

Minutes of Healthy Living Group held 7 November 2013

Present:

WD, PD, UG, SB, JA, JF, AH, JS, IO, GE, Mandy and Clair

Apologies:

RR and BH

Mandy thanked everyone for attending the meeting.

WORLD HEALTH DAYS

Discussed the options for future health promotion dates at the surgery; agreed the following:

- February 2014 Health and Art
- May 2014 Dementia
- November 2014 Diabetes
- March 2015 No smoking day
- May 2015 Mental Health
- November 2015 COPD

Clair will look into getting speakers, displays etc and the HLG members will try to support the events.

MULBERRY HEALTH

Mulberry Health had approached the CCG (who have four rooms in the practice) to use them for PEP assessments; however they have declined to use them due to how complex it is to make arrangements with the various agencies involved.

COFFEE MORNING

JS suggested having a coffee morning with a Doctor present; Mandy and Clair advised that to do this we would have to cancel appointments out for that Doctor and this would lead to reduced access. Also it would be difficult for a Doctor to talk to individual patients about their healthcare in a room with others present, from a confidentiality point of view. Practice is happy to run a coffee morning though and JS is prepared to help out.

LETTER TO PHARMACIES

The draft letter was presented and a few alterations made. Mandy agreed to send it to all pharmacies which Foxhill patients use. Also the Medicines Management representative who assists the practice is going to raise this with the local pharmaceutical committee.

FACEBOOK

Someone mentioned that there had been unpleasant remarks made about the practice on Facebook but that other patients had defended the practice. Mandy and Clair both advised that they do not access Facebook due to the problematic nature of its content sometimes.

ART DISPLAY

Discussed having a weekly art display to show everyone the good work that the art group is doing. Initially it was suggested that the art could be displayed on the front desk but then it was suggested we have a display at the top of the stairs (by the lift). Clair to organise this.

HEALTH TRAINER

Corrine is starting at the end of November. She will be here on Friday mornings by appointment. Patients can just book in or be referred by a member of the team.

WAITING ROOM SCREEN/BACKGROUND MUSIC

Discussed how the system works; we have to download the information which then rotates. When Patient is called the screen shows the patients name and the name is announced. Our IT Manager Anne is trying to get music playing but currently it doesn't cut out when the patients are called so cannot be used. The manufacturers are working on a solution to this problem (to try and get Radio playing) as many practices have complained.

Patient group said they would like music playing in the back ground so Mandy to chase this up.

POST MEETING NOTE, The Performing Rights licence for CDs/IPods/MP3 is almost £400 but the radio licence is less than £200 so Practice to push the manufacturers for an upgrade to allow this.

CARE PLANNING

Practice is currently inviting patients who are at emerging risk of admission to attend for routine blood tests, blood pressure check, weight and height Measurement with Donna the Health Care Assistant and then they are invited to a 30 minute appointment with a Doc to formulate a care plan to improve their quality of life. Every patient at the practice has a 'Risk Score'; those with Risk scores of 30 to 50 are being invited initially then those with a score of 50 -70.

BUMPS TO BABY GROUP

Started recently, held on a Tuesday afternoon between 1.30 and 3pm (runs alongside the Health Visitor Clinic). No booking necessary, patients can just turn up.

NEXT MEETING

Wednesday 18 December 2013, 6 -8pm (Xmas Nibbles) ALL WELCOME