

Did You Know...?

As part of our merger with Farnsfield Surgery we have reviewed the way we provide extended access and how we will provide it across both locations.

We are going to simplify things and open every Saturday morning with GP and nurse appointments pre-bookable from 8.30am – 12.30pm. Two thirds of the Saturdays will be at Clipstone Health Centre and one third at Farnsfield. You will be able to book appointments at either location.

We will also still regularly have early morning appointments with GPs and HCAs but these will not form part of our guaranteed extended hours

People in the News

We have two new apprentices – **Laynie Kane** and **Nicky Gillies**

Two new registrars are joining the practice for a limited period.

Dr Van der Scheer, third year registrar will be with us for eight months and

Dr Barker, second year registrar will be with us for four months.

Cherie, phlebotomist has left the practice. **Sue Bramley** is now working 20 hours a week as a Phlebotomist/HCA and **Alice Gutteridge** (one of our apprentices) has been trained in phlebotomy and is providing additional clinics.

From September, **Dr Nayak** is working three days a week covering Dr Jack's adoption leave

Clipstone Health Centre NEWSLETTER

Autumn 2014

What's been happening?

We would like to start by thanking you all for your patience with us over the summer months. The combination of adoption leave, sick leave and planned annual leave has left us far too reliant on locum GPs and very aware we have not provided the continuity of care we would like. From September Dr Nayak will be working three days a week to cover Dr Jack's adoption leave and we hope this will help.

We have also been getting ready for our merger with Farnsfield Surgery on 1 October. The practice will be known as Sherwood Medical Partnership instead of Dr Smith and Partners although we don't anticipate you noticing much difference. The most significant benefits will be behind the scenes where the administrative and management demands on practices have grown beyond recognition.

Finally, we have been disappointed by various delays with Crown Medical Centre but we are nearly ready for building to commence. So keep a close eye on our plot of land!

Matt Doig
Practice Manager

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Tel: 01623 626132 Fax: 01623 628425 www.clipstonegp.co.uk

It's that time of year again!

The Flu is especially common in the winter, which is why we offer Flu vaccinations at the surgery for those most at risk.

The flu is not the same as the common cold - it is caused by a different group of viruses and can cause you to feel unwell for quite a while. Symptoms can include high temperatures, sore throat, and headaches but can also make you feel exhausted and tired with aches and pains and loss of appetite. As symptoms can be more severe and last longer than the common cold, it is especially important to be vaccinated if you are at high risk as these symptoms can be more serious.

If you are: **over 65, pregnant; have a serious medical condition; living in a residential or nursing home; or caring for someone who is at high risk** you are eligible for a free flu jab so please call us to book your appointment.

If you are not eligible there are many local pharmacies that can provide this for you for a small charge.

We are also offering this vaccination to children between the ages of 2 and 4 and will soon send out letters with information about this.

Self-referral counselling services

With the following services, you can call and arrange your own appointments for talking therapies.

Lets talk Wellbeing

Tel: 0115 956 0888

www.letstalkwellbeing.co.uk (if you wish to use the website) – the address shown is their head office, not where you would be expected to attend.

Insight Healthcare (Formally MHCO) - 0300 555 5579

SYSTMONLINE – Offering you more control

SystemOnline is a feature we offer our patients that allows you to have more control over your care. Once you are signed up you will be able to book appointments online, order prescriptions, change your contact details and view your summary care record. Available 24 hours a day it allows you to view your past and future appointments and cancel any not needed. You can also change your telephone number, email and postal addresses with a click of a button.

Ordering prescriptions also becomes simple when you can do it online either in the comfort of your home or on the go. It has a list of all your repeat medications so it's not a problem if you forget the name of your medication and once you have made the request you will receive confirmation. Your prescription will then be available within 48 hours either at the pharmacist if you have signed up for Electronic Prescribing Service (EPS) or from Reception if you prefer a paper prescription.

If you are signed up for EPS or would like to be, please be aware that controlled drugs are not EPS compatible so these items would still need to be collected from the surgery but any other items that are requested can go through to the pharmacy of your choice.

If you would like to know more about EPS or sign up, please contact Reception.