

Do you have a dental problem?

If so please see your dentist.

**If you don't have a dentist call the
dental helpline on 0345 045 0620
or text 07700 380 000**

or call NHS Direct on 0845 46 47

**If you need a dentist in an
emergency, call 0845 603 3131. You
will be given the next available
emergency appointment at a dentist
somewhere in Teesside.**

Please don't delay
your treatment by
seeing your GP for
dental problems



This will save both your time and your GP's