

General health

There is a lot of medical information available online, but it is not always from reliable sources.

The following websites provide useful leaflets about a wide range of conditions:

<https://patient.info/>

<https://www.nhs.uk/conditions/>

Sometimes it is hard to know who to contact – this can guide you to the NHS services in your area and who to contact when.

<https://www.nhs.uk/using-the-nhs/nhs-services/>