

THE GENERAL PRACTICE YEAR

(The Wolverhampton Grid, Version 3 1999)

The answers to the enclosed questions are intended to assist you and your trainer establish a baseline of your past experience at both undergraduate and post-graduate levels, and will help you develop an educational programme. Repeating the process at intervals will help to evaluate your progress over the registrar year.

**Prepared for
The Black Country Trainers Annual Workshop,
Bromsgrove 1999.**

SECTION A

This section outlines your experience and interests to date.

Registrar Number.....

Name

Address

.....

Name of your trainer.....

Medical School Year of Qualification

Higher Degrees, diplomas, etc.

PREVIOUS EXPERIENCE

Pre-registration 1.

.....

2.

.....

.....

Other posts with 1.
details of

experience gained 2.

.....

3.

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4.

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5.

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6.

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Special interests

.....

.....

.....

Details of projects/
special experience

(e.g. Electives)

.....

SECTION B

We have attempted to compile a very complete list. You cannot expect to feel confident in all of these areas, and many may be inappropriate to your own practice.

SCORING THE INVENTORY

Tick the appropriate column for your knowledge or experience of the condition in General Practice.

- N = No experience and no confidence.**
L = Limited experience, possibly only at undergraduate level, but little confidence.
S = Some postgraduate experience, but not fully confident in General Practice.
C = Confident to deal with the condition in General Practice.

Comments.

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Curriculum Overview General Practice

1	The Consultation	Models of the consultation / Consultation Skills / Telephone
	Primary Health Care Team	How a team functions / Roles of Primary Health Care Team members/ Nurse Practitioners
	Health Promotion	Current UK Screening programmes / Mental Health promotion /Motivating the change to a healthy lifestyle.
2	Prescribing	Controlled Drugs / PACT / Generic and Repeat Prescribing / Interactions and adverse reactions / Prescribing in special groups / Compliance / Antibiotic resistance / Addiction
	Emergencies in GP	Resuscitation / Emergency bag / Triage / Dealing with violence
3	Chronic Disease Management	Protocols / Patient literature / Specific diseases care models / Audit
	Complimentary Medicine	The range available / The relationship with mainstream medicine / Registration and Training
	Transcultural Medicine	Cultural expectations of medicine / Body Language / Death
4	Medicine and the Law	Certification and the coroner / Fitness to drive or work / charging fees Medical Negligence and Discipline
	Medical Ethics	The GMC and 'The Duties of a doctor'/ Living Wills & Euthanasia/ Confidentiality / Consent / Ethical dilemmas
	Social Services & Benefits	Med 3 & Med 5 regulations / Sick Pay / Benefits for disabled & unemployed / Training and Roles of Social Workers
5	Audit and Research	Types of Audit and the Cycle / Research: Sources of help & support
	Evidence-based medicine	What should a GP read / Critical reading / Understanding statistics / Clinical effectiveness
	IT and the Internet	"Medline" / CD-ROM texts & Evidence Base /e-mail / The Internet
6	Health Service Organisation	Models of purchasing health care / Health Authorities & NHS trusts GMC, GMSC, NHSE, LMC, CHC, MAAG / Primary Care Groups
	Business of General Practice	Terms and Conditions of Service / G.P. remuneration and funding / Partnership / the out of hours commitment / The Practice Manager / Staff Employment Law / NHS Complaints.

Personal Development	MRCGP examination / The role of our College / DRCOG and other diplomas / balancing personal & professional life
Clinical Medicine	
7 Women's Health	Gynaecological examination and procedures Menstruation Problems / Vaginal discharge, pain and bleeding Menopause / Infertility / Gynaecological Malignancies Preconception and Maternity Care / Postnatal Mental Health Miscarriage Family Planning / Emergency Contraception / Unwanted pregnancy Well women screening / Psycho-sexual problems
8 Paediatrics	Examination and Developmental Assessment of children and babies Recognising the ill child / Paediatric Resuscitation Neonatal and Infant Problems Common diseases / Serious Diseases of children in GP Conditions not to be missed / Chronic Disease in Children Accidental poisoning / Malignant Disease Psychological Problems and Adolescence The handicapped child & Cerebral palsy The Children Act / The Abused Child / Death of a child
10 Psychiatry	Anxiety / Obsessive-Compulsive Disorders / Phobia Post-traumatic / Bereavement / Psychosexual & Eating Disorders Schizophrenia / Depression and suicide risk assessment Learning disorders / Ethnic, cultural and social issues Dementia / Role of the C.P.N. and Community Mental Health Team/Substance Abuse, Notification, & prescribing addictive drugs Mental Health Act and the psychiatric emergency
11 The Heart and Circulation	Managing: Chest Pain / Dyspnoea / Syncope / Palpitations The E.C.G. / Cardiopulmonary Resuscitation Myocardial infarction, IHD and Prevention / Hypertension Heart failure / Cardiac arrhythmia / Cardiomyopathy Aortic Aneurism / Peripheral vascular disease / Carotid Stenosis
12 Respiratory Medicine	Peak Flow Meter / Spirometry / Oxygen therapy in the home Respiratory Emergencies / Respiratory Infections acute and chronic

