music to enhance interaction for all – please come along!*

**Date:**

**Time / Age:**

Saturday 13 October	11am to 1pm: 5–11 years	2pm to 4pm: 12–18 years
Saturday 10 November	11am to 1pm: 5–11 years	2pm to 4pm: 12–18 years
Saturday 8 December	11am to 1pm: 5–11 years	2pm to 4pm: 12–18 years

You will need to fill out a registration form to book a place. Cost: £10 per child / young person with severe, complex learning difficulties. Bursaries available on request.  
 All sessions are at: Uplands School, Tadpole Lane, Swindon, SN25 2NB

Contact Sue Childs on tel: 01844 338898

Visit: [www.soundabout.org.uk](http://www.soundabout.org.uk) or email: [info@soundabout.org.uk](mailto:info@soundabout.org.uk)



# New MEND healthy lifestyle programme

**Do you want to be fitter, healthier and happier? If so, why not join MEND?**

MEND is a FREE, fun 10-week healthy lifestyle programme for children who are above a healthy weight, and their parents / carers.

MEND encourages families to be fitter, healthier and happier by helping them make gradual changes to the food they eat and the physical activity they take.



## **New MEND programmes starting in January 2013:**

**MEND Teens** for 13–16 year-olds and their parents or carers meets twice a week after school. The group take part in an interactive healthy eating workshop and then the young people exercise while the parents and carers discuss specific topics in more detail together.

There will also be a MEND programme in January for **5–7 year olds** at the Oasis and another for **7–13 year olds** at the Link Centre.

For more information contact Emma Sperring on tel: 01793 465412 or 07818 510563 or email: [esperring@swindon.gov.uk](mailto:esperring@swindon.gov.uk).

To find out more about MEND visit: [www.mendcentral.org](http://www.mendcentral.org)

## Living Options – Buddying Project

### Who are Living Options?

Living Options is part of the national charity Scope. They support people with disabilities in their quest to fulfil their personal goals in life.



### What is the Buddying Project?

The Buddying Project will promote social inclusion by encouraging non-disabled volunteers to befriend their disabled peers. Anyone aged between **14 and 18 years** can join, as well as volunteers of any age.



- There will be volunteers present to support the young people
- The group will meet once a month and experience various activities
- The project will meet the cost of expenses for the volunteers

Recruitment of volunteers and participants is ongoing. For more information contact Dave Plotkin on tel: 01793 529402 or email: [david.plotkin@scope.org.uk](mailto:david.plotkin@scope.org.uk).

**The Buddying Project is funded until March 2013.**

# Have you got a SwindonCard?



The SwindonCard is an advantage card offering discounted prices at leisure facilities and other council venues in Swindon. There are three levels of discount depending on your circumstances, with extra savings on some activities at off-peak times.

## Supporter card:

If the main applicant is in receipt of Incapacity Benefit, Disability Living Allowance, Employment and Support Allowance, War Disablement Pension or Attendance Allowance, an additional SwindonCard will be issued free to be used by one supporter when accompanying the applicant to the same activity. The supporter is entitled to a free activity price.

## How to apply:

You need to complete an application form and take it along to any of the issuing sites, together with your payment, proof of identity and concessionary status. All applicants need to be present. Most Swindon Borough Council leisure centres can issue SwindonCards. Alternatively you can go to the Council's One Stop Shop at Wat Tyler House (entrance on Beckhampton Street).

For more information ring: 01793 445500  
or visit: [www.swindon.gov.uk/swindoncard](http://www.swindon.gov.uk/swindoncard)

## STEAM Museum:

### *Free entry for carers*

Did you know that the STEAM Museum offers free admission to carers or helpers assisting a visitor with disabilities?

Season Tickets are also available, offering unlimited visits for one year.

A Season Ticket for a concession is £15.95 (students, children and senior citizens).

Free parking is available for blue badge holders, just outside the building. When you reach the barrier, you just need to press the button and say that you have a blue badge.

For more information visit the website: [www.steam-museum.org.uk](http://www.steam-museum.org.uk) or tel: 01793 466637.

## National Trust:

### *Free entry for carers*

The National Trust admits the companion or carer of a visitor with disabilities free of charge, on request.

The normal membership or admission fee applies for the disabled visitor.

To save having to 'request' a companion's free entry, you can get an 'Access for All Admit One Card'.

The card is in the name of the disabled person, so you are not restricted to taking the same person each time.

For more details tel: 01793 817634, or email: [enquiries@nationaltrust.org.uk](mailto:enquiries@nationaltrust.org.uk).

Or visit the website: [www.nationaltrust.org.uk/visit/places/before-you-visit/view-page/item698729/](http://www.nationaltrust.org.uk/visit/places/before-you-visit/view-page/item698729/)

You may wish to ring ahead to check the accessibility of specific sites before visiting. Access Guides are available.

