

GPSTR ST1/2/3 Specialty Guide **DERMATOLOGY**

Royal Derby Hospital

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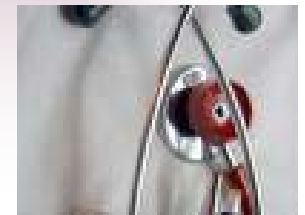
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GPSTR Doctor:

| | |
|----------------------|--|
| DATE OF COMMENCEMENT | |
| CONSULTANT/S | |
| DATE OF COMPLETION | |

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PRACTICAL SKILLS

Useful diagnostic procedures to be proficient in

| | | | |
|--------------------------------------|---------------------------------|---------------------------------------|------------------------------------|
| Skin scraping for mycology / scabies | Unsure <input type="checkbox"/> | Satisfactory <input type="checkbox"/> | Confident <input type="checkbox"/> |
|--------------------------------------|---------------------------------|---------------------------------------|------------------------------------|

Skin Surgery

| | | | |
|---|---------------------------------|---------------------------------------|------------------------------------|
| Skin biopsy | Unsure <input type="checkbox"/> | Satisfactory <input type="checkbox"/> | Confident <input type="checkbox"/> |
| Shave biopsy—possibly not in dermatology setting. | Unsure <input type="checkbox"/> | Satisfactory <input type="checkbox"/> | Confident <input type="checkbox"/> |
| Curettage and cautery | Unsure <input type="checkbox"/> | Satisfactory <input type="checkbox"/> | Confident <input type="checkbox"/> |
| Excision and closure | Unsure <input type="checkbox"/> | Satisfactory <input type="checkbox"/> | Confident <input type="checkbox"/> |
| Cryosurgery | Unsure <input type="checkbox"/> | Satisfactory <input type="checkbox"/> | Confident <input type="checkbox"/> |

Management of Leg Ulcers

| | | | |
|---|---------------------------------|---------------------------------------|------------------------------------|
| Choice of dressings | Unsure <input type="checkbox"/> | Satisfactory <input type="checkbox"/> | Confident <input type="checkbox"/> |
| Use of Doppler for measuring the ankle-brachial systolic resting pressure index | Unsure <input type="checkbox"/> | Satisfactory <input type="checkbox"/> | Confident <input type="checkbox"/> |
| Compression bandaging | Unsure <input type="checkbox"/> | Satisfactory <input type="checkbox"/> | Confident <input type="checkbox"/> |
| Indications for patch testing | Unsure <input type="checkbox"/> | Satisfactory <input type="checkbox"/> | Confident <input type="checkbox"/> |

INTRODUCTION

There are two dermatology sessions linked to your GP placement. These sessions will be programmed into your working week in the practice.

Session 1: Wednesday am Out patient Clinic

Session 2: Friday am Skin Surgery

You will be required to sign an honorary contract with Derby Hospitals NHS Foundation Trust. This will be arranged by Snobar Bhat, Medical Staffing Administrator, Specialist Medicine Unit, Medicine Division Ext 88342 at the Royal Derby Hospital.

Karen Dean, Lead Secretary, Dermatology Clinic, Ext: 54793 at the London Road Community Hospital will arrange your induction into the department.

TRAINING AIMS

The dermatology sessions provide an ideal mix of experience for a future GP. This guide is designed to help you identify the clinical learning opportunities within the sessions.

The Dermatology teaching staff will be able to help you define and remedy any gaps in your knowledge and experience.

Don't worry if you don't cover absolutely everything. This log can be taken with you into General Practice where you will have opportunity to fill any remaining gaps.

You will see plenty of dermatology in General Practice!

ASSESSMENTS

RECORDING ASSESSMENTS:

All assessments should be recorded in your e-portfolio. This is your responsibility although your Clinical Supervisor and Educational Supervisor will also have to complete assessments on your e-portfolio.

The e-portfolio forms a continuous record of your progress and will be submitted to the Deanery to “sign you off” at the end of your training. If you are having technical problems with the e-portfolio please contact the e-portfolio Enquiries/Help.

WORKPLACE BASED ASSESSMENTS

A series of workplace based assessments are also needed. These are similar to the foundation post assessments you may have already done.