C.O.P.D. / Asthma / Sarcoidosis / Alveolitis
Malignancy / Pulmonary Embolus / Occupational Lung
Disease.

13 The Nervous System

Examining the nervous system and assessing
intellectual function
Headache / paraesthesia / “turns” /
Epilepsy / Parkinson Disease / Strokes and T.I.A ./
amaurosis fugax
Multiple Sclerosis / Motor Neuron Disease / Guillain
Barré / Peripheral neuropathy / Neurological symptoms
in systemic disease

14 Gastrointestinal System

Oral disease / Oesophageal disease / Stomach cancer
Dyspepsia, ulceration and Helicobacter Pylori
Jaundice / Gall bladder disease / Hepatitis /
Pancreatitis / Pancreatic Neoplasia
Inflammatory Bowel diseases / Irritable Bowel /
Diverticular disease
Ischaemic bowel / Colon Carcinoma
Rectal bleeding / Anal and peri-anal diseases

15 Renal and GU Medicine

Glomerulonephritis / Renal Calculi / Pyelonephritis /
Renal failure
Cystitis / Urinary retention / Bladder tumours /
Incontinence
Prostatic hypertrophy / Prostate Cancer / Prostatitis
Phimosis / Painful testes / Torsion of the testis / Lumps
in the scrotum / Impotence
Sexually transmitted diseases.
Investigating blood / protein in the urine / the use of the
PSA.

16 ENT Diseases

ENT / Examination / Assessing hearing / Hearing Aids
Deafness / Tinnitus / Vertigo
Middle ear infection and its sequelae / Glue ear / Otitis
externa
Rhinitis / Epistaxis / Snoring
The acute sore throat / Hoarseness
Head and neck pain / Head and neck malignancy

17 Diseases of the Skin

How to diagnose skin disease / Dermatological
Pharmacology
Common Skin diseases in GP / Diseases of Scalp and
hair
Allergic manifestations / Infection and infestations
Occupational Skin Disease / Skin signs of systemic
disease
Benign and malignant skin lumps / Leg Ulcers

18 The Eye	Examining vision and the eye Diseases of the eyelid / Squint The red eye / Corneal abrasions / Glaucoma / Lens opacities Optic atrophy / Eye Malignancies Retinal Vein Thrombosis / Retinal artery Occlusion Retinal detachment / Senile Macular Degeneration The eye in systemic disease
19 Rheumatology and Orthopaedics	Diagnosis of joint pain / injecting and aspirating Joints Hip / Knee / Shoulder / Foot / Low back and Neck pain Osteomyelitis / Osteochondritis / Bone Tumours Carpal tunnel syndrome Rheumatoid Arthritis / Connective Tissue Disorders Repetitive Strain Injury Gout / Polymyalgia rheumatica
20 Endocrine System Disease	Diabetes: diagnosis / management of blood sugar / complication screening / Diabetes Emergencies Thyroid : hypo / hyperthyroidism / Goitre / Carcinoma Addison's Disease / Cushing's Disease / Pituitary disease
21 Haematology	Anaemia / Leukaemias / Lymphoma / Myeloma Sickle Cell Disease / Thalassaemia / Disorders of Platelets
21 Palliative Care	Symptom control / Syringe Drivers / issues / The dying Child / Psychological, cultural, religious & ethnic issues in Death
22 Infections and Infestations	Notification of Infectious Diseases Childhood Infections Bacterial / Viral / Parasitic Infestations Monilia / Gastro-enteritis / Leptospirosis / Lyme Disease
23 Travel Medicine	Vaccinations Schedules for Travel / Advice for patients Important imported infections
Minor Surgery	Getting on the Minor Surgery List / "Item of Service" fees Local anaesthesia / Suturing / Histology Aspirating / Injecting / Incision / Excision / Cryosurgery Health and Safety and Medico-legal aspects of Minor Surgery
Miscellaneous	Genetic Counselling / Myalgic Encephalomyelitis Sports Medicine / Occupational Medicine