# Bournstream play and picnic site for children with special needs

## Wotton-Under-Edge

Bournstream is an adventure play site on the Cotswold edge, between Gloucester and Bristol, near Wotton-Under-Edge. The site is for children and young people with disabilities or special needs, their families, carers, respite groups and special schools. It is not open to the general public and it is dog free.

The site includes sandpits, climbing wall, play house, swings, roundabout, slides and football pitch. There is also a water play area, picnic areas and pathways for bikes, play vehicles and wheelchairs.

Bournstream is not staffed. It is run by volunteers and managed by a committee.

There is a one-off payment of £10 when you first come. Access is via a locked gate, and there is an on-site car park. The toilet facilities include a baby changing unit but *not* an adult bed or hoist.

The site opens from April until the end of November. (Outside of these times the water is turned off to stop the pipes bursting, and the toilet house is locked up.)

If you wish to join, please contact **Jinny Rawlings** on tel: **01531 820693**. For more information visit the website: [www.bournstream.org.uk](http://www.bournstream.org.uk)



## Useful newsletters...

### **'Challenge'** from the Challenging Behaviour Foundation

Produced three times a year. Subscription is free of charge; get in touch to join the mailing list. Tel: 01634 838739, email [info@theCBF.org.uk](mailto:info@theCBF.org.uk) or visit the website: [www.challengingbehaviour.org.uk](http://www.challengingbehaviour.org.uk).



### **'Communication'** from the National Autistic Society

Full of news, reviews, advice, personal stories and special offers for members. Designed to be of interest to everyone, whether you're on the spectrum, support someone with autism or simply want to find out more about autism. All National Autistic Society members receive the magazine free as part of their membership. Tel: 0808 800 1050 or visit the website: [www.autism.org.uk/get-involved/membership/why-join/communication-members-magazine.aspx](http://www.autism.org.uk/get-involved/membership/why-join/communication-members-magazine.aspx)



# October 2012 School Holiday Activities

Groups may be for a specific age range or specific groups of children, based on need. Some may be by referral or there may be limited space. Each activity is numbered. Look up the number in the list over page for more information, how to book etc.

Contact details are provided so that you can get in touch for more details. Every effort has been made to ensure accuracy at the time of print. If you have difficulty contacting any group contact the Aiming High Short Breaks Team on tel: 01793 464080 or email: [aiminghigh@swindon.gov.uk](mailto:aiminghigh@swindon.gov.uk).

<b>Date:</b>	<b>Activities:</b>
<b>Thu 25 Oct</b>	1. Holiday Family Swim (age 0–18th birthday) 2. Jolly Roger play session (all ages) 5. Hop Skip & Jump Swindon (age 0–25) 15. Gym (age 16+) 16. Learn to Swim (age 5–16) <i>ring to check</i> 17. Swindon Champions (age 16+)
<b>Fri 26 Oct</b>	1. Holiday Family Swim (age 0–18th birthday) 4. 5–16s Holiday Activity Group (age 5–16) 5. Hop Skip & Jump Swindon (age 0–25) 18. Wheelchair Basketball (age 12+) 19. Oasis Stepping Stones Swim (all ages) 24. Ladybird Children’s Centre: Shake Rattle & Roll
<b>Sat 27 Oct</b>	5. Hop Skip & Jump Swindon (age 0–25) 20. Wheelchair Tag Rugby (age 12+) 21. Learn to Swim (age 16+)
<b>Sun 28 Oct</b>	18. Wheelchair Basketball (age 12+)
<b>Mon 29 Oct</b>	5. Hop Skip & Jump Swindon (age 0–25) 9. Cycling for Health (age 16+) <i>ring to check</i> 10. Swindon Rockets (age 8+) <i>ring to check</i> 24. Ladybird Children’s Centre: Stay & Play Toddler Session
<b>Tue 30 Oct</b>	1. Holiday Family Swim (age 0–18th birthday) 3. 0–5s Holiday Trampoline Group (age 0–5) 5. Hop Skip & Jump Swindon (age 0–25) 6. Football in the Community Multi Sports Inclusion Course (age 5–16) 7. Football in the Community Development Week (age 5–15) 11. Sledge Ice Hockey (age 8+) <i>ring to check</i> 27. Swindon 10–18 Project (age 10–18)

