

What's new for sessional GPs

[Indicative locum rate – latest](#)



We've seen the impact of a locum cap on our hospital colleagues. Now **NHS England is asking practices how much they pay locums** – but what does this mean? Sessional GPs subcommittee chair Zoe Norris explains.

[Read the blog](#)

[The growing risk of out-of-hours work](#)



Out-of-hours work can be a refreshing change of scenery – but it's also stressful and risky, with **eye-watering indemnity rates**. We need a year-round solution from the NHS, says salaried GP and executive member Matthew Mayer.

[Read more](#)

[Are you on the right pension tier?](#)

If you're a salaried GP with several outside portfolios, your practice may have put you on the wrong pension tier. Sessional GPs northern representative Paula Wright explains why, and what to do about it. [Read the blog](#)

[How to have a say in your LMC – and why you should](#)

With more and more sessional GPs in the workforce, our involvement with LMCs has never been more important. The rhetoric that LMCs are just for partners is changing, says sessional GP and Lancs & Cumbria LMC member Preeti Shukla. [Find out more](#)

Missed a blog or looking for the latest news, opinion and debate on issues affecting sessional GPs? You can find them all in our [sessional GPs blog community](#)

GPs in crisis

Workload, recruitment issues, patient care... In this special feature, doctors around the country share their stories of the day-to-day challenges of working in general practice.

[Read the feature](#)



Meet your local committee rep

'There are many issues I feel passionately about, in particular indemnity, pensions and the representation of sessional GPs.' Meet subcommittee deputy chair Krishan Aggarwal – portfolio GP, medico-politician and salsa enthusiast. [Read more](#)

Sessional sound bites

New measures to help GPs return to practice

The coming months will see an overhaul of the induction and refresher scheme for GPs, with improved funding and practical support. [Find out more](#) or read [NHS England's full plans](#)

Indemnity questions answered

North East and Cumbria LMCs wrote to the three medical defence organisations with questions about insurance. [Read the responses](#)

Sessional GP groups

We keep a list of sessional GP groups [here](#). If your local group is not listed or has changed its contact details, please let us know at sessionalgps.gpc@bma.org.uk

Your views can shape the future of general practice

GPs in England – we want to hear from you. Our national GP survey asks about your working life, aspirations and opinions on funding to inform our negotiations with the Government.

[Find out more about the survey](#)

[Salaried model contract and PMS practices](#)

PMS (personal medical services) practices are now required to give salaried GPs equally favourable employment terms to the BMA's model contract, which has been **mandatory in GMS practices** since 2004. **See the terms (paragraph 20.17)**

[Flu jabs for locums](#)

Don't forget, locum GPs are entitled to a free flu jab. **Find out more**

Your guidance

[Tax relief for locum doctors: new guidance from Ernst and Young](#)

If you operate through a limited company, you already know that constantly changing regulations can make it tough to keep up with your tax responsibilities. Our new guidance outlines the fundamentals of tax relief for locum doctors in plain English.

Read the guidance

Upcoming deadline: 31 October (midnight) – paper tax returns

Your events

[Planning for retirement](#)

When: October–December, various dates

Where: Winchester, Bath, Warrington, Oxfordshire, Leeds

Cost: £90

Details: Nearing retirement? Get advice on NHS and state pensions, financial planning, well-being and more. **Book now**

[Time management](#)

When: 9.30am–4.30pm, 11 November

Where: BMA House, London

Cost: £174; non-members £354

Details: Take control of your workload and learn how to manage your own and others' time intelligently in this CPD-approved workshop. **Book your place**

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for locum GPs

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