The Consultation

Assess your knowledge or experience of the following in general practice:

	N	L	S	C	Comments
Models of Health and Illness					
Models of the Consultation: Neighbour					
Pendelton					
Others					
The doctor / patient relationship					
Consulting on the Telephone					
Breaking Bad News					
The Hidden Agenda					
Difficult or Failing Consultations					
Managing the Aggressive Patient					
Chaperoning					
Heartsink patients					
Time Management					
The Medical Record					
Non-verbal Communication					
Ethnic Issues					
The consultation as therapy					
Motivating Change					
Assessing your own consultations					

The Primary Health Care Team

Assess your knowledge of the following in general practice:

	N	L	S	C	Comments
The role of each professional in the Primary Health Care Team.					
Nurse Practitioners, their role and training.					
How teams work together					
Delegation and work sharing					
Training and Education					
The role of leader					

Health Education and Preventive Medicine

Assess your knowledge of the following in general practice:

	N	L	S	C	Comments
Team members and roles					
Motivating patients to change to a healthier lifestyle					
Screening: Ethics & Wilson's Criteria					
Current UK programmes					
Accident Prevention					
Psychological Health					

Prescribing

Assess your knowledge of the following in general practice:

	N	L	S	C	Comments
Regulations for FP10 & private scripts					
Prescribing Controlled Drugs					
The drug register					
BNF					
Drug Tariff					
PACT data					
Prescription Pricing Authority					
Generic Prescribing					
Repeat prescribing					
Over the counter drugs					
Giving IV or IM injections					
Interactions between commonly used drugs					
Drug adverse reactions					
Expert computerised prescribing aids					
Prescribing in special groups <ul style="list-style-type: none"> - elderly - children - pregnant or breast feeding - renal and liver disease - patients on warfarin - addicts - suicide risks 					
Addiction to prescribed medication					
Compliance					
Antibiotic resistance					

Topics for Discussion (Suggestions for use with Trainer)

- The role of prescribing as part of the consultation.
- The place of placebos
- What happens to your prescription after the patient hands it to the pharmacist?
- Role of the pharmacist
- Nurse prescribing
- The NHS response to expensive new drugs
- Dealing with Pharmaceutical Company Representatives
- Participating in clinical trials on drugs

Emergencies in General Practice

Assess your knowledge or experience of the following in general practice:

	N	L	S	C	Comments
Resuscitation					
Emergency bag					
Coping with emergencies					
Triage					
Dealing with violence in the practice					

Chronic Disease Management in General Practice

Assess your knowledge of the following in general practice:

	N	L	S	C	Comments
Disease specific clinics in General Practice					
Protocols and structured record keeping					
Team care as a focus for planning, education and audit.					
Self-help groups and voluntary agencies					
Patient literature, books, handouts					

Topics for Discussion

Models of care for: Diabetes
 Asthma / COPD
 Ischaemic Heart disease
 Anticoagulation
 Hypertension
 Rheumatoid Arthritis

Complimentary Medicine

Assess your knowledge of the following in general practice:

	N	L	S	C	Comments
Homoeopathy					
Acupuncture					
Chiropractic & Osteopathy					
Herbal and Chinese Medicine					
Reflexology and Aromatherapy					
The relationship with mainstream medicine					
Registration and Training					

Topics for discussion with trainer

When and how to refer to a complimentary practitioner
 "Complimentary Medicine should be available, open access, on the NHS"

Transcultural Medicine

Assess your knowledge of the following in general practice:

	N	L	S	C	Comments
Cultural Medical differences					
Disease prevalences in ethnic communities					
Attitudes to appointments and queues					
Problems of travel					
Body Language					
Death					
Effect of religion on medicine					

Medicine and the Law

Assess your knowledge of the following in general practice:

	N	L	S	C	Comments
Certification: Death Cremation Fitness for Work					
The coroner					
Dealing with expected and unexpected death at home					
Medical Reports					
Power of Attorney					
Fitness to drive					
Court Attendance					
Charging Fees					
Medical Negligence and Discipline					

Ethics

Assess your knowledge of the following in general practice:

	N	L	S	C	Comments
Living Wills					
Abortion					
Euthanasia					
Confidentiality					
Consent					
The GMC and 'The Duties of a doctor'					
The sick doctor					
Relationships between doctors					

Topics for discussion with trainer

- Ethical Dilemmas, and how to evaluate them
- The Ethics of health care rationing