<b>Wed 31 Oct</b>	<ul style="list-style-type: none"> <li>4. 5–16s Holiday Activity Group (age 5–16)</li> <li>5. Hop Skip &amp; Jump Swindon (age 0–25)</li> <li>6. Football in the Community Multi Sports Inclusion Course (age 5–16)</li> <li>7. Football in the Community Development Week (age 5–15)</li> <li>8. Walking Group (age 0–18)</li> <li>12. Swindon Leopards FC / Swindon SEQOL FC (age 16+) <i>ring to check</i></li> <li>13. Inclusive climbing (age 16+)</li> <li>14. Gym &amp; Athletics (age 16+)</li> <li>23. Butterflies Children’s Centre: Activity Session (age 0–8)</li> <li>24. Ladybird Children’s Centre: Bumps 2 Walkers</li> <li>25. Rainbow Trust Children’s Charity Drop in (age 0–18) <i>ring to check</i></li> <li>28. Chatterboxes Participation Group (age 13–18)</li> </ul>
<b>Thu 1 Nov</b>	<ul style="list-style-type: none"> <li>1. Holiday Family Swim (age 0–18th birthday)</li> <li>5. Hop Skip &amp; Jump Swindon (age 0–25)</li> <li>6. Football in the Community Multi Sports Inclusion Course (age 5–16)</li> <li>7. Football in the Community Development Week (age 5–15)</li> <li>15. Gym (age 16+)</li> <li>16. Learn to Swim (age 5–16) <i>ring to check</i></li> <li>17. Swindon Champions (age 16+)</li> <li>27. Swindon 10–18 Project (age 10–18)</li> </ul>
<b>Fri 2 Nov</b>	<ul style="list-style-type: none"> <li>4. 5–16s Holiday Activity Group (age 5–16)</li> <li>5. Hop Skip &amp; Jump Swindon (age 0–25)</li> <li>6. Football in the Community Development Week (age 5–15)</li> <li>18. Wheelchair Basketball (age 12+)</li> <li>19. Oasis Stepping Stones Swim (all ages)</li> <li>24. Ladybird Children’s Centre: Shake Rattle &amp; Roll</li> </ul>
<b>Sat 3 Nov</b>	<ul style="list-style-type: none"> <li>5. Hop Skip &amp; Jump Swindon (age 0–25)</li> <li>20. Wheelchair Tag Rugby (age 12+)</li> <li>21. Learn to Swim (age 16+)</li> </ul>
<b>Sun 4 Nov</b>	<ul style="list-style-type: none"> <li>18. Wheelchair Basketball (age 12+)</li> </ul>

# Activities:

## 1. Holiday Family Swim (SBC\*)

Thu 25 Oct 9am–10am  
Fri 26 Oct 10.30am–11.30am  
Tue 30 Oct 10am–11am  
Thu 1 Nov 9am–10am

**Age:** 0–18th birthday

**Location:** Thamesdown Hydro Pool, Jefferies Ave, SN2 7HJ

**Cost:** £1 per person

(children and parents / carers)

**Transport:** Not provided

Open to any children with disabilities but must book ahead as limited space.

Parents to swim with child, siblings welcome. Contact the Aiming High Team:

01793 464080

[aiminghigh@swindon.gov.uk](mailto:aiminghigh@swindon.gov.uk)

## 2. Jolly Roger play session (Friends of The Chalet School)

Thu 25 Oct 6pm–7pm

**Age:** All ages

**Location:** Jolly Roger Adventure Play, Greenbridge Rd, SN3 3JE

**Cost:** Normal rates apply

**Transport:** Not provided

Open to children with special needs and siblings, just turn up. Parents to stay. Contact Karen Roberts: 01793 534537

## 3. 0–5s Holiday Trampoline Group (SBC\* Leisure)

Tue 30 Oct 10am–12pm

**Age:** 0–5 years

**Location:** Highworth Rec, The Elms, Highworth, SN6 7DD

**Cost:** £1.50 per child

**Transport:** Not provided

For all disabled children and friends / relatives. Must book ahead, limited space. Parents stay. Contact Kelly Jones: 07739 023560

[kjones3@swindon.gov.uk](mailto:kjones3@swindon.gov.uk)

## 4. 5–16s Holiday Activity Group (SBC\* Leisure)

Fri 26 Oct, Wed 31 Oct and Fri 2 Nov 10am–12pm

**Age:** 5–16 years

**Location:** Highworth Rec, The Elms, Highworth, SN6 7DD

**Cost:** £1.50 per child

**Transport:** Not provided

Trampoline and multi-sports, qualified coaches. For all disabled children and friends / relatives. Must book ahead, limited space. Parents stay. Contact Kelly Jones: 07739 023560

[kjones3@swindon.gov.uk](mailto:kjones3@swindon.gov.uk)

## 5. Hop Skip & Jump Swindon (Charity)

Ring to confirm holiday dates nearer the time. Usual opening hours:

**Term-time weekdays:**

Mon 8am–4pm

Tue to Fri 8am–6pm

**Saturday/School holidays:**

9am–6pm

**Sundays: Closed**

**Age:** 0–25 years

**Location:** Upper Shaw Ridge Farm, Ridge Green, Swindon, SN5 5PU

**Cost:**

**Prices have increased:**

Standard NON 1:1 support: £4 per hour

1:1 support: £7.50 per hour

**Transport:** Ring to check

Open to all children / young adults with any additional / special need or life-limiting condition. Games, soft play, arts and crafts, outdoor play, cookery. Bring a packed lunch. Book ahead for sessions where parents don't need to stay:

01793 977175

07557 435012

[supervisor.swindon@hopskipandjump.org.uk](mailto:supervisor.swindon@hopskipandjump.org.uk)

## 6. Swindon Town Football in the Community

### Multi Sports Inclusion Course

3 day course: Tue 30 Oct, Wed 31 Oct and Thu 1 Nov 10.30am–2pm

**Age:** 5–16 years

**Location:** St Joseph's Catholic College, Ocotal Way, Swindon, SN3 3LR

**Cost:** £25 for the 3 days

**Transport:** Not provided

For any children with special needs or disabilities. Advanced bookings only. Limited space so book asap. Parents don't stay. Contact Clive Maguire:

01793 421303

07901 570236

[clive@stfc-fitc.co.uk](mailto:clive@stfc-fitc.co.uk)

[www.stfitc.co.uk](http://www.stfitc.co.uk)

## 7. Swindon Town Football in the Community

### Development Week

Tue 30 Oct to Thu 1 Nov (plus optional extra day Fri 2 Nov)

9.30am–3pm

**Age:** 5–15 years

**Location:** Meet at County Ground, County Road, Swindon, SN1 2ED

(Children walk from there to St. Joseph's College and back)

**Cost:**

3 days (Tue–Thu): £49.50

4 days (Tue–Fri): £59.50

Ring to check reductions for siblings / multiple bookings

**Transport:** Not provided

For disabled and non-disabled boys and girls. Advanced bookings only. May not be suitable for all disabilities; ring to discuss child's needs.

Contact Clive Maguire:

01793 421303

07901 570236

[clive@stfc-fitc.co.uk](mailto:clive@stfc-fitc.co.uk)

[www.stfitc.co.uk](http://www.stfitc.co.uk)

**8. Walking Group  
(Community Learning  
Disability CAMHS)  
Wed 10.30am–12pm (approx)**

**Age:** 0–18 years

**Location:** Stanton Park,  
Stanton Fitzwarren, SN6 7SF

**Cost:** Free

**Transport:** Not provided

Open to all, just turn up.  
Parents to stay. It can get  
muddy, bring wellies! No  
dogs please. Contact Kirk  
Anderson: 01793 464089  
[kirk.anderson@nhs.net](mailto:kirk.anderson@nhs.net)

**9. Cycling for Health  
(SBC\* Leisure)  
Mondays 10am–11am,  
ring to check  
(not bank holidays)**

**Age:** 16+ (under 16 with guardian)

**Location:** Athletics Track  
(County Ground), County  
Road, Swindon, SN1 2EE

**Cost:** SwindonCard prices

**Transport:** Not provided

With inclusive bikes. Open  
to all abilities. No need to  
book, just turn up and pay  
on track. Bikes / helmets can  
be provided. Contact Anna  
Cipullo: 07717 696672  
[acipullo@swindon.gov.uk](mailto:acipullo@swindon.gov.uk)

**10. Swindon Rockets  
Powerchair Football  
Most Mondays 6pm–8pm,  
(not bank holidays)**

**Age:** 8 years +

**Location:** Nova Hreod School,  
Akers Way, Swindon, SN2 2NQ

**Cost:** £5 per session / £20 per  
year to become a member

**Transport:** Not provided

For people with physical  
disabilities, powerchairs and  
manual wheelchairs. Venue /  
time subject to change, ring to  
check. Potential new players,  
ring in advance: 07960 763716

**11. Sledge Ice Hockey  
(Swindon Wildcats /  
SBC\* Leisure)  
Tuesdays 3.30pm–4.30pm,  
to be confirmed, email to  
check:**

**Age:** 8 years +

**Location:** The Link Centre,  
Whitehill Way, Swindon,  
SN5 7DL

**Cost:** Free, but may be a  
charge if playing in a league.

**Transport:** Not provided

Learn to play. Disabled  
and non-disabled players  
welcome, no experience  
necessary. Equipment  
provided. Qualified coaches.  
Book in advance. Parents  
to stay. Contact Aaron Nell:  
07789 510106  
[aaron.nell@swindonwildcats.com](mailto:aaron.nell@swindonwildcats.com)

