

Bullying

Bullying – it's not uncommon for people to experience some form of verbal bullying, being called names or insulted at some point in their life. Bullying affects a lot of young people and the way it is dealt with can make the difference between life being tolerable or a misery. It can come in many forms, verbal, physical, racist, cyber or sexual, but our doctors will be non-judgmental and listen to your concerns. They can refer you to specialist people who are used to helping young people who have been bullied. If you feel you don't want to talk to us about it then you can contact 'Family Lives' on 0808 800 2222 or visit their website at www.bullying.co.uk

