

Psychodermatology UK Annual Report 2013.

Psychodermatology UK has seen a number of advances this year. These include;

- **BAD Working Party Report 2012.**

The remit of this working party was to provide a consensus statement for the British Association of Dermatologists (BAD) on the minimum standards which should be provided to support psychodermatology service provision in the UK. The members of the group were chosen for their specialist experience of psychodermatology practice in an acute delivery setting. The objective for a consensus statement is borne out of a need to improve support and access to psychological and psychiatric care for dermatology patients. This is in line with the government's agenda to improve psychological support for patients in the community and secondary care, particularly those suffering from long term conditions. Further service provision information and resource tools, to support BAD members in providing psychodermatology (psychocutaneous medicine) services, accompany this report and are available on

- <http://www.bad.org.uk/Portals/Bad/Clinical%20Services/Psychoderm%20Working%20Party%20Doc%20Final%20Dec%202012.pdf>
 - Or www.bad.org.uk word search 'Psychodermatology'
 - Also please see. Bewley A, Affleck A, Bundy C, Mc Bride S and Higgins E. *Br J Dermatol.* 2013 Jun;168(6):1149-50.
- The British Association of Dermatologist has successfully applied to the Department of Health for funding of a **Psychological Support for Skin Conditions online resource.** A significant amount of money has been allocated to this project which should go live over next year. A multidisciplinary steering committee has been established by the BAD to advise about the development of this important project.
 - **Psychodermatology UK Annual Meeting** was 24.01.13 at the Royal Society of Medicine, 1 Wimpole Street, London W1. The agenda included introductions by Drs Bewley (Dermatologist) & Taylor (Psychiatrist). Then lectures by
 - Dr Les Millard FRCP, Consultant Dermatologist. *Dermatitis Artefacta. New approaches and management of a difficult disease*
 - Dr Chris Bundy, Senior Lecturer in Behavioural Medicine, University of Manchester. *Psychological Support for people with psoriasis: what do people need*
 - Tracey Walker MIT, Consultant Trichologist. *Trichotillomania: Diagnosis and management – a trichologists approach.*
 - Dr Drummond, Consultant Psychiatrist, St Georges Hospital, London. *Body Dysmorphic Disorder: What is it, who gets it and what can be done about it.*
 - Dr Reena Shah, Clinical psychologist. *Vitiligo and coping with Vitiligo.*

- Psychodermatology has liaised extensively in 2012 with multidisciplinary partners and members have presented at meetings held by
 - Primary Care Dermatology Society (www.pcds.org.uk).
 - British Dermatology Nursing Group (www.bdnng.org.uk). Our nursing colleagues have set up psychology training for nurses. Please contact Barbara Page for details.
 - European Society for Dermatology and Venereology (www.eadv.org).
 - European Society for Dermatology and Psychiatry (www.esdap2013.org). The biennial meeting for ESDaP was in Roskilde in Denmark June 2013. Colleagues from Britain presented research and clinical papers.
- **Future Training Events**
 - **ESDAP summer school 2014.** A biennial course run by Dr Françoise Poot in Belgium. This excellent course lasts for a week. Please see www.eadv.org for details.
 - **4th Annual Barts and the London Training for SpRs and newer consultants. 22nd to 23rd Nov 2013.** The UK training event takes 20 candidates per year and has been acclaimed by previous trainee candidates. This year the plan is to run the training over a Friday and Saturday rather than over a whole weekend. Please contact anthony.bewley@bartshealth.nhs.uk for details / application.
 - **The Mind and the Skin module,** University of Hertfordshire. This is a module which may lead towards an MSc in cutaneous medicine and surgery from the University of Hertfordshire. It attracts a multidisciplinary candidature (dermatologists, GPwSIs, nursing and other health care professionals). Please contact m.flanagan@herts.ac.uk for details / application.
 - **Psychodermatology UK Annual Meeting. Thurs 23rd January 2014.** (probably at) the Medical Society of London, 11 Chandos Street, London W1. 13:30 for 2pm start, finish at 5:3 Please contact anthony.bewley@bartshealth.nhs.uk or kathleen.pampellone@virgin.net if you wish to attend.