Social Services and Benefits

Assess your knowledge of the following in general practice:

	N	L	S	C	Comments
Med 3 and Med 5 regulations					
Statutory Sick Pay & Incapacity Benefits					
Benefits for the Disabled					
Benefits for the unemployed					
Roles of Social Workers					

Audit and Research

Assess your knowledge of the following in general practice:

	N	L	S	C	Comments
The audit cycle					
Types of Audit (structure/process/outcome)					
How to do an audit					
Research: types of studies and trials					
Observational Research					
Sources of help and support					

Evidence-based medicine and critical reading

Assess your knowledge of the following in general practice:

	N	L	S	C	Comments
Evidence based clinical effectiveness					
Understanding the statistics used in journals					
Critical reading					

Topics for Discussion (Suggestions for use with Trainer)

Which publications should a GP read?

Current initiatives to ensure effective care in General Practice

Why do research, and how to get started

Information Technology and the Internet

Do you have experience in using:

	N	L	S	C	Comments
"Medline"					
CD-ROM based text-books eg: Oxford Text Book of Medicine eBNF					
CD-ROM Evidence Base: Cochrane York					
e-mail					
The Internet					

Health Service Organisation, Structure and Commissioning

Assess your knowledge of the following in general practice:

	N	L	S	C	Comments
Models of purchasing health care					
The Health Authority and NHS trusts					
National Organisations (GMC, GMS, NHSE)					
Local Bodies (LMC, Health Authorities C.H.C., MAAG)					
Primary Care Groups					
Cost Effectiveness NICE Clinical Governance					

Health Service Organisation, Structure and Commissioning

Assess your knowledge of the following in general practice:

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Models of purchasing health care					
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National Organisations (GMC, GMSC, NHSE)					
Local Bodies (LMC, Health Authorities C.H.C., MAAG)					
Primary Care Groups					
Cost Effectiveness NICE Clinical Governance					

The Business of General Practice

Assess your knowledge of the following in general practice:

	N	L	S	C	Comments
Terms and Conditions of Service "The Red Book"					
General Practitioner remuneration					
The meaning of partnership					
Funding premises					
Personal Finance, Pensions and Tax					
The Business Plan					
Interviewing					
Managing the out of hours commitment					
The Practice Manager's Role					
Staff Management and Training Employment Law					
Health and Safety at Work Act / COSHH					
NHS Complaints System					

Career and Personal Development

Assess your knowledge of the following in general practice:

	N	L	S	C	Comments
The MRCGP examination					
The role of our Royal College					
DRCOG					
Diplomas in Specialist Areas					
Masters degrees in Education or Medical Science					
Criteria for inclusion on Minor Surgery and Obstetric Lists					
Continuing Medical Education					
Professional Development					
The balance of personal & professional life					

Women's Health.

How confident are you with the following clinical skills?

	N	L	S	C	Comments
Breast Examination					
Pelvic examination / use of speculum					
Taking of cervical smears					
Removal of cervical polyps.					
Insertion/removal of I.U.C.D.'s					
Removal of foreign bodies from the vagina					
Fitting of contraceptive diaphragms/caps					
Insertion of hormone implants.					
Endometrial Biopsy					
Fitting of ring pessaries					

Assess your knowledge and ability in the following.

	N	L	S	C	Comments
Problems of menstruation.					
Amenorrhoea					
Pre-menstrual syndrome					
Vaginal discharge					
Vaginal prolapse					
Dyspareunia					
Menopause and HRT					
Vulval disorders					
Abnormal vaginal bleeding					
Gynaecological Malignancies					
Psycho-sexual problems					
Sexuality					
The abused woman					

Preconception Care					
Antenatal Care Criteria for booking Screening Foetal abn. Rhesus factor					
Intrapartum Care / Home births					
Postnatal Care					
Breast feeding					
Postnatal Mental Health					

Miscarriage					
Unwanted pregnancy and Abortion					
Family Planning					
Emergency Contraception					
The subfertile couple					
Breast lumps and pain.					
Well women screening.					