**12. Swindon Leopards FC  
and Swindon SEQOL FC  
Wednesdays 8pm–9pm,  
ring to check**

**Age:** 16 years +

**Location:** Croft Sports  
Centre, Marlborough Lane,  
Swindon, SN3 1RA

**Cost:** £3 per session

**Transport:** Not provided

Football team for men with  
learning disabilities / mental  
health. The teams are part of  
the Wiltshire & Dorset Ability  
Counts Leagues (Swindon  
SEQOL are in the  
Championship; Swindon  
Leopards are in the League).  
Ring to discuss before  
attending for the first time.  
Usually runs year round,  
but ring to check.  
Contact Terry Yeomans:  
07881 281825

**13. Inclusive Climbing  
(SBC\* Leisure)  
Wednesdays 10.30am–12.30pm**

**Age:** 16 years +

**Location:** Link Centre, Whitehill  
Way, Swindon, SN5 7DL

**Cost:** SwindonCard prices

**Transport:** Not provided

For people with learning  
disabilities. Book in advance.  
Usually runs in holidays, ring  
to check. Anyone new,  
contact the Link Centre  
Climbing Team first to talk  
through: 01793 445566  
[climbingteam@swindon.gov.uk](mailto:climbingteam@swindon.gov.uk)

**14. Gym & Athletics  
(SBC\* Leisure)  
Wednesdays 2.30pm–4pm**

**Age:** 16 years +

**Location:** Link Centre,  
Whitehill Way, Swindon,  
SN5 7DL

**Cost:** SwindonCard prices

**Transport:** Not provided

For people with learning  
disabilities. Usually runs in  
holidays, ring to check.  
Anyone new, contact the  
Link Centre first to talk  
through: 01793 445566  
[LinkALC@swindon.gov.uk](mailto:LinkALC@swindon.gov.uk)

**15. Gym (SBC\* Leisure)  
Most Thursdays 9.30–10.30am  
and 10.30am–11.45am  
Ring to check**

**Age:** 16 years +

**Location:** Broome Manor  
Gym, Pipers Way, Swindon,  
SN3 1RG

**Cost:**

With SwindonCard £1.80 /  
Without SwindonCard £2.30

**Transport:** Not provided

Open to people with  
disabilities. By appointment,  
ring first to discuss. Contact  
Keith Bell: 01793 864934

\*SBC = Swindon  
Borough Council

**16. Learn to Swim (SBC\* Leisure)**  
Thursdays 6.30pm–7pm  
10 week courses, ring for dates

**Age:** 5–16 years

**Location:** Dorcan Rec, St Paul's Drive, Covingham, Swindon, SN3 5DA

**Cost:** £48 with a SwindonCard for the full 10 weeks.

**Transport:** Not provided

Open to young people with disabilities. Parents accompany children in the water. Book ahead: 01793 533763

**17. Swindon Champions Multi-Sports Club (SBC\* Leisure)**  
Thursdays 6.30pm–8pm

**Age:** 16 years +

**Location:** Dorcan Rec, St Paul's Drive, Covingham, Swindon, SN3 5DA

**Cost:** £1.50 per session

**Transport:** Not provided

For people with learning disabilities. Contact Emily Sparkes to talk through / check running:  
07557 197226

[ESparkes@swindon.gov.uk](mailto:ESparkes@swindon.gov.uk)

**18. Wheelchair Basketball (SBC\* Leisure)**  
Fridays 5pm–7pm and  
Sundays 12pm–1pm

**Age:** 12 years +

**Location:** Youth First Centre, Marlowe Avenue, Swindon, SN3 3HW

**Cost:** Friday £2 / Sunday £1 (£1 per hour)

**Transport:** Not provided

Open to all abilities, disabled and non-disabled. Equipment including sport wheelchairs provided. Qualified coaches. Contact Ben Humphrey:  
07815 776593

**19. Oasis Stepping Stones Swim (SBC\* Leisure)**  
Fridays:  
9.15–10am School Holidays  
10.15–11am Term Time

**Age:** All ages

**Location:** The Oasis, North Star Avenue, Swindon, SN2 1EP

**Cost:** The Oasis is now privately owned. Valid SwindonCards accepted until normal expiry date (unless you did not consent for transfer of your details). SwindonCards bought / renewed after 1/6/12 will not be valid.

