

## MORE OF THE SAME OR A NEW CHALLENGE?

**OPPORTUNITY** for General Practice with a difference

Any job can become repetitive after a while and introducing a little variety can re-stimulate interest and provide new challenges. Being a doctor at Arrival provides the opportunity for General Practice with a difference. With about 800 asylum seeker patients and 800 mostly refugee with some mainstream patients we make an important contribution to our patients' wellbeing during some of their more difficult times.

Many of our patients were professional or business people before their way of life was destroyed. They have left their old lives behind in search of fresh beginnings. Having fled their home country because of fear and persecution they are frequently broken and need caring, support, encouragement and empowerment as they seek to rebuild their lives.

We are a SystmOne PMS practice in Stockton-on-Tees. We are a small team with most of our staff working part-time in the practice and bringing broad experience to bear on the issues faced by our patients. Few days are the same as the one before with wide variety in the presenting issues. We do have traditional general practice presentations, but in addition less conventional problems present which may challenge your skills and perceptions, examples being:

- o Traumatised Albanian girls who have been sexually abused and exploited
- Eritreans and Syrians who have fled war zones that have devastated their homes and lives
- People from Afghanistan and Iraq who are opposition members or have worked for allied forces or simply caught up in the consequences of war

Many migrant patients do not have English as their first language and up to 50% require interpreters.

However.....

- longer consultations when needed with face-to-face interpreters as required
- An excellent clinical team of 3 part-time doctors, practice nurses, counsellors and voluntary sector services
- Positive and supportive admin backup
- Fascinating, needy and appreciative patients

.....make this a rewarding, manageable and stimulating job.

Why not come for a "taster" session as a locum to see if it is for you?

For further information please contact:

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