

**Educational Content and Aims for an Innovative Post
in General Practice/Community Psychiatry
at the West Cumbria Vocational Training Scheme**

Learning outcomes specific to the post		
Knowledge	Skills	Attitudes
Evidence Based Guidelines for psychiatric conditions	Psycho-pharmaco therapeutics	Patient journey
Presentation of common psychiatric diseases	Inter personal therapy	Collaboration with secondary care
Stepped intervention model	Guided self help	Appropriate referral
	CBT Skills	Ability to reflect on treatment and management of people with Personality disorders
Mental Health Act	Risk assessment and management	Heartsink, self awareness, counter transference
Available resources for management of mental health issues	Child and adolescent issues	Ethnicity and Dignity and impact of culture on prentation and management
Needs of persons with Learning disabilities	Screening / Identification / Referral	Learning disabilities
	Managing Personality disorders	
	Communication Skills	
	Substance Misuse	
	Learning disabilities	
	Diagnostic	
	History taking	

Post summary

Wednesdays pm 1 session VTS half day release programme
Fridays am 1 session Psychiatry teaching programme

The rest of the week will consist of 3 further session in psychiatry, 4 session in general practice, and 1 session private study time. (Total 10 sessions)

In discussion with the clinical supervisor and the menu of opportunities (below) the GPR will plan his/her education in psychiatry to cover the educational objectives listed above.

Main duties and responsibilities of GPR

The GPR will be employed by the training practice. The GP Trainer will be the overall educational supervisor, with meetings initially at 3/12 and at 6/12 to assess progress and develop training programmes to suit individual need. The responsibilities will vary through the post.

Details of training programme and protected teaching

Adult and child protection
Breakaway training
Adult and child protection
Psychiatric interview
Risk assessment
Prevention and management of violence and aggression

Menu of opportunities during the post

General adults psychiatry
Older adults psychiatry
Crisis teams
Learning disabilities
Family therapy
Systemic therapy (holistic approach)
Assertive outreach
Drug and alcohol misuse
Child adolescent services
Early intervention in psychosis
A & E liaison nurse (suicide risk assessment)
Attachment to GPWSI
CBT
Participation in Trust based educational sessions which include seminars on psychiatric topics, case conferences and journal club with critical appraisal training.
Participation in Balint group and psychotherapy teaching weekly in order to develop an understanding of psychodynamic issues in mental health.

Out of Hours Commitment

OOH sessions in general practice as defined by deanery requirements and the WBPA.

Arrangements for monitoring, support and appraisal of GPR for both aspects of the post

Educational supervision meetings as define by the WBPA. Beginning, middle and end point meetings with clinical supervisors in both specialties. Assessment schedule and learning log as define by the WBPA.