**Transport:** Not provided

Disability swim. No need to book. Parent / carer to accompany child in the water. Excellent access, disabled change, shallow entry. Fully accessible toilet / changing facility. Contact the Oasis:  
01793 445401

**20. Wheelchair Tag Rugby (Swindon St George / SBC\* Leisure)**  
Saturdays 10am–12noon

**Age:** 12 years +

**Location:** Youth First Centre, Marlowe Avenue, Swindon, SN3 3HW

**Cost:** £2 per session (first 2 sessions free)

**Transport:** Not provided

Open to all abilities, disabled and non-disabled players. Equipment including sport wheelchairs provided. Contact Tony Ellis:  
07887 561520

**21. Learn to Swim (SBC\* Leisure)**  
Saturdays 1pm–2pm

**Age:** 16 years +

**Location:** Dorcan Rec, St Paul's Drive, Covingham, Swindon, SN3 5DA

**Cost:** £1 per session

**Transport:** Not provided

For people with learning disabilities. Book ahead. Usually runs in holidays, ring to check:  
01793 533763

**22. Ice Skating (SBC\* Leisure)**  
Any public session

**Age:** All ages

**Location:** The Link Centre, Whitehill Way, Swindon, SN5 7DL

**Cost:** SwindonCard prices, supporter skates free

**Transport:** Not provided

Open to all. No need to book. Wheelchairs welcome, ramp available. Parents to stay, can support user on the ice. No coaches. There is also a disabled skating session, in term-time only.  
01793 445566

**23. Butterflies Children's Centre: Activity Session**  
Wed 31 Oct 10am–12pm

**Age:** 0–8 years

**Location:** To be confirmed. Will be SN25 area; contact the centre nearer the time to check

**Cost:** £2 per family

**Transport:** Not provided

Open to children aged 0–8 and their parents / carers / families. Parents to stay. Book in advance. Contact Zoe Williams / Amanda Wray:  
01793 722984  
[butterflies@abbeymeads.swindon.sch.uk](mailto:butterflies@abbeymeads.swindon.sch.uk)

\*SBC = Swindon Borough Council



## 24. Ladybird Children's Centre

**Closed Bank Holidays**

### **Stay and Play Toddler session**

**Mon 29 Oct 9.30am–11am**

### **Bumps 2 Walkers**

**Wed 31 Oct 9.30am–11am**

### **Shake, Rattle & Roll**

**Fri 26 Oct and 2 Nov  
9.30am–10.30am**

**Location:** Newburgh Place,  
Highworth, SN6 7DN

**Cost:** 50p

**Transport:** Not provided

Parents to stay. Ring  
for more information:

01793 762341

[ladybird@](mailto:ladybird@westrop.swindon.sch.uk)

[westrop.swindon.sch.uk](mailto:westrop.swindon.sch.uk)

## 25. Rainbow Trust Children's Charity Drop in Group

**Not confirmed, ring to check:**

**Wed 31 Oct 4pm–6pm**

**Age:** 0–18 years

**Location:** Salt Way Centre,  
Pearl Road, Middlelease,  
Swindon, SN5 5TD

**Cost:** Free

**Transport:** Not provided

Open to children / families  
supported by Rainbow  
Trust: Families who have  
a child with terminal illness  
/ life threatening condition  
can refer for support from  
the Rainbow Trust initially.

Turn up on the day.

Parents to stay.

Contact Bryan Short:

01793 841204

[Bryan.short@](mailto:Bryan.short@rainbowtrust.org.uk)

[rainbowtrust.org.uk](mailto:rainbowtrust.org.uk)

## 26. Trio Opportunity Network Childminders

**Dates by arrangement**

**Age:** 0–25 years

**Location:** Across Swindon

**Cost:** Contact provider

**Transport:** Contact provider

Qualified to level 3 in childcare.  
Specific SEN training. Varying  
experience of working with  
children with disabilities.

Open to all: 01793 466075

## 27. Swindon 10–18 Project (STEP, Charity)

**Tue 30 Oct and Thu 1 Nov  
11am–2pm**

**Age:** 10–18 years

**Location:** Nythe Centre

**Cost:** Free

**Transport:** Provided

Group for STEP members only,  
by referral. Safe, supportive  
environment for young people  
who are experiencing isolation  
/ exclusion due to lack of social  
skills, personal circumstances  
or poverty. Parents don't stay.  
For more information or  
referrals, contact Paul  
Dobson: 01793 714042

[swindonstep@aol.com](mailto:swindonstep@aol.com)

## 28. Chatterboxes Participation Group (STEP, Charity)

**Wed 31 Oct 11am–1pm**

**Age:** 13–18 years

**Location:** Ring to check

**Cost:** Free

**Transport:** Provided

Group for Chatterboxes  
members only: Participation  
Group for young people with  
a disability to have their say,  
discuss issues and influence  
services. Parents don't stay.