Paediatrics

Assess your clinical competence with reference to:

	N	L	S	C	Comments
Examination of children and babies					
Developmental Assessment					
Taking a history from a child					
Recognising the ill child: physical social psychological					
Paediatric Resuscitation & CPR					

Assess your ability to deal with the following conditions in general practice:

Neonatal and Infant Problems

	N	L	S	C	Comments
Heart murmur					
Sticky eye					
Jaundice					
Congenital defects					
The pyrexial or crying child					
Infant feeding					
Vomiting & Diarrhoea					

Childhood

Constipation					
Abdominal pain, acute and recurrent					
Failure to Thrive					
Rashes					
Croup and Epiglottitis					
Cough / dyspnoea / wheezing					
Headache					
Febrile convulsions					
Epilepsy					
Meningitis					
Osteomyelitis					
Paediatric Orthopaedics					
Urinary tract infection					
Malignant Disease in Children					
Accidental poisoning					
The Abused Child (Physical, Sexual and Psychological)					

Chronic Health Problems

Haemophilia and the Haemoglobinopathies					
Asthma					
The handicapped child & Cerebral palsy					
Cystic Fibrosis					
Diabetes in childhood					
Arthritis					
The family of an ill child					

Death	N	L	S	C	Comments
Sudden Infant Death					
Bereavement,					
Death and dying					

Psychological Problems

Enuresis / Encopresis					
Behavioural development & disorders					
Bullying / School refusal					
Temper Tantrums					
Learning disorders in children					
Substance Abuse					
Obesity / Anorexia / Pica					

Adolescence

Making care accessible to adolescents					
Puberty					
Teenage Pregnancy					
Contraception					
Psycho-social Issues					

Miscellaneous

Paediatric emergencies in General Practice					
Accident Prevention in the home					
Immunisation					
Child care ethics and legal aspects.					

Topics for Discussion (Suggestions for use with Trainer)

Child care legislation: The Children Act, managing suspected abuse, Ethics and Children

The Family in Trouble

Parenting

Conditions easily missed in GP surgeries:

U.T.I.

Diabetes

Abuse

Munchausen by proxy

Rheumatic Fever

Cystic Fibrosis

Osteomyelitis

Malignancies

Heart failure

Coeliac Disease

Managing minor illness in children

Other child care agencies, and working as a child care team

Psychiatry

Assess your clinical competence with reference to:

	N	L	S	C	Comments
Anxiety / Stress					
Obsessive-Compulsive Disorders					
Post-traumatic stress					
Phobia					
Grief and bereavement					
Marital problems					
Psycho-sexual problems					
Eating Disorders Obesity Anorexia					
Depression					
Suicide and parasuicide: risk assessment					
Acute Psychoses					
Schizophrenia					
Puerperal psychosis and depression					
Psychiatric disease in Children Adolescents Elderly					
Learning disorders					
Ethnic, cultural and social issues					
Dementia					
Psychiatric presentations in physical disease					
Alcohol use and abuse					
Drug addiction					
Mental Health Act.					
Role of the C.P.N. and the Community Mental Health Team					
Notification, & prescribing addictive drugs					

Topics for Discussion (Suggestions for use with Trainer)

The acute psychiatric emergency, and admission to hospital.

Caring for the family of the mentally ill patient.

The use of drugs in psychiatry and their side effects.

Counselling

The change cycle

Atypical presentation of Psychiatric disease

Managing and caring for the chronic mentally ill patient

The Heart and Circulation

Assess your clinical competence with reference to:

	N	L	S	C	Comments
Taking a blood pressure					
Assessing the heart sounds.					
The use and interpretation of the E.C.G.					
Cardiopulmonary Resuscitation					

Assess your ability to deal with the following conditions in general practice:

	N	L	S	C	Comments
Myocardial infarction					
Heart failure.					
Cardiac arrhythmia					
Cardiomyopathy					
Heart Valve Disease					
Hypertension Epidemiology Diagnosis Management					
Angina					
IHD Prevention Primary					
Secondary					
Hyperlipidaemia					
Sub-acute Bacterial Endocarditis					
Cardiac Rehabilitation					
Aortic Aneurism and screening					
Peripheral vascular disease					
Carotid Artery Stenosis					
Acute arterial occlusion					
Thromboembolism					
Varicose veins and thrombophlebitis					
Ethnic variation and issues					
Atypical presentations of cardiovascular and cerebrovascular disease					

Topics for Discussion (Suggestions for use with Trainer)

- The assessment and management of the patient presenting with
- Chest Pain
- Dyspnoea
- Syncope
- Palpitations
- Care of the amputee.
- Antibiotic prophylaxis
- Reducing cardiovascular deaths in your community
- Advances in the investigation and management of IHD in secondary care.