During your 4 months post you will need to do the following Assessments:

- ⇒ **2 x Mini-cex** (Clinical Examination exercises)
- ⇒ **2 x CBDs** (Case-based Discussions)
- ⇒ **1 x MSF** (Multi-source Feedback)
5 Clinicians only
- ⇒ **1 or 2 DOPS** (Direct Observation of Procedures)
(2 every 6 months)

Your **Consultant** will also need to complete a **Clinical Supervisor’s Report** which he/she will discuss with you before submitting.

CLINICAL MANAGEMENT SKILLS continued

| | |
|--|--|
| Lichen planus | Unsure <input type="checkbox"/> Satisfactory <input type="checkbox"/> Confident <input type="checkbox"/> |
| Pruritus—management and investigation of possible underlying conditions (some serious) | Unsure <input type="checkbox"/> Satisfactory <input type="checkbox"/> Confident <input type="checkbox"/> |

Skin Tumours

| | |
|---|--|
| Melanocytic naevus (mole) | Unsure <input type="checkbox"/> Satisfactory <input type="checkbox"/> Confident <input type="checkbox"/> |
| Epidermal / pilar cyst | Unsure <input type="checkbox"/> Satisfactory <input type="checkbox"/> Confident <input type="checkbox"/> |
| Pyogenic granuloma, spider naevus, haemangioma | Unsure <input type="checkbox"/> Satisfactory <input type="checkbox"/> Confident <input type="checkbox"/> |
| Solar keratosis, Bowen’s disease | Unsure <input type="checkbox"/> Satisfactory <input type="checkbox"/> Confident <input type="checkbox"/> |
| Basal cell cancer | Unsure <input type="checkbox"/> Satisfactory <input type="checkbox"/> Confident <input type="checkbox"/> |
| Squamous cell cancer and differentiate between keratocanthoma | Unsure <input type="checkbox"/> Satisfactory <input type="checkbox"/> Confident <input type="checkbox"/> |
| Malignant melanoma | Unsure <input type="checkbox"/> Satisfactory <input type="checkbox"/> Confident <input type="checkbox"/> |

Dermatological Emergencies

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|-----------------------------|--|
| Disseminated herpes simplex | Unsure <input type="checkbox"/> Satisfactory <input type="checkbox"/> Confident <input type="checkbox"/> |
| Angio-odema and anaphylaxis | Unsure <input type="checkbox"/> Satisfactory <input type="checkbox"/> Confident <input type="checkbox"/> |
| Toxic epidermal necrolysis | Unsure <input type="checkbox"/> Satisfactory <input type="checkbox"/> Confident <input type="checkbox"/> |
| Pustular psoriasis | Unsure <input type="checkbox"/> Satisfactory <input type="checkbox"/> Confident <input type="checkbox"/> |

CLINICAL MANAGEMENT SKILLS continued

| | | | |
|--------------------------|---------------------------------|---------------------------------------|------------------------------------|
| Eczematous conditions: | Unsure <input type="checkbox"/> | Satisfactory <input type="checkbox"/> | Confident <input type="checkbox"/> |
| • Atopic/Contact | Unsure <input type="checkbox"/> | Satisfactory <input type="checkbox"/> | Confident <input type="checkbox"/> |
| • Seborrhoeic dermatitis | Unsure <input type="checkbox"/> | Satisfactory <input type="checkbox"/> | Confident <input type="checkbox"/> |
| • Discoid eczema | Unsure <input type="checkbox"/> | Satisfactory <input type="checkbox"/> | Confident <input type="checkbox"/> |
| • Role of diet | Unsure <input type="checkbox"/> | Satisfactory <input type="checkbox"/> | Confident <input type="checkbox"/> |

Psoriasis:

| | | | |
|---|---------------------------------|---------------------------------------|------------------------------------|
| Recognition of different types and their management | Unsure <input type="checkbox"/> | Satisfactory <input type="checkbox"/> | Confident <input type="checkbox"/> |
| Management of scalp psoriasis | Unsure <input type="checkbox"/> | Satisfactory <input type="checkbox"/> | Confident <input type="checkbox"/> |
| How to distinguish it from eczema/fungal infections | Unsure <input type="checkbox"/> | Satisfactory <input type="checkbox"/> | Confident <input type="checkbox"/> |