For more information or  
referrals, contact Paul

Dobson: 01793 714042

[swindonstep@aol.com](mailto:swindonstep@aol.com)

## 29. Riding for the Disabled Dates by arrangement

**Age:** All ages

**Location:** Cerney Wick Farm,  
Near Cirencester, GL7 5QH

**Cost:** £5 per child per session

**Transport:** Not provided

Horse riding for people with  
disabilities. Book in advance.

Contact Helen Dorling:

01793 750151

### **Please note:**

The Aiming High Short  
Breaks Team also run  
specialist activity  
groups for disabled  
children throughout  
the year and during  
some school holidays.

**These groups are for  
children who have  
higher levels of need  
and may struggle to  
access the other  
activities in this  
Newsletter.**

If you would like to  
discuss whether there  
may be a suitable  
group for your child,  
please contact your  
child's Social Worker  
or an Inclusion and  
Outreach Worker on  
tel: 01793 464080 or  
email: [aiminghigh@](mailto:aiminghigh@swindon.gov.uk)  
[swindon.gov.uk](mailto:swindon.gov.uk)

Decisions about  
services are based  
upon the needs of the  
child and every effort is  
made to ensure that  
there is a fair  
distribution of services  
for all disabled children.

## You can also contact your local Children's Centre:

Children's Centres provide services for pre-school children and their families, such as toddler or early years groups and play sessions. Contact your local Centre to find out what is taking place:

**Butterflies** ☎ 01793 722984 Abbey Meads School, Hugo Drive, Swindon, SN25 4GY

**Croft** ☎ 01793 533353 Marlborough Lane, Swindon, SN3 1RA

**Drove** ☎ 01793 818600 Plymouth Street, Swindon, SN1 2LA

**Eldene** ☎ 01793 484100 Colingsmead, Eldene, Swindon, SN3 3TQ

**Goddard Park** ☎ 01793 342347 Goddard Park School, Welcombe Avenue, Swindon, SN3 2QN

**Gorse Hill** ☎ 01793 523800 Gorse Hill School, Avening Street, Swindon, SN2 8BZ

**Greenmeadow** ☎ 01793 530260 Greenmeadow School, Pen Close, Swindon, SN25 3LW

**Ladybird** ☎ 01793 762341 Newburgh Place, Highworth, Swindon, SN6 7DN

**Moredon** ☎ 01793 615479 Montrose Close, Moredon, Swindon, SN2 2JR

**RLK** ☎ 01793 525830 Westcott Street, Swindon, SN1 5HS

**Saltway** ☎ 01793 465364 Pearl Road, Middleleaze, Swindon, SN5 5TD

**Saplings** ☎ 01793 829996 Grange Infant School, Delamere Drive, Stratton, Swindon, SN3 4XE

**Sure Start Pinehurst and Penhill:**

**Penhill** ☎ 01793 705091 Everleigh Road, Penhill, Swindon, SN2 5HB

**Pinehurst** ☎ 01793 514492 Beech Avenue, Pinehurst, Swindon, SN2 1JR

**West Swindon Family Centre** ☎ 01793 871303 15 Gainsborough Way, Freshbrook, SN5 8PD

### Are you a working parent or one who is accessing training?

**Did you know that 'Inclusion Funding' may be available, should your child need one-to-one support to gain access to a childcare setting?**

Inclusion Funding is available to enable a child with Special Educational Needs or disabilities to access a registered setting, whilst allowing their parent to access work or training. This could be before school, after school and / or during school holidays. The funding is available to allow a setting to employ a 1:1 support worker to enable the child to access their provision, provided that this enables a parent to access work or training.

For full details visit the Swindon Childcare Practitioner website:

[www.earlyyearschildcare.org/eyr-nav-funding/grants\\_to\\_group\\_childcare\\_provision.htm](http://www.earlyyearschildcare.org/eyr-nav-funding/grants_to_group_childcare_provision.htm)

### Are you looking to access work or training?

**Do you need Ofsted registered childcare to enable you to access work / training  
Have you previously faced barriers? Do you want to return to work / training?**

If you want to find out about the initiatives to support parents of children with SEN or disabilities accessing childcare, contact Nicola Perrett on tel: 01793 466075.