Respiratory Medicine

Assess your clinical competence with reference to:

	N	L	S	C	Comments
Peak Flow Meter					
Spirometry					
Use of nebulisers					
Respiratory Emergencies: Angioneurotic Oedema Stridor Status Asthmaticus					

Assess your ability to deal with the following conditions in general practice:

Respiratory Infections	N	L	S	C	Comments
Tracheitis					
Acute bronchitis					
Pneumonia, including atypical					
Tuberculosis					
Opportunistic Infections					

Chronic Pulmonary Conditions

C.O.P.D.					
Asthma					
Sarcoidosis					
Pulmonary Alveolitis & Fibrosis					
Bronchiectasis					

Malignancy

Carcinoma of the bronchus					
Other Malignancies of the Chest					
Pulmonary secondaries					

Other Conditions

Pulmonary Embolus single & multiple					
Occupational Lung Disease.					
Pneumothorax					
Pleural effusion					
Pulmonary manifestation of diseases of other systems					

Topics for Discussion (Suggestions for Use with Trainer)

The investigation of a patient with:

- Wheeze
- Dyspnoea
- Cough
- Shadow on C.X.R.
- Haemoptysis

The evidence base for the treatment of acute respiratory tract infections & the use of antibiotics.

Asthma and C.O.P.D: Standards of care (British Thoracic Society Guidelines)
Organising Care in General Practice

Provision of oxygen therapy in the home. (Oxygen Concentrators)

The Nervous System

Assess your clinical competence with reference to:

	N	L	S	C	Comments
Assessing Intellectual Function					
Examining Central Nervous System Cranial Nerves Peripheral Nerves					

Assess your ability to deal with the following conditions in general practice:

	N	L	S	C	Comments
Headache Tension Migraine Meningitis other Infections Tumour Intra-cranial haemorrhage Temporal arteritis					
Dementia (Alzheimer's and others)					
Parkinson Disease.					
Strokes and T.I.A / amaurosis fugax					
Epilepsy					
Differential diagnosis: fits/faints/ blackouts					
Multiple Sclerosis					
Motor Neuron Disease					
Guillain Barré Syndrome					
Peripheral neuropathy					
Amnesia					
Myelopathy					
Spinal Claudication					
Muscular and Neuromuscular diseases					
Neurological symptoms in disease of other systems, including cancer.					

Topics for Discussion (Suggestions for use with Trainer)

The patient with headache.

Unravelling the problem of the patient presenting with a "turn."

Care of the disabled patient and their family.

Tremor

Gastrointestinal System

Assess your ability to deal with the following conditions in general practice:

	N	L	S	C	Comments
Mouth ulcers					
Oral tumours					
Oral signs of systemic or skin disease					
Oesophageal Reflux					
Dysphagia					
Oesophageal Carcinoma					
Gastroenteritis					
Dyspepsia and Peptic ulceration					
Helicobacter Pylori					
Stomach cancer					
Haematemesis and melaena.					
Jaundice					
Gall bladder disease					
Hepatitis infective and non infective					
Pancreatitis					
Pancreatic Neoplasia					
Adult Coeliac Disease					
Crohn's disease					
Ulcerative Colitis					
Irritable Bowel Syndrome					
Diverticular disease					
Ischaemic bowel					
Colon Carcinoma					
Caring for the patient with a stoma					
Rectal bleeding					
Anal and peri-anal diseases					
Pruritus ani					

Topics for Discussion (Suggestions for Use with Trainer)

- Assessing the acute abdomen in General Practice.
- General Practice management of recurrent abdominal pain.
- When to request endoscopy of upper or lower G.I. tract.
- Management of dyspepsia including H.Pylori.
- Screening for ca colon, and its early diagnosis.
- Altered bowel habit.
- Assessing chronic diarrhoea.

Renal and Genito-Urinary Medicine

Assess your ability to deal with the following conditions in general practice:

The Kidney

	N	L	S	C	Comments
Glomerulonephritis					
Renal Calculi					
Pyelonephritis					
Polycystic Kidneys					
Hydronephrosis					
Renal failure and Dialysis					
Renal Tumours					

The Bladder

Bladder tumours					
Incontinence male and female.					
Urinary retention.					
Cystitis					

The Prostate

Benign prostatic hypertrophy					
Prostate Cancer					
Prostatitis					

Male Genitalia

Phimosis, balanitis and circumcision.					
Painful testes					
Torsion of the testis					
Lumps in the scrotum and testes.					
Impotence					
Haematospermia					

Sexually transmitted diseases.

Syphilis					
Gonorrhoea					
Nonspecific Urethritis					
Chlamydia					
AIDS					

Topics for Discussion (Suggestions for Use with Trainer)

Investigating Blood in the urine (macro- and micro-scopic).

