

Developing Patient Leaders Supporting Information

Please note that this programme is designed for patients and service users – it is not applicable for staff

Introduction

The Developing Patient Leaders programme is an essential component the Transforming Participation Partnership, which is supported by the Academic Health Science Network. The programme is led by NHS England (Cumbria, Northumberland and Tyne & Wear Area Team) and aims to improve health outcomes in two ways. Firstly through individual participation of patients in their own care, this is more likely to result in a positive patient experience and effective care. And secondly, by supporting the development of patient leaders to help achieve a future where patients are true partners in service design and commissioning decisions resulting in a greater likelihood that services meet local need and provide effective care that achieves the intended benefits for patients.

The North East Leadership Academy (NELA), one of the projects key partners, has been instrumental to the procurement and development of the Developing Patient Leaders programme and we are pleased to be working with the Centre for Patient Leadership as our programme facilitators. The team bring with them a wealth of experience in the design, development and delivery of patient leadership training, which will undoubtedly bring numerous benefits to the local health economy.

What are the aims of the programme?

The programme aims to develop a number of key skills relating to effective leadership including

- Communication and networking
- Influencing and negotiation
- Overcoming resistance
- The power of questioning
- Self-awareness
- Confidence to engage

Who would benefit from the programme?

Some factors to consider when deciding whether the programme is right for you include

- Do you want to get more involved in your local health community, working in partnership with health professionals to improve services?
- Have you got an idea or project related to health or care that you wish to develop?
- Are you already involved with health services and want to develop your ability to influence and help to make things happen?
- Do you want to learn how to deal more effectively with conflict and/or difficult behavior in the group or organisation you belong to?
- Do you want to know how to communicate in a way that gets your point and views across to others?
- Do you want to know how to build effective relationships that help you to achieve your work goals?
- Are you currently in a patient representative or leadership role and have ideas but feel stuck or blocked and want to learn how to move forward?

What does the programme involve?

The programme includes

- Three one day workshops each, with a gap of between five and six weeks to consolidate themes learnt between training days
- Coaching
- Action learning sets

Dates and venues

Programmes are all day from 9.30am until 4.00pm with a choice of the following cohorts. **Please note that participants must attend all days from a cohort, it is not possible to move between cohorts once chosen.**

Cohort 1

Morrison's Trust, Darlington

4th February 2015

11th March 2015

29th April 2015

Cohort 2

Waterfront 4, Newburn Riverside

5th February 2015

12th March 2015

30th April 2015

Cohort 3

Hexham General Hospital

6th February 2015

13th March 2015

1st May 2015

Course content has been co-developed between NELA, the Centre for Patient Leadership and the NHS England – Cumbria, Northumberland and Tyne & Wear Area Team.

How do I apply?

Applications can be made using the form attached to

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Cumbria, Northumberland and Tyne & Wear Area Team
Waterfront 4 Goldcrest Way | Newcastle upon Tyne
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There is no cost associated with the programme.

How will people be selected to attend?

Those attending can be from any background or experience, the main aspect considered when reviewing applications will be whether individuals are committed to the programme and influencing how healthcare services are designed and delivered. We aim to make the programme as inclusive as possible and encourage applications from all communities and backgrounds, including those whose voice is often less heard.

Please note the programme is not intended for people employed within the health service. Also the programme is not targeted at charity professionals although if you feel a member of staff or a trustee would benefit, do let us know.

Will my expenses be paid?

During the training days tea and coffee will be provided during break times as well as lunch. If needed travel costs will be funded in-line with the NHS England – Cumbria Northumberland and Tyne and Wear Area Team patient and carer expenses policy, a copy of which can be provided upon request.

When does my application need to be in by?

The closing date for applications is **Friday 9th January 2015**