

PSYCHIATRY POST

Overlap with Geriatric Post for Old Age Psychiatry Component

- Relevant Section(s) of Curriculum:**
- 13 Care of People with Mental Health Problems
 - 14 Care of People with Learning Disabilities
 - 15.3 Drug and Alcohol problems

What the trainee could get out of post:

Appreciation of important issues identified:

1. **Importance of Good Communication** – Across primary-secondary care interface, with wider team and other agencies
2. **Importance of Co-morbidity** – also reflected by QOF Mental Health Indicators

Specific Knowledge

1. **Mental Health Act** – Changes, Accredited Medical Practitioner, Role of Mental Welfare Commission
2. **Medico-legal issues** – Adults with Incapacity, Fitness to Drive (mental health)
3. **Therapeutics** – Anti-psychotics, Depot, Lithium, Monitoring Requirements, Side Effects, Risk Profile, ECT, 'Emergency Sedation'
4. **Specific Treatments** – Psychotherapy, CBT, Anger Management, Relaxation Techniques
5. **Awareness of Classification systems used** – ICD 10/DSM 4
6. **Awareness of prevalence mental illness expected in primary care**
7. **Awareness of theories** - Freud, Jung, Laing, Balint

Specific Skills – Acute Assessment and Management

1. **Mental State Assessment** – History and examination including broader history (SH - alcohol, drugs. Personal History – childhood, FH)
2. **Assessing suicide risk and self harmers**
3. **Management of Aggression**
4. **Writing care plans**
5. **How decide who to admit**

Appreciation of Roles of Others

1. **Non-medical** – Police, Social Workers, Solicitors
2. **CPNs** including those in OOH service
3. **Sub-specialties** within psychiatry
4. **Clinical psychology** – roles and limits

DRUG AND ALCOHOL TRAINING

Awareness of Issues

1. Scale of problem in Scotland
2. Overlap of medical, psychosocial and forensic issues
3. Impact on others of an individual's mental illness
4. Legal – work, driving

Awareness of Role of Psychiatrists

1. Acutely ill – who needs admitted and where (medics or psychiatry)
2. Therapeutics – Detoxification, Medical Therapies (Naltrexone, Methadone),
Including an awareness of success rates of different strategies
3. Theory – motivational principles

Awareness of Services Available and what offer

1. Day Units
2. Organisations – AA, Local (eg Renfrewshire Council on Alcohol), Turning Point –
Social Care
3. Community Addiction Teams

LEARNING DISABILITIES

Awareness of common problems/issues and strategies for tackling these. Important as most care is community based.

How:

LEARNING OPPORTUNITIES IN HOSPITAL SETTING

1. **Seeing patients** - Emergency referrals and elective admissions
2. **Ward duties including Multidisciplinary Team meeting**
3. **Clinics including specialist clinics** eg LD, Drug and Alcohol, Old Age Psychiatry
4. **Case Based Discussion**
5. **Formal Teaching Sessions**