Investigating Protein in the urine.

The use of the PSA.

Management of UTI.

Problems with catheter care.

Diseases of The Ear, Nose and Throat

How confident are you with the following clinical skills?

	N	L	S	C	Comments
Examination of the Ear Nose and Throat					
ENT examination in children					
Assessing hearing (Rinne's / Weber's)					
Ear syringing					

Assess your knowledge and ability in the following.

	N	L	S	C	Comments
Deafness and Hearing Loss					
Tinnitus					
Vertigo					
Hearing Aids and their problems					
Middle ear diseases Otitis media Glue ear Otosclerosis					
Mastoiditis					
Otitis externa					
Diseases of the pinna					

Epistaxis					
Allergic and vasomotor rhinitis					
Sinus problems					
Nasal Obstruction / Polyps					
Injuries					
Snoring					

The acute sore throat / quinsy					
Hoarseness and other disorders of the voice					
Dysphagia					

Head and neck pain					
Lumps in the neck					
Head and neck malignancy					

Topics for Discussion (Suggestions for use with Trainer)

- The dizzy patient
- The painful ear
- Assessing a patient for a hearing aid
- Role of the speech therapist
- ENT emergencies
- Advances in secondary care procedures.
- Indications for tonsillectomy
- The patient with a tracheostomy

Diseases of the Skin

How confident are you with the following clinical skills?

	N	L	S	C	Comments
Describing a Rash					
Taking Skin Scrapings					
Using a Wood's Light					
Pharmacology for the skin					
Caring for people with diseases of the skin					

Assess your knowledge of, and ability to diagnose and treat the following.

	N	L	S	C	Comments
Eczema					
Psoriasis					
Acne Vulgaris					
Rosacea					
Infections					
Fungal					
Yeasts					
Bacterial					
Viral					
Erysipelas					
Warts and Verrucas					
Infestations					
Urticaria and Pruritus					
Angioneurotic oedema					
Reactions to Drugs					
Occupational Skin Disease					
Skin Manifestations of systemic disease					
malignancy					
metabolic diseases					
Diseases of Scalp and hair					
Diseases of the Nails					
Benign lumps and bumps					
Skin Malignancy					
Leg Ulcers, causes and management					

Topics for Discussion (Suggestions for use with Trainer)

How to describe a rash you do not recognise

Skin problems in childhood, adolescence and old age

Should I prescribe a cream or an ointment, or perhaps a lotion? - vehicles in dermatology

Uses and abuses of topical steroids in dermatology.

The Eye

Assess your competence in clinical examination with reference to:

	N	L	S	C	Comments
Visual Acuity and the pinhole					
Visual Field					
The Eyelids					
The use of the ophthalmoscope.					
The eyes of children.					

Assess your ability to deal with the following conditions in general practice:

	N	L	S	C	Comments
Blepharitis and infection of the eyelid					
Meibomian cysts					
Entropion and Ectropion					
Ptosis and Proptosis					
Squint					
Conjunctivitis					
Dry eye					
Foreign bodies in the eye					
Corneal abrasions, ulcers and trauma					
Herpes Zoster and the eye					
Iritis					
Glaucoma					
Lens opacities					
Optic atrophy					
Retinal detachment					
Retinal Vein Thrombosis					
Retinal artery Occlusion					
Senile Macular Degeneration					
Retinopathy Diabetic Hypertensive					
Medication in Ophthalmology					
Eye Malignancies					

Topics for Discussion (Suggestions for use with Trainer)

- The eye in systemic disease
- The red eye
- Problems with Contact Lenses
- Eye problems in children
- The Eye in the Elderly
- Aids for the visually impaired
- Sudden loss of vision
- Flashes of Light
- Double Vision
- Recent advances in secondary care.

Rheumatology and Orthopaedics

Assess your skills in the following:

	N	L	S	C	Comments
Differential diagnosis of joint pain					
Examining Joints					
Investigating Joint disorders					
Injecting and Aspirating Joints					

Assess your ability to deal with the following conditions in general practice:

Orthopaedics		N	L	S	C	Comments
Low back pain						
Neck Pain						
Disorders of the	Hip Knee Shoulder Foot					
Osteomyelitis						
Osteochondritis						
Bone Tumours						
Sprains and strains						
Tennis elbow and other tendon disorders						
Carpal tunnel syndrome						

Rheumatology

Rheumatoid Arthritis					
Connective Tissue Disorders					
Tendon Disorders& Repetitive Strain Injury					
Gout					
Polymyalgia rheumatica					
Seronegative Arthropathies					

Topics for Discussion with Trainer

- Investigating and diagnosing joint pain in General Practice
- Appropriate use of imaging techniques for orthopaedic conditions
- The initial and second line pharmacological treatment of polyarthritis
- Indications for referral for orthopaedic or rheumatological opinion
- Role of Physiotherapy and Occupational Therapy
- Role of other practitioners such as chiropractors, osteopaths and acupuncturist.