| | | | |
|---------------------|---------------------------------|---------------------------------------|------------------------------------|
| Acne Vulgaris | Unsure <input type="checkbox"/> | Satisfactory <input type="checkbox"/> | Confident <input type="checkbox"/> |
| Acne rosacea | Unsure <input type="checkbox"/> | Satisfactory <input type="checkbox"/> | Confident <input type="checkbox"/> |
| Alopecia | Unsure <input type="checkbox"/> | Satisfactory <input type="checkbox"/> | Confident <input type="checkbox"/> |
| Hirsutes | Unsure <input type="checkbox"/> | Satisfactory <input type="checkbox"/> | Confident <input type="checkbox"/> |
| Vitiligo | Unsure <input type="checkbox"/> | Satisfactory <input type="checkbox"/> | Confident <input type="checkbox"/> |
| Erythema multiforme | Unsure <input type="checkbox"/> | Satisfactory <input type="checkbox"/> | Confident <input type="checkbox"/> |
| Erythema nodosum | Unsure <input type="checkbox"/> | Satisfactory <input type="checkbox"/> | Confident <input type="checkbox"/> |
| Granuloma annulare | Unsure <input type="checkbox"/> | Satisfactory <input type="checkbox"/> | Confident <input type="checkbox"/> |
| Urticaria | Unsure <input type="checkbox"/> | Satisfactory <input type="checkbox"/> | Confident <input type="checkbox"/> |

Remember: “The e-portfolio is King”
You must complete and record the required assessments as they will be needed for you to progress to your next year

HOSPITAL JOB ASSESSMENTS

You will be contacted by the Deanery (via your E-portfolio) to complete an on-line assessment of your hospital post. (Bristol on-line Survey) This is mandatory and is a requirement of training.

SKILLS

The GP Curriculum is keen to divide skills into three categories.

- ⇒ **Communication Skills**
- ⇒ **Clinical Management Skills**
- ⇒ **Practical Skills**

There is obviously considerable overlap.

COMMUNICATION SKILLS

| | |
|---|--|
| The registrar should be able to take a relevant and focussed dermatology history | Unsure <input type="checkbox"/> Satisfactory <input type="checkbox"/> Confident <input type="checkbox"/> |
| The registrar should be able to clearly establish what are the main concerns of the patient ie be patient centred | Unsure <input type="checkbox"/> Satisfactory <input type="checkbox"/> Confident <input type="checkbox"/> |
| The registrar should be able to explore the psychological aspects of skin disease | Unsure <input type="checkbox"/> Satisfactory <input type="checkbox"/> Confident <input type="checkbox"/> |
| The registrar needs to be able to communicate effectively information to patients about diagnosis and management | Unsure <input type="checkbox"/> Satisfactory <input type="checkbox"/> Confident <input type="checkbox"/> |

CLINICAL MANAGEMENT SKILLS

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|--|--|
| The registrar will be able to conduct a thorough, competent and safe dermatology examination | Unsure <input type="checkbox"/> Satisfactory <input type="checkbox"/> Confident <input type="checkbox"/> |
| The registrar needs to be aware of the issues surrounding the use of trained chaperones whenever necessary | Unsure <input type="checkbox"/> Satisfactory <input type="checkbox"/> Confident <input type="checkbox"/> |
| The registrar will be able to identify and initiate a safe initial management for the following common dermatological conditions | Unsure <input type="checkbox"/> Satisfactory <input type="checkbox"/> Confident <input type="checkbox"/> |
| Psychosomatic patterns of skin disease | Unsure <input type="checkbox"/> Satisfactory <input type="checkbox"/> Confident <input type="checkbox"/> |

By the end of General Practice Training the registrar will know how to manage the following:

| | |
|---|--|
| Common fungal infections: • Pityriasis versicolor • Tinea of skin and nails | Unsure <input type="checkbox"/> Satisfactory <input type="checkbox"/> Confident <input type="checkbox"/> Unsure <input type="checkbox"/> Satisfactory <input type="checkbox"/> Confident <input type="checkbox"/> |
| Common skin infections: • Impetigo • Erthrasma | Unsure <input type="checkbox"/> Satisfactory <input type="checkbox"/> Confident <input type="checkbox"/> Unsure <input type="checkbox"/> Satisfactory <input type="checkbox"/> Confident <input type="checkbox"/> |
| Common viral infections: • Herpes simplex • Verrucas • Warts | Unsure <input type="checkbox"/> Satisfactory <input type="checkbox"/> Confident <input type="checkbox"/> Unsure <input type="checkbox"/> Satisfactory <input type="checkbox"/> Confident <input type="checkbox"/> Unsure <input type="checkbox"/> Satisfactory <input type="checkbox"/> Confident <input type="checkbox"/> |