*N.B. Inclusion funding for **social and leisure** purposes may be available from the Aiming High Short Breaks Team, tel: 01793 464080 or email: [aiminghigh@swindon.gov.uk](mailto:aiminghigh@swindon.gov.uk)*

## Ofsted Registered Childcare:

Contact the setting to check opening dates and discuss your child / young person's needs:

**Active Eight** ☎ 07594 097556 Chiseldon Primary School, Castle View Road, Chiseldon, SN4 0NS

**Big A Greendown** ☎ 07832 304452 Greendown School, Grange Park, Swindon, SN5 6HN

**Crazy Crocs** ☎ 01793 825525 Stratton Community Ctr, Grange Drive, Stratton, Swindon, SN3 4JY

**Hi 5 Haydon** ☎ 01793 706666 Haydon Centre, Thames Ave, Greenmeadow, Swindon, SN25 1QQ

**Hi 5 Link** ☎ 01793 445566 Link Centre, Whitehill Way, Westlea, Swindon, SN5 7DL (*over 8's only*)

**Hillsborough Nursery** ☎ 01793 790271 Bishopstone, SN6 8PW

**Hop, Skip & Jump** ☎ 01793 977175 Upper Shaw Ridge Farm, Ridge Green, Swindon, SN5 5PU

**Keytime** ☎ 07712 781211 St Paul's Church Centre, Covingham, Swindon, SN3 5EJ

**North Star Nursery** ☎ 01793 411994 Polaris House, North Star Avenue, Swindon, SN2 1HH

**Oops-a-Daisy-Childcare** ☎ 01793 490893 6 Pine Court, Stratton St Margaret, Swindon, SN2 8AD

**Poplars Nursery** ☎ 01793 790774 Wanborough Road, Lower Wanborough, SN4 0AA

**Poppies** ☎ 01793 613457 Old School House, Ferndale Road, Swindon, SN2 1HL

**Trees Nursery** ☎ 01793 480780 Quarry Road, Old Town, Swindon, SN1 4EN

**Westlea** ☎ 07773 027583 Westlea School, Langstone Way, Swindon, SN5 7BT

**White Cottage Pre-school** ☎ 01793 537770 Even Swindon Community Centre, Old School, Jennings Street, Swindon, SN2 2BG

**White Cottage Nursery** ☎ 01793 825845 South Marston Hotel, South Marston, SN3 4SH

**Wroughton Rascals** ☎ 07985 247008 or 01793 778327 Ridgeway Leisure Centre, Inverary Road, Wroughton, SN4 9DJ

### Editorial policy and disclaimer

Contributions will be included if they are considered to advance and encourage the development of services / opportunities for disabled children and their families or celebrate their achievements. Views expressed in articles do not necessarily reflect the editor or sponsors' views. We try to ensure the accuracy and appropriateness of all material, but cannot be held responsible for the content of any product or website listed.

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The information in this newsletter can be produced in a range of languages and formats (such as large print, Braille or other accessible formats) by contacting Swindon Borough Council Customer Services:

Tel: 01793 445500

Email: [customerservices@swindon.gov.uk](mailto:customerservices@swindon.gov.uk)

This newsletter is also available on the internet: [www.swindon.gov.uk/aiminghighshortbreaks](http://www.swindon.gov.uk/aiminghighshortbreaks)

## Have you registered to receive information?

This Newsletter is produced by the Aiming High Short Breaks Team. We try to ensure that it is distributed as widely as possible. However, by registering with us through 'SADIE', we can make sure you receive information directly. SADIE is the Swindon Area Database and Information Exchange, a voluntary register for children and young people aged 0–25 who have any type of disability, additional needs or long-term health condition.

If you would like to register to receive information, or you have any feedback, contact the Aiming High Short Breaks Team on 01793 464080 or email: [aiminghigh@swindon.gov.uk](mailto:aiminghigh@swindon.gov.uk). Or return the tear-off slip below using our Freepost address (no stamp needed):

✉ Freepost RSHC-BZKS-HBGK  
Aiming High Team, Swindon Borough Council  
The Salt Way Centre, Pearl Road, Middleleaze, SWINDON, SN5 5TD



## I would like to register to receive information through SADIE / Aiming High:

Child/Young Person's Name ..... Date of Birth .....

Parent/Carer's Name ..... Title .....

Address ..... Post Code .....

Tel ..... Email Address .....

I would prefer to receive information / newsletters by (please tick one):    Email     Post

If you select email, please make sure that your email account will allow you to receive emails from [aiminghigh@swindon.gov.uk](mailto:aiminghigh@swindon.gov.uk) and [smoody@swindon.gov.uk](mailto:smoody@swindon.gov.uk). (Some email account providers automatically reject these emails, or put them into your 'junk' folder).



### How your information will be used:

The information you provide will be recorded on the SADIE / Aiming High database. Information will not be shared with any third parties. We will check periodically to make sure that you still wish to receive information. You can ask us to remove your details at any time if you wish. For more information contact the Aiming High Short Breaks Team on 01793 464080 or email: [aiminghigh@swindon.gov.uk](mailto:aiminghigh@swindon.gov.uk). Under the Data Protection Act you can see your own personal information. If you would like to know more about this, ask for our leaflet 'Access to your personal information' or contact the Data Protection Officer at Swindon Borough Council, Civic Offices, Euclid St, Swindon SN1 2JH