Disease of The Endocrine System

Assess your knowledge of the following in general practice:

Diabetes	N	L	S	C	Comments
Criteria for diagnosis					
Managing the newly diagnosed patient					
Control of blood sugar. Who needs insulin?					
Screening for complications					
Managing diabetic foot disease					
Microalbuminuria / hypertension / lipids					
Legal / Employment / Driving Implications					
Psycho-social aspects of diabetes					
Diabetes Emergencies					
Causes of Secondary diabetes					
Impaired Glucose tolerance					

Thyroid Disease	N	L	S	C	Comments
Diagnosis, management and continuing care of: Hypothyroidism Thyrotoxicosis					
Goitre					
Carcinoma of the Thyroid					

Miscellaneous	N	L	S	C	Comments
Addison's Disease / Crisis					
Cushing's Disease					
Reproductive endocrinology					
Pituitary disease					
Parathyroid disease					

Topics for Discussion (Suggestions for use with Trainer)

- Investigating Goitre
- Long term care for patients with thyroid disease
- Organising care for the diabetic patient.
- Infertility
- Amenorrhoea
- Abnormal puberty
- The Abnormal Ca²⁺

Haematology

Assess your knowledge of the following in general practice:

	N	L	S	C	Comments
The Anaemias					
Polycythaemia					
Leukaemias					
Lymphoma					
Myeloma					
Clotting disorders.					
Sickle Cell Disease					
Thalassaemia					
Disorders of Platelets					

Topics for Discussion (Suggestions for use with Trainer)

Investigation and management of anaemia in general practice.

Anaemia in pregnancy.

Early diagnosis of Haemopoietic malignancies

Purpura

Chronic Haematological Disease: caring for the patient and the family

Models of care for patients on warfarin

Palliative Care

Assess your knowledge or experience of the following in general practice:

	N	L	S	C	Comments
Palliative and Terminal Care					
Control of pain					
Control of other symptoms					
Using a Syringe Driver: Drug interactions					
Teamwork in palliative care: The role of: the district nurse the Hospice Macmillan Nurses Voluntary agencies the Pain Clinic the Oncologist					
Psychological issues in terminal care					
The dying Child					
Caring for the family					
Cultural, religious and ethnic issues in Death and Bereavement					

Infectious Diseases and Infestations

Assess your experience of the following conditions in general practice:

	N	L	S	C	Comments
Notification of Infectious Diseases					

Childhood Infections

Measles					
Mumps					
Rubella					
Chicken Pox					
RSV					
Pertussis					

Bacterial Infections

Staphylococcal infections					
Streptococcal infections and their sequelae					
Meningitis					
Septicaemia					
Tetanus					
Brucellosis					
Tuberculosis					

Viral Infections

Herpes Simplex					
Herpes Zoster					
Influenza					
Glandular Fever					
Poliomyelitis					

Parasitic Infestations:

Worms					
Head lice					
Scabies					

Others

Monilia					
Gastro-enteritis					
Leptospirosis					
Lyme Disease					

Travel Medicine

Assess your knowledge of the following:

	N	L	S	C	Comments
Vaccinations Schedules for Travel					
Advice for patients before and after travel					
Malaria					
Diphtheria					
Rabies					
Giardiasis					

Minor Surgery

Assess your ability to deal with the following conditions in general practice:

	N	L	S	C	Comments
Minor Surgery List Requirements					
Required Facilities					
Consent					
Rôle of assistant					
Procedures attracting "Item of Service" fee					
Record Keeping					
Histology					

Local anaesthesia					
Suturing and Suture Materials					
Aspirating or Injecting: Joints Hydrocoeles					
Incision and drainage of abscesses					
Excision of minor lumps					
Management of ingrowing toenails.					
Cryosurgery					

Discussions topics for use with trainer

- Health and Safety Aspects of Minor Surgery
- Medico-legal aspects of Minor Surgery

Miscellaneous

Assess your knowledge of the following:

	N	L	S	C	Comments
Genetic Counselling					
Myalgic Encephalomyelitis					
Sports Medicine					
Occupational Medicine					